



RANDOLPH-ASHEBORO YMCA

A MEMBERSHIP WITH BENEFITS

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FACILITIES INCLUDE:

Fitness & Wellness Center

- Fitness Equipment & Machines
- Group Fitness Classes
 - Group Exercise Studio
 - Mind & Body Studio
 - Indoor Cycle Studio
- **BEAST MODE BOX**
Functional Training Center
- **LES MILLS & VIRTUAL CLASSES**
The World's Most Popular Workouts!
- **VIRTUAL SCENERY CYCLE CLASSES**
- **NEW!!! YOGA WALL & BARRE CLASSES**

Aquatics Center

- Jr. Olympic Size Indoor Swimming Pool
- Water Aerobics Classes
- Whirlpool
- Sauna
- Steam Room
- Outdoor Splash Pad (open seasonally)

Three-Court Basketball Gymnasium

Racquetball & Pickleball

Senior/Teen Center w/ ExerGame Bikes

Nursery

Locker Rooms (Family & Adult Only)

- Daily locker use

Private Special Needs Restrooms with Showers

Outdoor Playground & Picnic Shelter

½ Mile Community Walking Path

Chapel & Christian Library

My Y now has Nationwide Membership

As a Nationwide Member; you now have the added value of visiting Ys across the United States and Puerto Rico.

Call or visit website for specific guidelines.

MEMBERSHIP BENEFITS:

- Reduced member pricing on various programs & events
- Member-Only Priority Registration
- No Contracts!
- FREE Fitness Orientations with personalized instruction
- (6) FREE Weekly Wellness Connections
- Unlimited Access to over 120 Group Ex Classes/week on land and water!
- Fitness Challenges & Wellness Seminars
- Lap Swim, Open Swim & Family Swim Times
- FREE Supervised Child Care! Nursery (6 wks - 6 years) Teen Center (ages 6+)
- FREE Lockers for daily use
- FREE Wi-Fi for Members!
- Member Only Special Events & Activities!

ADDITIONAL PROGRAMS:

Most programs are significantly discounted for members.

- Certified Personal Training
- YFIT – Nutritional Program
- After School & Summer Day Camp
- Youth & Adult Sports
- Infant to Adult Swimming Lessons
- FAST Swim Team
- Lifeguard Certification
- Birthday, Pool, & Splash Pad Parties
- YMCA Event & Lock-In Rental

... **AND MUCH MORE!**



RANDOLPH-ASHEBORO YMCA CORPORATE 'C' MEMBERSHIP RATES

CORPORATE MEMBERSHIPS: The Randolph-Asheboro YMCA offers local businesses and organizations an opportunity to help their employees become healthier in spirit, mind, and body with Corporate Memberships.

CORPORATE 'C':

Join the Y with no Joining Fee (A Savings of \$50-\$100) + **10% discount on membership**

*Rates below reflect discount. Bring your ID badge or pay stub when joining to take advantage of discount.

Effective January 1, 2019

MEMBERSHIP CATEGORY	MONTHLY DRAFT	ANNUAL RATE	JOINING FEE
YOUNG ADULT (19-29)	\$ 29.70	\$ 356.40	\$ 50
ADULT (30-59)	\$ 42.30	\$ 507.60	\$ 70
COUPLE (2 adults in same household)	\$ 54.00	\$ 648.00	\$ 80
SINGLE PARENT (**1 Adult & *dependent children)	\$ 51.30	\$ 615.60	\$ 75
HOUSEHOLD (**2 Adults in same household & *dependent children)	\$ 63.00	\$ 756.00	\$ 100
SENIOR CITIZEN (60+)	\$ 32.40	\$ 388.80	\$ 70
SENIOR COUPLE (**2 Adults, One 60+)	\$ 50.40	\$ 604.80	\$ 80

- *Dependent children include children age 0-18. Children 19-22 must show proof of 12-semester hour attendance to remain on Household and Single Parent memberships. A copy of semester registration must be turned in for our files. Children over 22 may not remain on a family plan membership but may join as a Young Adult with no joining fee.
- **Adults joining together on same membership must show proof of same residency.
- Corporate Discounts do not apply to Youth Memberships.
- Monthly Draft = Savings or Checking Accounts (requires voided check) or Credit Card Draft
NO CONTRACTS - 30-day written notice to stop draft
- College students may join with no Joining Fee with proof of 12-semester hour attendance.

BUILDING HOURS:

Monday-Thursday 5:00am – 10:00pm
 Friday 5:00am – 9:00pm
 Saturday 8:00am – 7:00pm
 Sunday 1:00pm – 6:00pm

RANDOLPH-ASHEBORO YMCA

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YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

A United Way Community Partner