

2021 Alvord Bulldog / Lady Bulldog Powerlifting Schedule

<u>Date</u>	<u>Meet</u>	<u>Site</u>	<u>Time</u>
Sat January 7	Alvord Girls / (Boys Black) Tri – Meet (Alvord, Bowie, Chico)	Alvord Wt - Room	5:00
Thur January 14	Bowie Boys Meet (Boys Gold)	Bowie MS	5:00
Thur January 21	Ponder Girls / (Boys Black) Meet	Ponder MS	5:00
Thur January 28	Alvord Boys Meet (Boys Gold)	Alvord MS	5:00
Thur February 4	Nocona Girls / (Boys Black) Meet	Nocona MS	5:00
Thur February 11	Paradise Boys Meet (Boys Gold)	Paradise MS	5:00
Thur February 18	Boyd Girls LMQ Meet	Boyd MS	5:00
Thur February 25	Chico Boys LMQ Meet (Top 20)	Chico HS	5:00
Fri March 6	R6D3 Girls Weigh-In	Chico HS	6:30 pm
Sat March 7	R6D3 Girls Regional Meet	Chico HS	8:55am
Thur March 11	R6D3 Boys Weigh-In	Alvord HS	12:00
Fri March 12	R6D3 Boys Regional Meet	Alvord HS	8:30am
Fri March 19/20	Girls 1A-4A State Meet	Corpus Christi	TBD
Sat March 27	Boys State Meet	Abilene	TBD

Head Powerlifting Coach: Quentin Berend

Assistant Powerlifting Coach: Jay Johnson

Athletic Director: Scott Smiley

Athletic Trainer: Cameron Hieb

Superintendent: Dr. Randy Brown

High School Principal: Mr. Aaron Tefertiller

Middle School Principal: Mrs. Jessica Bull

Updated: Dec 2, 2020