

St. John Regional Catholic School is committed to providing a safe and healthy environment for all students and staff. We understand there may be times when a student has a temporary or extended physical condition due to an injury or a chronic health issue, which may impact physical activity during the school day (mobility to/from class, physical education, recess, etc).

The health room and school staff should be aware of the limitations of the student to be able to provide alternate activities and provide safe accommodations for the student while at school. For the parent and/or health care provider to communicate the extent of the physical activity restriction, the Activity Restriction Form should be completed.

I. Procedures

- A. The form may be given out by health room staff, teachers, guidance, or other school staff.
- B. The form is to be given to the parent/guardian to complete when staff identifies a student's injury or chronic condition, which may impact his/her school day. The parent may also access the form through www.sjrccs.org under forms/health forms.
- C. Documentation from a health care provider is preferred but not required for a student's temporary condition and may be attached to the completed form.
- D. Signature of a health care provider is required on the form for a student's extended condition.
- E. It is the responsibility of parent/guardian to return the completed form to the health room.
- F. The registered nurse will case manage the student with an extended condition and will provide follow up with the student and/or parent/guardian as appropriate.
- G. The registered nurse will communicate updates on the student's condition with staff as appropriate.
- H. The completed form will be kept in the student's health file and copies are to be given to school staff that has an educational need to know of the student's injury or chronic issue.

Nurses Notes:
