

Calhoun R-VIII Newsletter

August-October 2020



Important Dates:

Oct 1 - Picture Day

Oct 23-24 – Haunted Trail

Oct 30 – Elementary Halloween Party

Tommy Bear and Mrs. luchs' Return

The end of July brought a new addition to our Eagle family. Thomas Bear luchs is the

newest member of the luchs clan, joining his parents Jessica (our English teacher) and Chris and his big sister Lizzy Lee. He is affectionately known as Tommy Bear. He has grown fast in the last two months, and loves being with people. He prefers snuggles with Mama and Daddy, but he welcomes

the times Lizzy Lee wants to watch nursery rhymes with him. He even got to meet the staff at Calhoun during teacher meetings. He loved all the attention and his school nickname: Churchill (compliments of our Social Studies teacher Mrs. Frintz). Mrs. Iuchs had fun being at home with him the first month and the first two weeks of school, but she missed her big kids and was ready to come back and teach (and get the newsletter





up and running again). She was grateful for the warm reception (all the kids saying they missed "Mama luchs") and felt like nothing changed when she came back to work. This is going to be a great school year no matter what curveballs may come our way.

Cross-Country

7th Grader Wyatt Moore has competed in three Cross-Country meets so far this season, and his times have been good. On Saturday, September 19, at





the Clinton Middle School Invitational, he finished the 1.7-mile cross-country race in 12.35 minutes. He also received a top 10 medal for his run. On Saturday, September 27, at the Dam Run at Lake Pome de Terre, Wyatt finished in the middle of 80 runners in the 3200 meter run in 16:02 minutes. On September 30, at Cass-Midway, he finished 5th in the 3500 meter with a time of 13:58. We are proud of Wyatt for all the work he puts into prepping for a race, and we look forward to him getting even faster as the season progresses.

Calhoun Colt Show

Our students had another successful participation in the Calhoun Colt Show. Saturday, September 12, began with crowning royalty (top to bottom, left to right): Queen Emma Watson, Princess Jenna Smith, Stella Price (seen holding the rose), 1st Prince Shooter Price, King Max Pennock, Mini Queen Nora Nelson, 1st Princess Harper Pennock, and 2nd Princess Kinley Bailey. The band marched in the parade again, led by

director Michal Brooks. The band consisted of



flag bearers Jackson Mantonya and Christopher Nelson, flautist Cloe Bourland, clarinetist Makenleigh Hardesty, saxophonist Maddy Goodloe, trumpeter Christian Wolf, bass clarinetist Landon Huffmann, and snare



drummer Evan Harris. The TOPs students also held a 50/50 raffle for Ms. Melissa Hicks. The \$300 raised will go toward expenses incurred during her cancer treatment, and we all wish her success and send her prayers and good thoughts.

School Supplies Donation

We would like to thank the Clinton Mid-Day Optimists for their generous donation of school supplies at the beginning of August. The students and teachers greatly appreciate the help, especially during these cautious and uncertain times.

We would also like the thank Eddie Seymour and David Rusche for providing and cooking lunch for PD on September 28. The food was an amazing treat for all the staff.

September 2020 • Page 2

CONNECTION ome&Schoo

Working Together for School Success

September 2020

My handwashing

poster

Ask your child to design a poster that wash their hands. She could include a clever slogan ("Wanted: Clean hands!") and write and illustrate instructions Scrub for at least 20 seconds."

Wash fronts and backs of hands, between fingers, and under nails. for washing properly. Examples: reminds family members to

can I do?

teachers are ready to help them catch than-normal summer break, and get him on track.

asked. He'll be more apt to repeat the behavior next time.

Sort the foods

to play a board game because he put

away his toys the first time you

instance, point out that there's time Show your youngster that good behavior has its own rewards. For

Natural rewards

Sorting items into categories boosts your child's thinking skills. After you

make a grocery list, have her rewrite

it in a way that will help you shop more efficiently. She could organize

A: Youngsters feel less anxious when

Then, she could think of other ways to sort for fun, maybe by color or

located (produce, frozen foods).

tems by the aisle where they're

Use your smile to change the world; don't let the world change your

Worth quoting

food group.

mile." Chinese proverb

Q: You can see me in water, but I never get wet. What am I?

