



## **New York Mills High School**

### **Curriculum Document**

Curriculum Area: Family and Consumer Sciences

Course Name: Family Life

Common Course Catalog Number: 22102

Length of Course: Semester

Pre-Requisite: none

Grade Level: 10-12

#### **Course Description:**

The Family Life class is a class that will analyze the different stages of the family life cycle. Topics of focus will include: Understanding human development, living skill processes, families, relationships, sexuality issues, marriage, family crisis, and relating to older adults.

#### **Essential Learner Outcomes (5 to 7)**

- \*Students will evaluate the effects of technology on individual and family resources.
- \*Students will analyze strategies to manage multiple roles and responsibilities.
- \*Students will analyze the effects of family as a system on individuals and society.
- \*Students will analyze principles, conditions that influence, and strategies that promote human growth and development across the life span.
- \*Students will analyze functions and expectations of various types of relationships.
- \*Students will analyze personal needs and characteristics and their effects on interpersonal relationships.
- \*Students will demonstrate communication skills that contribute to positive relationships.

\*Evaluate effective conflict prevention and management techniques.

#### Units of Study:

- \*Understanding Human Development
- \*Living Skill Processes
- \*Families
- \*Relationships
- \*Sexuality Issues
- \*Preparation for Marriage
- \*Marriage
- \*Parenting
- \*Family Crisis
- \*Relating to older adults