

# ALVORD INDEPENDENT SCHOOL DISTRICT

100 MOSLEY LANE

PO BOX 70

ALVORD, TX 76225

Phone (940)427-5975 Fax (940)427-2313

A meeting for the Student Health Advisory Committee (SHAC) was held on December 16, 2015.

Committee members in attendance were: Dr. Randy Brown, Dr. Rhett King, Mr. Michael Thurman, Jessica Bull, Jenna Twiner, Mindy Markum, Isela Palmer, Kelly Martin, Cheyenne Gibson, Sharon Driskill, Kathy Nance, Chasen Jackson, Martha Hancock, Tammie Klein, Heather Redder

The meeting began at 11:00 a.m. in the board room of the Alvord Administration Office.

## Regular Agenda:

1. Isela Palmer gave a brief overview of the purpose of the SHAC.
2. Isela Palmer spoke regarding the confirmed cases of Hand Foot and Mouth Disease at the Middle School.
  - a. The Middle School campus is being disinfected this week and will be disinfected again the first week of Christmas break.
  - b. The High School campus locker rooms and weight room are also being disinfected as a precautionary measure due to the Middle School students having access to those locations.
  - c. 4 cases have been confirmed at the Middle School at this time.
  - d. A letter was sent home to the Middle School parents with information on the Hand Foot and Mouth Disease.
  - e. SHAC members discussed sending a letter home to high school parents due to the students questioning the disinfection procedures taking place
    - i. A decision was made to email a copy of the letter to the students and to put the letter on the District Website.
3. Isela Palmer passed out a copy of the District's Wellness Policy to all members to look over and review for potential changes.
  - a. Sharon Driskill addressed how the policy is made known to the public.
    - i. The Wellness Policy is on the District Website and information regarding the policy and where to find it has been placed in the student handbooks.
  - b. Martha Hancock addressed a change to the policy that read that students would be offered flu shots each year.
    - i. The possible change will be addressed at the next meeting.
  - c. Committee members were asked to bring suggested changes to the policy at the next meeting.
4. Isela Palmer spoke regarding a program to teach High School Students CPR.
5. Isela Palmer and Cheyenne Gibson spoke regarding potential programs for the students provided by Fit-n-Wise.
  - a. More information will be given at the next meeting.
6. Under School Policy BDF (Legal) the SHAC committee will meet at least 4 times a year.
  - a. The next 3 meetings have been scheduled for Monday February 8, 2016 at 10:00 a.m., Monday April 11, 2016 at 10:00 a.m. and Monday May 16, 2016 at 10:00 a.m.

Meeting adjourned at 11:25 a.m.