



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

SCHOOL BREAKFAST WEEK
MARCH 2-6
SquareMeals.org/SBW

M	T	W	TH	F
Oatmeal Toast Fruit Milk/Juice 2	Breakfast Burrito Fruit Milk/Juice 3	Morning Roll Fruit Milk/Juice 4	Pancake on Stick Fruit Milk/Juice 5	Muffins Cheese Sticks Fruit Milk/Juice 6

SPRING BREAK 9	SPRING BREAK 10	SPRING BREAK 11	SPRING BREAK 12	SPRING BREAK 13
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Yogurt Toast Fruit Milk/Juice 16	Waffles Sausage Fruit Milk/Juice 17	Breakfast Pizza Fruit Milk/Juice 18	Pancakes Sausage Fruit Milk/Juice 19	Cinnamon Rolls Cheese Stick Fruit Milk/Juice 20
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Oatmeal Toast Fruit Milk/Juice 23	Scrambled Eggs Bacon Toast Fruit Milk/Juice 24	Breakfast Toast Fruit Milk/Juice 25	Morning Rolls Fruit Milk/Juice 26	Bagels Cream Cheese Fruit Milk/Juice 27
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Yogurt Toast Fruit Milk/Juice 30	Biscuit Gravy Sausage Fruit Milk/Juice 31
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GOOD EATS AT

MAY ISD

SPECIAL ANNOUNCEMENTS

Breakfast K-12 Price:
1.75
Reduced: .30
Extra Milk: .50
Extra Juice: .50
Adult Price: 2.25
Milk/Juice offered



The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
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HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



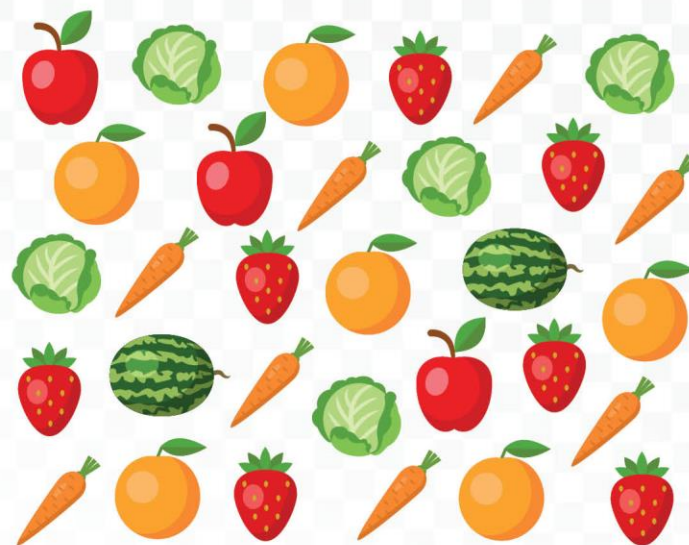
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

POWER BRAIN POWER














JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



	_____		_____
	_____		_____
	_____		_____

5		8	
3		7	
2		6	