

BENTON COUNTY SCHOOLS

BREAKFAST MENU

February 1- February 29, 2020

Jan 15, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 Cheese Omelet Whole Wheat Toast Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies	Feb - 4 Bagel w/ Sausage & Gravy Waffles in a Bag Pancake Syrup Fresh Fruit Cup Assorted Fruit Juices Fat Free Milk Chocolate Milk	Feb - 5 Sausage and Biscuit Chocolate Chip Muffin Loaf Assorted Jellies Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 6 Breakfast Sliders Strawberry Toaster Pastry Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 7 Manager's Choice
Feb - 10 Assorted Cold Cereals Whole Wheat Toast Chicken Patty & Biscuit Fresh Fruit Cup Assorted Fruit Juices Fat Free Milk Chocolate Milk	Feb - 11 Powdered Sugar Donuts Cheese Omelet Whole Wheat Toast Assorted Jellies Assorted Fruit Juices Fresh Fruit Cup Chocolate Milk Fat Free Milk	Feb - 12 Mini Cinnis Z Breakfast Bread Fresh Fruit Cup Assorted Fruit Juices Fat Free Milk Chocolate Milk	Feb - 13 Apple Frudel Toasted Bagel Strawberry Cream Cheese Fresh Fruit Cup Assorted Fruit Juices Fat Free Milk Chocolate Milk	Feb - 14 Banana Muffin String Cheese Breakfast Sausage Pizza Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk
Feb - 17 HOLIDAY NO SCHOOL	Feb - 18 Strawberry WG Toaster Pastries Assorted Cold Cereals Whole Wheat Toast Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Fat Free Milk	Feb - 19 Southern Biscuit Ham Slice Blueberry Muffin Loaf String Cheese Assorted Jellies Chilled Peach Slices Assorted Fruit Juices Fat Free Milk Chocolate Milk	Feb - 20 French Toast Sticks Fruit Flavor Cereal Bar String Cheese Fresh Fruit Cup Assorted Fruit Juices Pancake Syrup Chocolate Milk Fat Free Milk	Feb - 21 Manager's Choice
Feb - 24 Chocolate Donuts Breakfast Burrito Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 25 Breakfast Boat Marshmallow Mateys Fresh Fruit Bowl Assorted Fruit Juices Fat Free Milk Chocolate Milk	Feb - 26 Breakfast Sausage Pizza Cherry Frudel Assorted Fruit Juices Fresh Fruit Cup Chocolate Milk Fat Free Milk	Feb - 27 Manager's Choice	Feb - 28 Sausage & Pancake on a Stick Pancake Syrup Toasted Bagel Strawberry Cream Cheese Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk

In accordance with Federal Law and U.S. Department of Agriculture policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin.

All menus are subject to change according to product availability.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.