

National Suicide Prevention Lifeline

1-800-273-8255

Available 24 hours everyday or 1-800-273-TALK

Crisis Text Line-Text "TN" to 741 741

Suicide Prevention Lifeline for Hearing and Speech Impaired

1-800-799-4TTY (4889)

The National Hopeline Network

1-800-SUICIDE (784-2433)

Region IV Mobile Crisis Team

1-888-287-4443