

## ATHLETIC EVENTS CONSENT AND RELEASE

Name of Sport \_\_\_\_\_

I request that my child be allowed to participate in the above-named event(s). I understand that reasonable care and supervision will be exercised to provide for my child's well-being during practice for the event and the event itself. However, I also understand that there are certain risks inherent with this athletic event(s). I assume all risks inherent with these events and consent to my child being allowed to participate. I release, covenant not to sue, and save harmless \_\_\_\_\_

\_\_\_\_\_  
(name of school) as well as The Most Reverend Robert N. Lynch, Bishop of The Diocese of St. Petersburg, all clergy, employees, staff, agents, and volunteers for the event, from any and all claims and for any and all harm arising to my child as a result of participation in these athletic events.

I understand I am responsible for transporting, or arranging transportation for, my child to and from the sports events. \_\_\_\_\_ School will, in no way participate in arranging or executing transportation for the events.

I request a \_\_\_\_\_ Catholic School representative to obtain medical treatment for my child in the unlikely event of injury or illness during the events and I agree to pay any expenses incurred for such treatment.

Student Name: \_\_\_\_\_ Grade \_\_\_\_\_

Signature of Parent / Guardian: \_\_\_\_\_

Please add pertinent medical information particularly in regards to any condition that may effect, or be affected by, participation in this sport (eg asthma - needs inhaler before game):

\_\_\_\_\_ School Year

**PARTICIPATION HEALTH SCREENING**

Required annually in addition to school physical

Student Name \_\_\_\_\_ Grade \_\_\_\_\_

Home Address \_\_\_\_\_

Phone \_\_\_\_\_ Parent's Work \_\_\_\_\_ Cell \_\_\_\_\_

Student Soc. Sec. Number \_\_\_\_\_ DOB \_\_\_\_\_

Father's Name \_\_\_\_\_ Mother's Name \_\_\_\_\_

MEDICAL CONCERNS/RESTRICTIONS

\_\_\_\_\_

CURRENT MEDICATIONS

\_\_\_\_\_

I understand a sports health screening is necessary for my child's participation in  
\_\_\_\_\_ Catholic School Extra-curricular Sports Program.

I further understand that competitive athletics may result in injury although the school has  
and will do all it can to reduce the risk of injury. I request a \_\_\_\_\_  
Catholic School representative to obtain medical treatment for my child in the unlikely  
event of injury or illness during practice or games and I agree to pay any expenses  
incurred for such treatment.

SIGNATURE OF PARENT/GUARDIAN \_\_\_\_\_

JOINT Custodial PARENT SIGNATURE \_\_\_\_\_

**EXAMINING PHYSICIAN'S CERTIFICATE**

I hereby certify that I have examined \_\_\_\_\_  
on the date indicated below. Based on the past health history s/he has given me and on  
my physical examination I find this athlete physically able to participate in interscholastic  
sports.

Any Restrictions? \_\_\_\_\_

PHYSICIANS SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## STUDENT SPORTS PHYSICAL HISTORY FORM

Students Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Grade \_\_\_\_\_

Physician \_\_\_\_\_

Sports \_\_\_\_\_

**FILL IN DETAILS OF "YES" ANSWERS IN SPACE BELOW**

	YES	NO
1. Has the above student ever been hospitalized? Has the above student ever had surgery?	_____	_____
2. Is the above student presently taking medication?	_____	_____
3. Does the above student have any allergies (meds., bees)?	_____	_____
4. Has the above student ever passed out during exercise?	_____	_____
5. Has the above student ever been dizzy during exercise?	_____	_____
6. Has the above student ever had chest pain?	_____	_____
7. Does he/she tire quicker than his/her friends during exercise?	_____	_____
8. Has the above student ever had high blood pressure?	_____	_____
9. Has the above student ever been told he/she has a heart murmur?	_____	_____
10. Has the above student ever had a racing heart or skipped beat?	_____	_____
11. Has anyone in your family died of heart problems or sudden death before age 40?	_____	_____
12. Does the above student have any skin problems? (Itching, Moles, Breaking Out)	_____	_____
13. Has the above student ever had a head injury?	_____	_____
14. Has the above student ever been knocked out?	_____	_____
15. Has the above student ever had a seizure?	_____	_____
16. Has the above student ever had a stinger or burner?	_____	_____
17. Has the above student ever injured (sprained, dislocated, fractured, etc.)	_____	_____
_____ Hand      _____ Shoulder      _____ Thigh      _____ Wrist		
_____ Neck      _____ Knee      _____ Forearm      _____ Chest		
_____ Shin/Calf      _____ Elbow      _____ Back      _____ Ankle		
_____ Arm      _____ Hip      _____ Foot		
18. Has the above student ever had heat cramps?	_____	_____
19. Has the above student ever had:		
Mononucleosis      _____      Diabetes      _____		
Hepatitis      _____      Headaches      _____		
Asthma      _____      Eye Injuries      _____		
Tuberculosis      _____      Stomach Ulcer      _____		
20. Does the above student use special pads or braces?	_____	_____
21. When was the above student's last tetanus shot?	_____	_____

Explain "YES" answers here:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## STATEMENT OF COMPLIANCE

The Catholic School is unique because of its total commitment to the three-fold purpose of Christian education: message, community and service. It creates an atmosphere where Catholic Faith can be integrated with life and learning. All those involved in a Catholic school - parents, pastors, faculty and staff, administrators and students - must strive to make it a community of faith which indeed is living, conscious, and active.

As a student-participant in sports, and as parents of a student-athlete, we understand and agree to abide by the guidelines and regulations of the **Diocesan Guidelines for Interscholastic Athletics: Elementary and Middle Catholic Schools and the Regulations and Policies of the League.**

I/We understand this means that the student will strive to:

- √ be on time for all practices and games
- √ stay for the entire practice/game
- √ encourage all team players to develop their full potential
- √ play by the rules of fair play
- √ act in a Christian manner toward all
- √ maintain a school average that will allow me to fully participate in sports

I agree to follow the regulations of our diocese, the school sports guidelines and the directives of the coaches:

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

### PARENT / GUARDIAN

#### **SPECTATOR ETIQUETTE:**

*Spectators at school athletic events are asked to refrain from "coaching from the sidelines." Cheering is encouraged - loud and vigorously. But, please refrain from calling out directions to a particular child or yelling at the team about what they should have done or not done with the ball. That is the coach's task.*

***Thank you for understanding, your cooperation  
and your presence at our games!***

I understand that I am responsible for providing or arranging for transportation for my student-athlete to/from all games and practices. I agree to provide the opportunity for my child to be present at all practices and games. I will try to attend games as my schedule allows. Further, I will strive to model appropriate sports courtesy and will refrain from any form of "sideline coaching."

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_