

Breakfast Meal Pattern - K-8th

Select a minimum of 3 components

1 fruit/ vegetable = 1 cup

--fruit/juice and/or vegetable

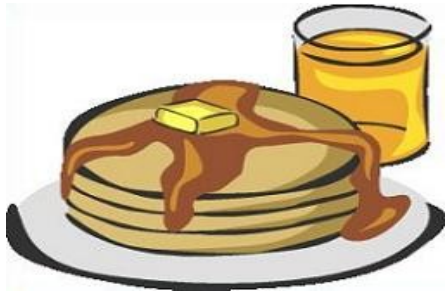
1 whole grain rich selection(s) = 1oz

--biscuit, roll, muffin, bread, cereal

1 milk = 1 Cup

--fluid milk

Menu is subject to change
without notice



**This institution is an
equal opportunity
provider.**

City Day

**MAY 2021
Breakfast Calendar**

	Mon	Tue	Wed	Thu	Fri
	3 Crunch Mania 100% Fruit Juice Raisins Milk	4 Pop Tart Banana Fruit Juice Milk	5 Breakfast Bar Applesauce Banana Milk	6 Cereal Bar Cranberries Apple Milk	7 Mini Strawberry Pancakes Raisins Fruit Juice Milk
	10 Zee Zee Bar 100% Fruit Juice Raisins Milk	11 Yogurt Scooby Snacks Fruit Juice Cranberries Milk	12 Breakfast Bar Banana Applesauce Milk	13 Wg Bagel RF Cream Cheese Orange Juice Apple Milk	14 Chewy Granola Cold Cereal 100% Fruit Juice Raisins Milk
	17 Zee Zee Bar Applesauce Milk/Juice	18 Cereal Bar Applesauce Cranberries Milk	19 Yogurt Goldfish Graham Raisins/Banana Milk	20 Breakfast Bar Cranberries Apple Milk	21 Mini Strawberry Pancakes Orange Juice Applesauce Milk
	24 Cereal Bar Apple Juice Cranberries Milk	25 Pop Tart Orange Juice Applesauce Milk	26 Stuffed Bagel Applesauce Banana Milk	27	28
	31				