

## Monday

Oatmeal & Assorted Muffins  
String Cheese **1**

Saucy Meatball Sub  
Green Beans  
Veggie Blend  
Fruit Cocktail

Oatmeal & Assorted Muffins  
String Cheese **8**

BBQ Pork Rib Sandwich  
Baked Beans  
French Fries  
Peaches



## Tuesday

Mini Pancakes & Yogurt **2**

Mandarin Orange Chicken  
Vegetable Fried Rice  
Garden Peas  
Mixed Fruit Salad

Breakfast Pizza & String Cheese **9**

French Bread Pizza w/ Marinara  
Sweet Potato Tots  
Steamed Broccoli  
Grapes

Fruit Strudel / Cereal Bowl  
String Cheese **16**

Sloppy Joe  
Green Beans  
Golden Corn  
Mixed Fruit Salad

Cheese Omelet & Pop Tart  
String Cheese **23**

Pepperoni Pizza  
Sweet Potato Tots  
Golden Corn  
Pears

## Wednesday

Egg & Cheese on Biscuit  
Graham Crackers **3**

Cheeseburger  
Steak Fries  
Fresh Carrots w/ Ranch  
Pineapple

Bagel & Cream Cheese / Jelly  
Teddy Grahams **10**

Breakfast for Lunch  
French Toast Sticks  
Scrambled Eggs  
Hash Brown Triangles

Mini Waffles & Yogurt Tube **17**

Chicken Nuggets w/ Mac & Cheese  
French Fries  
Garden Peas & Carrots  
Mandarin Oranges

Mini Waffles & Cereal Bowl  
Teddy Grahams **24**

Chicken Pot Pie w/ Biscuit  
Green Beans  
Mixed Fruit Salad  
Cookies

## Thursday

Corndog & Cereal Bowl  
Giant Goldfish Grahams **4**

Chicken & Bean Burrito  
Black Bean & Corn Salsa  
Tortilla Chips / Mixed Green Salad  
Apple Slices

Cereal Bowl & String Cheese  
Giant Goldfish Grahams **11**

Spaghetti & Meat Sauce w/ Breadstick  
Green Beans / Veggie Blend  
Fruit Cocktail  
Valentine's Cake

Oatmeal & Yogurt  
Graham Crackers **18**

Grilled Cheese & Tomato Soup  
Steamed Broccoli  
Fruit Cocktail

Long John & String Cheese  
Cereal Bowl **25**

Beef & Bean Chili w/ Cinnamon Roll  
Veggie Blend  
Fruit Cocktail

## Friday

Cheese Omelet & Toast  
Yogurt Tube **5**

Hot Turkey & Cheese  
Mashed Sweet Potatoes  
Assorted Chips  
Mixed Fruit Salad



Breakfast Burrito w/ Salsa  
String Cheese & Teddy Grahams **19**

Lemon Pepper Tilapia & Dinner Roll  
Sautéed Spinach  
Parmesan Crusted Red Potatoes  
Apple Slices

Egg & Cheese Breakfast Sandwich  
Goldfish **26**

Cheeseburger / Black Bean Burger  
Waffle Fries  
Steamed Carrots  
Orange Slices

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice  
Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)



Questions?  
Contact Tessa Adcock, Food Service Director  
tadcock@kssdb.org

This institution is an equal opportunity provider.



# FEBRUARY 2021

Kansas School for the Deaf

Monday	Tuesday	Wednesday	Thursday	Friday
1 Shredded Pork BBQ Sandwich Assorted Chips Glazed Carrots Orange Slices	2 Beef Lasagna w/ Garlic Bread Mixed Green Salad Jello Salad or Pudding	3 Chicken Nachos Lettuce, Tomato, Salsa, Cheese Mexican Rice Churro / Apple Slices	4 Home-style Pepperoni Pizza Steamed Broccoli Apple Crisp w/ Ice Cream	5 
8 Oven-Fried Chicken Legs Sliced Bread Mashed Potatoes w/ Gravy Applesauce	9 Meatloaf w/ Dinner Roll Mashed Potatoes w/ Gravy Steamed Carrots Fruit Salad	10 Sweet & Sour Chicken Veggie Fried Rice Egg Roll Mixed Fruit Salad	11 	12 
15 	16 Chicken Alfredo w/ Pasta Steamed Broccoli Pears	17 Beef Hot Dog / Chili Dog Green Beans Assorted Chips Fruit Cocktail and Jello Salad	18 Tamale Pie w/ Cheese Green Beans Cornbread Peaches / Churro	19 
22 	23 Beef Lasagna w/ Garlic Bread Steamed Broccoli Cookie	24 Meatloaf w/ Dinner Roll Mashed Potatoes w/ Gravy Steamed Carrots Bread Pudding	25 French Toast Scrambled Eggs / Sausage Hash Brown Triangles Pineapple	26 

Offered every day with supper:  
Milk (Skim or 1%)



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