

BENTON COUNTY SCHOOLS

LUNCH MENU

February 1- February 29, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 Ham and Cheese Sandwic Fish Sandwich Confetti Coleslaw Mashed Potatoes Fresh Fruit Cup Assorted Fruit Juices Tartar Sauce Ketchup Mayonnaise Mustard, PC, MS1538 Chocolate Milk Fat Free Milk	Feb - 4 Chicken Salad w/Crackers Cheeseburger Green Peas Crinkle Cut Fries Applesauce Chilled Peach Slices Saltine Crackers Mustard, PC, MS1538 Ketchup Mayonnaise Chocolate Milk Fat Free Milk	Feb - 5 Taco Soup Saltine Crackers Grilled Chicken Sandwich Baby Carrots w/ Dressing Black-Eyed Peas Fresh Apples Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Fat Free Milk Chocolate Milk	Feb - 6 Manager's Choice	Feb - 7 Chicken Fajita Wrap Pepperoni Pizza Wedge Whole Kernel Corn Tossed Salad w/ Dressing Chilled Peach Slices Pineapple Tidbits Mustard, PC, MS1538 Ketchup Mayonnaise Vanilla Pudding Chocolate Milk Fat Free Milk
Feb - 10 Chicken Quesadillas Tuna Salad with Crackers Tossed Salad w/ Dressing Corn on the Cob Pineapple Tidbits Fresh Fruit Bowl Saltine Crackers Taco Sauce Salsa Chocolate Milk Fat Free Milk	Feb - 11 Chicken Spaghetti Yeast Roll Chef Salad Steamed Carrots Green Beans Mandarin Fruit Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk	Feb - 12 Macaroni & Cheese with Ham Slice Meatloaf Black-Eyed Peas Confetti Coleslaw Fruit Slushes Fruit Cocktail Yeast Roll Chocolate Milk Fat Free Milk	Feb - 13 Manager's Choice	Feb - 14 Hot Dog Chicken Tenders Yeast Roll Whole Kernel Corn Creamy Coleslaw Fresh Fruit Bowl Fresh Bananas Ketchup Mustard, PC, MS1538 Mayonnaise Fat Free Milk Chocolate Milk
Feb - 17 HOLIDAY NO SCHOOL	Feb - 18 Manager's Choice	Feb - 19 Hot Dog Beef-A-Roni Corn on the Cob Green Peas Chilled Diced Peas Fresh Apples Yeast Roll Ketchup Mustard, PC, MS1538 Mayonnaise Fat Free Milk Chocolate Milk	Feb - 20 Chicken Fajitas Beef Taco with Crispy Shell Salsa Steamed Carrots Mexicali Corn Sliced Apples Fresh Fruit Cup Chocolate Milk Fat Free Milk	Feb - 21 Philly Cheese Steak Sandwich Spicy Chicken Sandwich Trimmings Sunchips, Harvest Chedda Tossed Salad w/ Dressing Seasoned Lima Beans Assorted Fruit Juices Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk
Feb - 24 Turkey & Cheese Hoagie Stuffed Crust Pizza Crinkle Cut Fries Green Beans Trimmings Applesauce Fresh Oranges Mustard, PC, MS1538 Mayonnaise Ketchup Chocolate Milk Fat Free Milk	Feb - 25 Manager's Choice	Feb - 26 Cheesy Chicken Over/Rice Ham and Cheese Sandwic Steamed Carrots Green Beans Yeast Roll Fruit Cocktail Fresh Oranges Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk	Feb - 27 BBQ Pulled Pork Burger Hamburger w/ Trimmings Trimmings Baked Beans Confetti Coleslaw Chilled Peach Slices Apple Delicious Oatmeal Raisin Cookie Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk	Feb - 28 Manager's Choice

In accordance with Federal Law and U.S. Department of Agriculture policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin.

All menus are subject to change according to product availability.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.