

# PPE DONNING AND DOFFING

## DH08, CH. 15

[HTTPS://WWW.CDC.GOV/HAI/PDFS/PPE/PPE-SEQUENCE.PDF](https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf)

### **Student Outline**

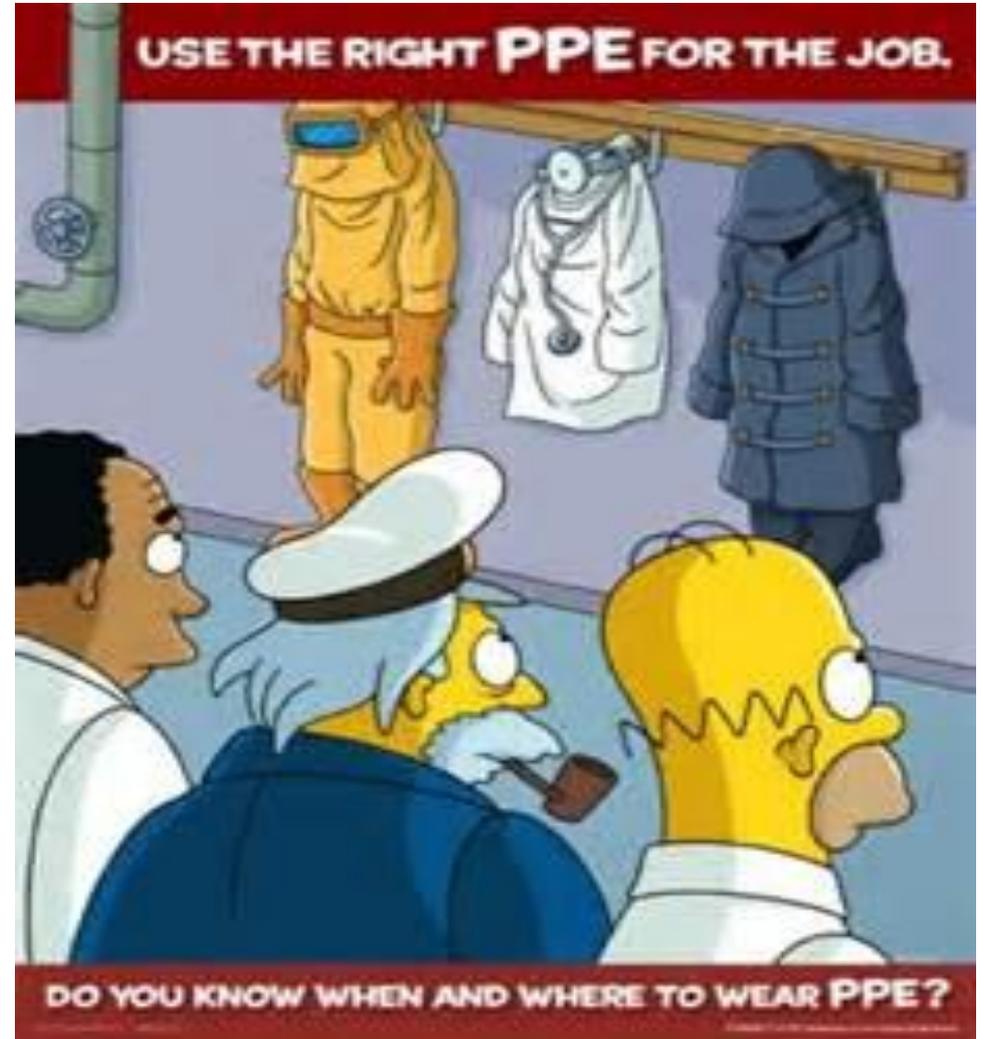
Obj. 7b. Demonstrate the proper procedure for applying personal protective equipment.

# VOCABULARY

- PPE=personal protective equipment
- Donning=putting on
- Doffing=taking off

# DONNING PROCEDURE

1. Gown
2. Mask
3. Goggles
4. Gloves



# DONNING PROCEDURE

## 1. Gown

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist



# DONNING PROCEDURE

## 2. Mask

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin



# DONNING PROCEDURE

## 3. Goggles or Faceshield

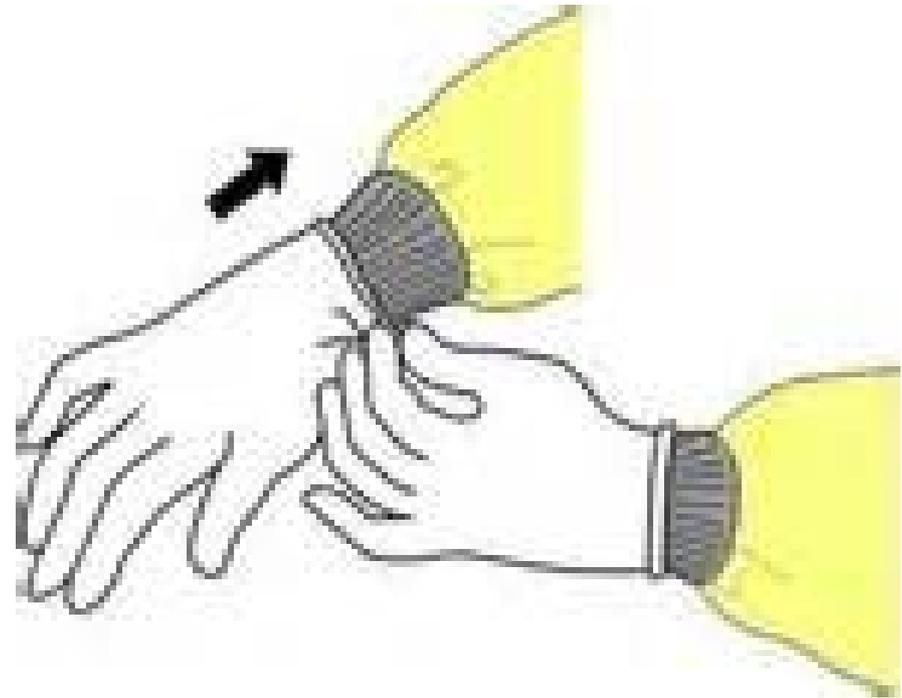
- Place over face and eyes and adjust to fit



