

# **RCSS School Health Advisory Council Minutes**

Meeting Date: April 19, 2018

## **Council Members Present:**

Edwina Ashworth (Director of Administrative Services for Students); Shon Hildreth (Principal-SWRHS); Monica Hurley (Lead School Nurse); Jayme Robertson (Child Nutrition); Kendall Phillips (Health Educator-RCHD); Laura Lambert (Health Educator-RCHD); Kelly Green (Asst. Director-School Nutrition); Greg Brewer (Safety Coordinator); Carla Miller (AP-SWRHS); Susan Robbins (School Social Worker); Brianna Rouse (School Social Worker); Austin Davis (Physical Education-PGHS)

## **Minutes:**

Edwina Ashworth called meeting to order.

Minutes from last meeting were discussed, modified and approved.

## **Old Business:**

Committee discussed Triennial Assessment results, totals and follow-up. Edwina Ashworth went over/explained how the assessment was scored and the totals.

## **New Business/Reports/Roundtable Discussions:**

Committee discussed the requirement for meetings to be public.

Committee discussed the need to expand committee members. Suggestions made included: Invite 5 parents; more teachers (Elementary PE Teacher); Sam Varner; representative from Hospital; Mental Health Provider; Archdale/Trinity Mental Health provider; JCPC/OJJ

Safety – By the end of the year, Greg Brewer will have distributed safety item to ALL teachers and staff of RCSS. He continues to monitor the safety of the facilities in the RCSS and continues to hold monthly safety meetings.

Edwina Ashworth is corresponding with Sandhills in hopes to align a procedure for referring individuals with suicidal ideations. The goal in using the C-SSRS (Columbia-Suicide Severity Rating Scale) is to assist the student with a smoother transition from the school to the mental provider, Mobile Crisis, or to a hospital.

Ideas for the 18-19 School Year:

Continue to focus on student wellness and staff health, as well as the social and emotional aspects. Research Mental Health Support, The Opioid Crisis, Substance Abuse Crisis, Social and Emotional climate for students.

Health/PE - Goal is to inform, educate and provide resources to teachers and staff in the following areas: E-Cigarettes, Vaping and Juuls

Nutrition - Child nutrition is in line with standards but are always looking to make foods better and marketing ideas.

Supporting staff wellness ideas included creating healthy school challenges and school or staff workouts.

Next Meeting: Need one?? Meet or email – Left optional depending on needs

Next year's meetings will be held in Boardroom B @ 3:30pm (9/24, 11/26, 2/25, 4/29).

Meeting Adjourned.