JUST FOR FUN

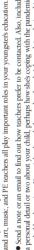
A: A reflection

Get to know teachers

can write his questions if you're busy.♥

(like a dropped internet connection).

 Attend events like back-to-school night and PTA Now's the time to open the lines of communica-tion with your youngster's teachers and set the stage for a successful year. Consider this advice:



Confident about school

School may look different this year, but one thing is the same: Parents and teachers want to keep children safe answers to questions you may have as the new school year gets and help them learn. Here are

Q: My child thinks school will be too hard this year since he hasn't been in dass for so long. What

his teacher so you can work as a team to up. So let your youngster know he's not alone. If you discover he is struggling (say, stumbling over sight words or math facts he knew last year), contact A: Many students had a longer-

things as much the same as possible. Eat end activities he can look forward to like

meals together regularly, and plan week

Q: With all the changes COVID-19 has brought, my son seems anxious. Any ideas for making him feel better?

bility, but you can offer support. To help him stay on task, make sure he has a quiet place to learn and the materials he needs. You might sit nearby and do your own work, or simply be available in case he has a question or a technical problem Consider keeping a notepad handy so he

A: Your youngster's work is his responsi

Q: When my child works online, how

much should I be involved?

hiking or playing backyard games.

they know what to expect. If he's adjust-ing to a new school schedule, post it on the refrigerator. At home, try to keep

or PIO meetings, whether they're held virtually or in person. Introduce yourself to your childs teacher, and try to meet specialists, too. The librarian, school counselor,

 Send a note or an email to find out how teachers prefer to be contacted. Also, include a personal detail or two about your child, perhaps how she's coping with the pandemic or a hobby she enjoys. You might also ask the teacher how he's been doing during this time—he'll appreciate your recognizing that it has been hard on everyone.♥

Home & School CONNECTION®

know you might need to wait, such as at the dentist or vet, take books along or download e-books from the library to on the breakfast table. When you your phone or tablet.

-and even chore time. If your youngster wants to pitch a tent in the backyard, suggest that she fill it with books and Add it to other activities. Bedtime is a natural opportunity to read. But so is play-

£

magazines to read while she hangs out inside. Also, audiobooks can

make reading hands-free, so you could listen to a story together while you do yard work or fold laundry.

1

We're a cleaning team When I stepped up our household

sweeping, mopping, vacuuming, and dusting. I added emptying trask cans and wiping down surfaces we touch a lot, such as doorknobs, TV remotes, banisters, and counters. house clean — and keeping germs at bay.
Our boys came up with a great dear. They devided clede to nake a "chore spinner." They divided a paper plate into sections labeled with chores like, cleaning routine because of the pandemic, I decided to get my sons involved. I told Nate and Seth that we're in this together and that we need to share responsibility for keeping the

Now when it's chore time, Nate and Seth spin the wheel to see who does what

They're showing more responsibility for their chores than before—and they've even started calling themselves "The Clean Team."♥

The first column can include things like Screen time: Find a balance Q: My daughter has had more

been a valuable tool for learning and for staying in touch with friends and loved screen time than usual in recent ones lately. So the amount of time spent A: For many children, technology has months. How can I help her cut back? in front of a screen isn't necessarily a problem-what matters is how your

family meals, physical activity, and play-ing with toys. In column two, she might list schoolwork, video-chats with rela-tives, and educational videos. And the

last column is for purely fun screen time like (parent-approved) video

games and apps.

Explain that the goal is to activities in columns spend most of her time on one and two. For items, set a time column-three

daughter uses technology Have your daughter

make a chart with three "Quality screen time," and "Other screen time "Screen-free time," columns labeled

ISSN 1540-5621

Reading adds up

Did you know that children who read for pleasure at least 20 minutes each day do better in school? Use these tips to fit more reading into your youngster's day.