# DONNING PROCEDURE

## 4. Gloves

- Extend to cover wrist of isolation gown



# SAFETY TIPS WHILE WEARING PPE

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene



# DOFFING PROCEDURE

1. Gloves
2. Goggles
3. Gown
4. Mask

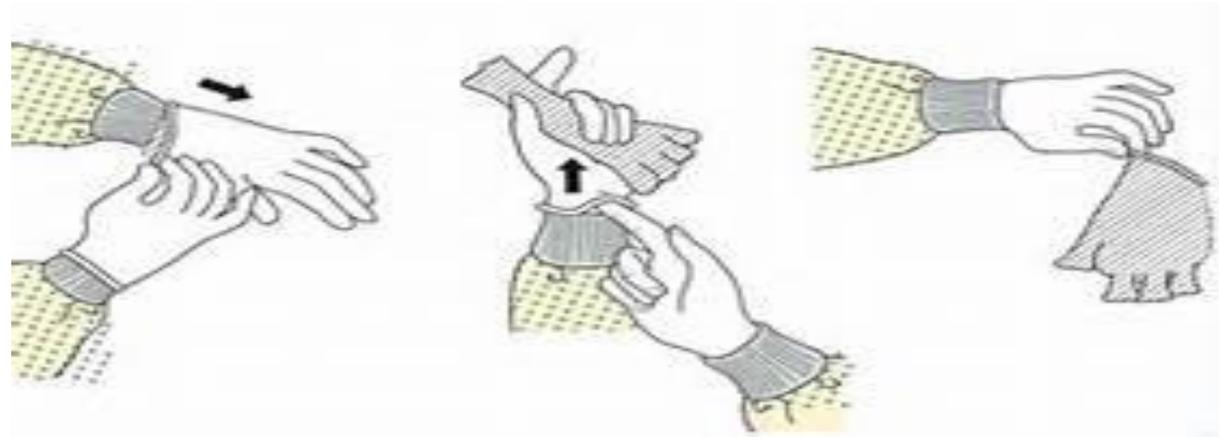


"Let me guess...it's contagious!"

# DOFFING PROCEDURE

## 1. GLOVES

- Outside of gloves are contaminated!
- Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist
- Peel glove off over first glove
- Discard gloves in waste container



# DOFFING PROCEDURE

## 2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield is contaminated!
- To remove, handle by head band or ear pieces
- Place in waste container



# DOFFING PROCEDURE

## 3. GOWN

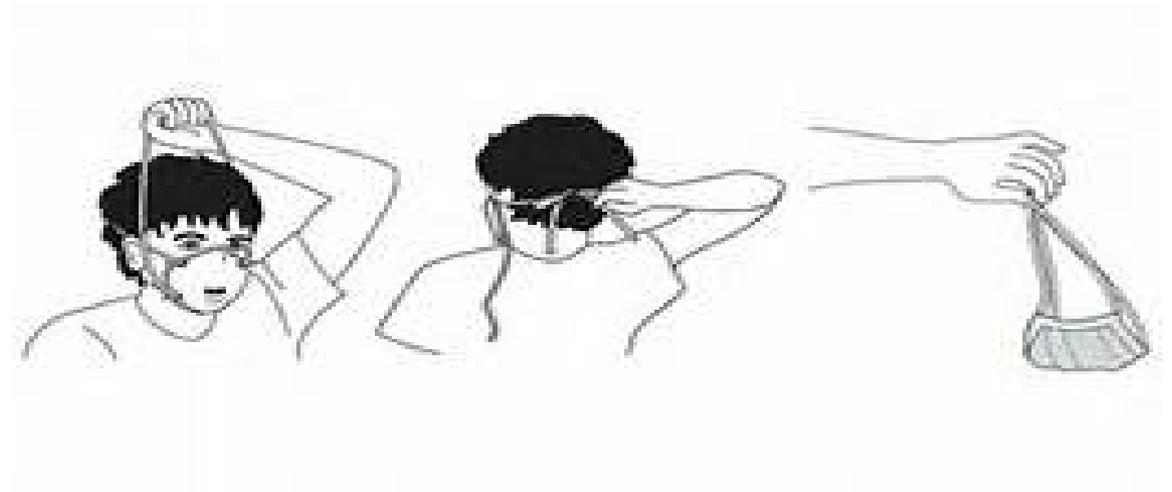
- Gown front and sleeves are contaminated!
- Unfasten ties
- Pull away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard



# DOFFING PROCEDURE

## 4. MASK

- Front of mask is contaminated — DO NOT TOUCH!
- Grasp bottom, then top ties or elastics and remove
- Discard in waste container



# SAFETY TIPS WHEN REMOVING WEARING PPE

- Perform hand hygiene immediately after removing all PPE

