

Frazier High School April 2019 Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 1st Mini Chocolate Chip French Toast Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 2nd Grab –N-Go Mini Cinnis Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 3rd Grab N Go Frudels Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 4th Hot Breakfast Sandwich Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 5th Cinnamon Loaf Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
April 8th Yogurt with Animal Crackers Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 9th Grab-N-Go Mini Pancakes Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 10th Banana Bread Slice Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 11th Hot Breakfast Sandwich Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 12th Cinnamon Roll Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
April 15th Breakfast Taco Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 16th Mini Chocolate Chip French Toast Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 17th Cinnamon Loaf Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 18th Yogurt with Animal Crackers Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 19th Easter Holiday No School
April 22nd Blueberry Muffin Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 23rd Grab-N-Go Mini Pancakes Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 24th Banana Bread Slice Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 25th Cinnamon Roll Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 26th Hot Breakfast Sandwich Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
April 29th Breakfast Taco Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	April 30th Grab-N-Go Mini Cinnis Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk			

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

- Banana or Blueberry Muffins
- Chocolate Chip Oatmeal Breakfast Bar
- Warm Grab & Go Breakfast Sandwiches
- Fortified Breakfast Pastries
- Warm Bagels
- Yogurt & Toast

Whole Grains Available Daily

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

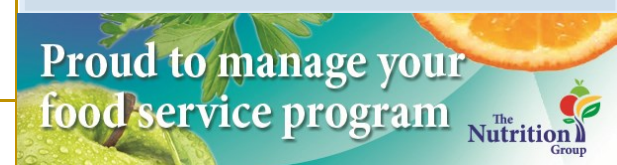


*WG=Whole Grain



Milk Choices Offered Daily

Low Fat Chocolate, Fat Free Strawberry, Fat Free Vanilla
 Fat Free White and Low Fat White



Meal Prices:
 Paid \$1.35
 Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE