

APRIL 2021

MAY ISD



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Special Announcements:

Free Breakfast from November 1st 2020 till May 27th 2021 for all students
Adults 2.25 Extra Milk .50, Extra Juice .50

Cinnamon Rolls
Cheese
Fruit
Milk/Juice 1.

NO SCHOOL 2.

Oatmeal
Toast
Fruit
Milk/Juice 5.

Breakfast Burrito
Fruit
Milk
Juice 6.

Scrambled Eggs
Bacon
Toast
Fruit
Milk/Juice 7.

French Toast
Fruit
Milk
Juice 8.

Bagels
Cream Chees
Fruit
Milk
Juice 9.

NO SCHOOL 12.

Pancakes
Bacon
Fruit
Milk/Juice 13.

Breakfast Toast
Fruit
Milk
Juice 14.

Sausage Egg Biscuit
Fruit
Milk
Juice 15.

Muffins
Cheese
Fruit
Milk/Juice 16.

Yogurt
Toast
Fruit
Milk/Juice 19.

Breakfast Pizza
Fruit
Milk
Juice 20.

Waffles
Sausage
Fruit
Milk/Juice 21.

Morning Rolls
Fruit
Milk
Juice 22.

Donuts
Cheese
Fruit
Milk/Juice 23.

Oatmeal
Toast
Fruit
Milk/Juice 26.

Biscuit/Gravy
Sausage
Fruit
Milk/Juice 27.

Pancake on Stick
Fruit
Milk
Juice 28.

Omelet
Toast
Fruit
Milk/Juice 29.

Cinnamon Rolls
Cheese Stick
Fruit
Milk/Juice 30.

- Art Contest Deadline Apr. 2



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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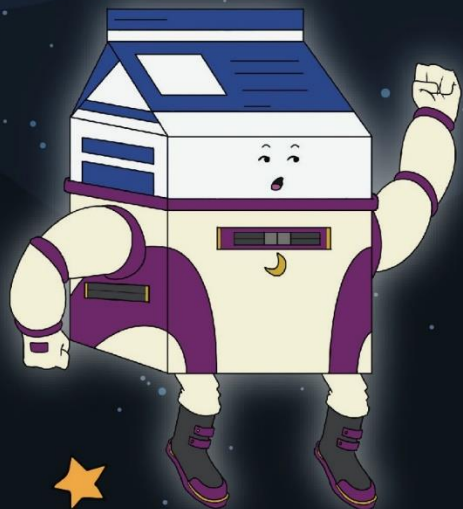
Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
www.SquareMeals.org

MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



WORD SEARCH

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|---|---|---|---|---|---|---|---|
| A | G | Z | J | N | W | L | A |
| C | A | B | L | X | K | J | C |
| A | Z | T | D | C | D | R | A |
| L | T | E | X | A | S | D | L |
| C | S | Q | B | D | I | E | V |
| I | B | D | A | I | F | R | I |
| U | G | W | O | C | G | E | Y |
| M | I | L | K | T | V | H | N |

DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW
CALCIUM
DAIRY

MILK
TEXAS

