

Traditional Native Sports

Traditional Value: Know who you are

Learning Objectives:

- Identify the letter and sounds of A M N V
- Identify the color blue
- Identify and count up to 9
- Identify the shape square
- Understand the concept and importance of traditional Native sports
- Understand the connection between traditional Native sports and hunting skills
- Recall and demonstrate several NYO sports

Things you can do at home to support your child's learning:

If you have 5 minutes:

- Talk about games and skills you need to have to play traditional Native sports
- Talk about how Native sports are different than the games you may see on television

If you have 10 minutes:

- Read a book or tell a story about sports or a Native game

If you have 15 minutes:

- Talk about hunting and how you have to be very physically fit to hunt... what kinds of skills are needed for hunting?

If you have 20 minutes:

- Do exercises up to 10: traditional Games, hopping, jumping, push-ups, clapping, etc.
- Go see NYO as a family

- Opportunities to work on persistence in NYO tasks
- Opportunities be creative and use NYO tools for other things
- Opportunity to show initiative and independence choosing own tasks

APPROACHES TO LEARNING

- Opportunities to increase confidence in own abilities
- Opportunities to increase sense of belonging
- Picture Help—SE18

CURRENT STUDY:

Traditional Native Sports

**Seasonal Cycle: Bird Hunting/
Yup'ik and Cup'ik**

- Teacher choice book:
- Take pictures of children during NYO and share with families
- Opportunities to be exposed and use new vocabulary: seal hop, stick

**TRADITIONAL VALUE:
KNOW WHO YOU ARE**

LANGUAGE AND LITERACY



- Daily outdoor physical play
- Opportunity play and explore traditional yoyos
- Opportunities to experience all the different NYO skills
- Balancing Act—P33



- Opportunities experience spatial relationships during NYO: now we jumped "over" the stick
- Opportunities to explore different materials used in traditional Native games
- Let's Make Two—M09
- Jump Counting—M22

PERCEPTUAL, MOTOR AND PHYSICAL DEVELOPMENT

SOCIAL/EMOTIONAL DEVELOPMENT

COGNITION—MATH & SCIENCE

- Opportunities to work on persistence in NYO tasks
- Opportunities be creative and use NYO tools for other things
- Opportunity to show initiative and independence choosing own tasks

APPROACHES TO LEARNING

- **2nd Steps:**
- 1. Personal Safety
- 2. Personal Safety
 - Opportunities to increase confidence in own abilities
 - Opportunities to increase sense of belonging

CURRENT STUDY:

Traditional Native Sports

**Seasonal Cycle: Bird Hunting/
Yup'ik and Cup'ik**

- Teacher choice book:
- Opportunity to make "My NYO Book"
- Opportunities to be exposed and use new vocabulary: seal hop, stick

**TRADITIONAL VALUE:
KNOW WHO YOU ARE**

- Daily outdoor physical play
- Opportunity play and explore traditional Yo yos
- Opportunities to participate in all the different NYO skills
- Opportunities to explore health and

LANGUAGE AND LITERACY

- Opportunities to measure how long, how high, they can jump and kick
- Opportunities to explore different materials used in traditional Native games
- Opportunities to explore the different NYO skills and how they could be used for hunting



PERCEPTUAL, MOTOR AND PHYSICAL DEVELOPMENT

SOCIAL/EMOTIONAL DEVELOPMENT

COGNITION— MATH & SCIENCE