

menus for APRIL 2021

RCHS

This institution is an equal opportunity provider.
Menus are subject to change.

WORD of the MONTH COURAGE

Doing the right thing
in the face of
difficulty & following
your conscience
instead of the crowd.

Thursday, April 1

Teriyaki Chicken Dippers
Mashed Potatoes
Green Peas
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Friday, April 2



**EASTER
BREAK
NO SCHOOL**

Monday, April 5

**EASTER
BREAK
NO SCHOOL**



Tuesday, April 6

Chicken Crispto
Corn
Salsa
Fruit Cup
Fruit Juice
Choice of Milk

Wednesday, April 7

Chicken Smackers
Mashed Potatoes
Steamed Broccoli
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Thursday, April 8

Salisbury Steak
Mashed Potatoes
Green Peas
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Friday, April 9

Mini Corndogs
Baked Beans
Carrot Pickup
Fruit Cup
Fruit Juice
Choice of Milk

Monday, April 12

Chicken Fajita
Corn
Salsa
Fruit Cup
Fruit Juice
Choice of Milk

Tuesday, April 13

Chicken Tenders
Mashed Potatoes
Steamed Broccoli
Fruit Cup
Fruit Juice
Choice of Milk

Wednesday, April 14

Turkey & Gravy
Mashed Potatoes
Green Beans
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Thursday, April 15

Chicken Smackers
Mashed Potatoes
Steamed Carrots
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Friday, April 16

BBQ Rib Sandwich
Baked Beans
Sweet Potato Puffs
Fruit Cup
Fruit Juice
Choice of Milk

Tuesday, April 19

Taco
Corn
Salsa
Fruit Cup
Fruit Juice
Choice of Milk

Tuesday, April 20

Chicken Smackers
Mashed Potatoes
Steamed Carrots
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Wednesday, April 21

Chicken Tenders
Mashed Potatoes
Steamed Broccoli
Fruit Cup
Fruit Juice
Choice of Milk

Thursday, April 22

Breaded Pork Chop
Mashed Potatoes
Pinto Beans
Biscuit
Fruit Cup
Fruit Juice
Choice of Milk

Friday, April 23

Taquito
Corn
Salsa
Fruit Cup
Fruit Juice
Choice of Milk

Monday, April 26

Chicken Fajita
Corn
Salsa
Fruit Cup
Fruit Juice
Choice of Milk

Tuesday, April 27

Teriyaki Chicken Dippers
Mashed Potatoes
Steamed Carrots
Peas & Carrots
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Wednesday, April 28

Beef Nuggets
Mashed Potatoes
Green Beans
Biscuit
Fruit Cup
Fruit Juice
Choice of Milk

Thursday, April 29

Chicken Smackers
Mashed Potatoes
Steamed Carrots
Hot Roll
Fruit Cup
Fruit Juice
Choice of Milk

Friday, April 30

Mini Corn Dogs
Baked Beans
Carrot Pickup
Fruit Cup
Fruit Juice
Choice of Milk

CURBSIDE

Always delicious. Always FREE for all virtual & quarantined students.

Meals prepared for your family with love.

WHAT A nutritious variety of ready-to-eat and heat-at-home meals,
plus fresh fruit, veggies, milk, and lots more

WHEN Every Monday in January 9AM-10AM

WHERE Rhea Central Elementary & Spring City Elementary Schools

????? Got questions? Call 423-775-7867

**KIDS! Join us daily for
the original value meal!**

All of our complete meals are always

**NO CHARGE
for all students**

with no need to submit an
application, thanks to the
Community Eligibility Program!