**AHSAA NFHS Star Sportsmanship course and NFHS Captain’s Course**

Every student must complete these 2 Course before competing in sports in AHSAA. This is not an option. If you already completed the old Star Sportsmanship test you do not have to do these courses.

Instructions: Go to the website **NFHSlearn.com**. Sign up and register your name.

Go to courses and scroll until you come to **Star Sportsmanship Course** and **Captain’s Course**. Order the courses. They are free. Watch the videos. When you are done, print out the certificates and return them to Coach Spriggs.