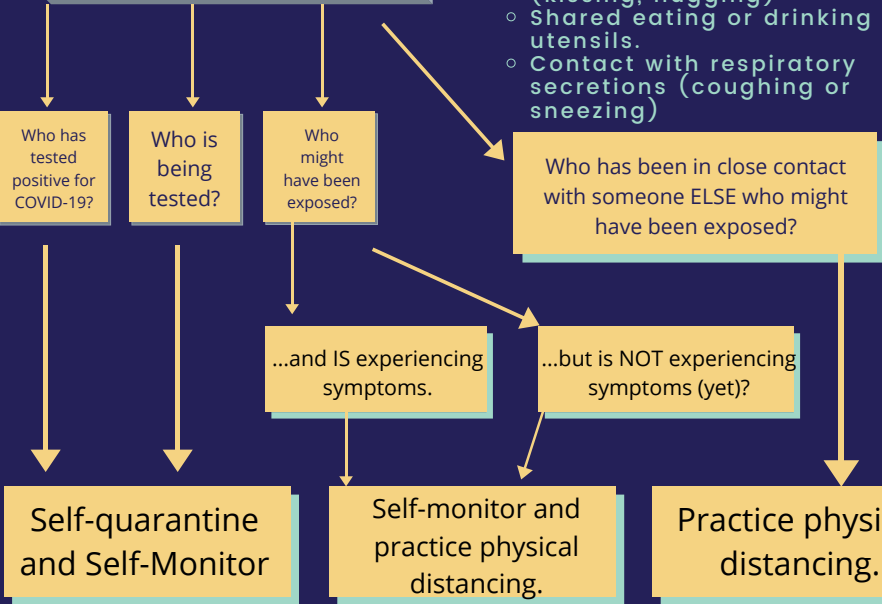


CHESTER COUNTY SCHOOLS COVID-19 FLOWCHART



What should I do if I have been in close contact with someone...



Close Contact

- Spending prolonged periods in the same room.
- Direct physical contact (kissing, hugging)
- Shared eating or drinking utensils.
- Contact with respiratory secretions (coughing or sneezing)

How Do I?

- **Self-Quarantine**
 - Stay home for 14 Days
 - Avoid contact with other people
 - Don't share household items.
- **Self-Monitor**
 - Be alert for symptoms of COVID-19, especially a dry cough or shortness of breath.
 - Take your temperature every morning and night and write it down.
 - Call your doctor if you have trouble breathing or a fever (100.4)
 - Don't seek medical treatment without calling first!
- **Practice Physical Distancing**
 - Stay home as much as possible.
 - Don't physically get close to people.
 - Try to stay 6ft away.
 - Don't hug or shake hands.
 - Avoid groups of people.

WHAT IF I HAVE SYMPTOMS? Call your health care provider.