Calhoun R-VIII School District

Your child will be more likely to Stash kid-friendly magazines in Keep it front and center. read during her free time if materials are easily available.

the living room, and leave comics

Encourage your child to preserve yearbook

Create a family

starting this fun project he can work family memories, and practice writing, on all year long.

see individual and group portraits as well as pages dedicated to activities and special events. What will his homenade book include? He might create a binder with sections for birthdays, holidays, Together, look through old school yearbooks—his and yours—to find out what they contain. Your youngster will and accomplishments, for example.

entries and take photos to go along with them. Maybe he'll begin with a page about Now your child can write up yearbook exhibit. Have him add each page to the matching section in his binder, and keep his work-in-progress on the coffee table for everyone to leaf through.♥ and another dedicated to his sister's fall art himself learning to play the guitar

OUR PURPOSE

a division of CCH Incorporated 128 N. Royal Avenue • Fron Royal, VA 22630 000-394-5052 • rfecustomer@wolterskluwer.com

Calhoun's Haunted Trail

FRIDAY & SATURDAY - OCTOBER 23rd & 24th

Come Join us for a Night of

Fun & Frights, Snacks & Hot Beverages!

Located at the Trail behind

Calhoun High School, 409 South College

5:00 to 10:00 pm, Family Friendly until Sundown

\$8 for Adults, \$5 for children

Walk our haunted trail & enjoy a hayride back.

IF YOU DARE!!!

Financial Statements, August 2020

Bank & Cash Reconciliation

End of August 2020

Fund Cash Balance by Fund

Fund Number and Description Cash Balance Comments 001 - GENERAL FUND 565,349.12 002 - TEACHERS FUND -104,167.74 003 - DEBT SERVICE FUND .00 004 - CAPITAL PROJECTS FUNI 27,386.02 Adjustment 1: .00 Adjustment 2: .00 Adjustment 3: .00 Adjustment 4: .00 TOTAL: 488,567.40

Bank Cash and Reconciled Balances:

Account Code & Bank	Cash Balance	Reconciled Balance	Comments
xxxx1805 - Main Checking - HAWTHORN	-45,506.54	41,276.67	
xxxx5628 - Savings - HAWTHORN	515,789.35	515,789.35	
xxxx2890 - CD - HAWTHORN	18,084.59	18,084.59	
xxxx1132 - Petty Cash - HAWTHORN	200.00	200.00	
Outstanding Amount: xxxx1805 - Main Checking - HAWTHORN	.00	-86,783.21	
Adjustment 1:	.00	.00	
Adjustment 2:	.00	.00	
Adjustment 3:	.00	.00	
Adjustment 4:	.00	.00	
TOTAL:	488,567.40	488,567.40	

Bank Cash and Fund Cash are in Balance

		Working Budget	MTD Activity	YTD Activity	Remaining Budget	% Realized	Last Year Thru This Month
EVENUE							
5112	Taxes, Delinquent Ad Valorem	.00	2,384.44	2,384.44	-2,384.44		.00
5113	School District Trust Fund (Proposi	.00	7,809.36	16,138.62	-16,138.62		.00
5115	M & M Surtax	.00	.00	.00	.00		.00
5141	Earnings From Temporary Deposits	.00	439.63	439.63	-439.63		.00.
5161	Sales to Adults	.00	.00	.00	.00		.00
5179	Other Pupil Activity Income	.00	.00	8.22	-8.22		.00
5181	Community Services	.00	4,613.99	7,177.98	-7,177.98		.00
5198	Miscellaneous Local Revenue	.00	75.00	75.00	-75.00		.00
5211	Fines, Escheats, Overplus, Etc.	.00	46.00	398.43	-398.43		.00
5311	Basic Formula - State Monies	.00	68,049.00	104,125.00	-104,125.00		.00
		.00	1,015.00	2,029.00	-2,029.00		.00
5312	Transportation	.00	2,073.26	4,367.11	-4,367.11		.00
5319	Basic Formula - Classroom Trust Fun		-	,	,		
5412	Medicaid	.00	.00	.00	.00		.00
5424	EMERGENCY RELIEF	.00	.00	12,975.25	-12,975.25		.00
5451	Title I	.00	.00	13,731.70	-13,731.70		.00
5462	Title III	.00	.00	402.76	-402.76		.00
5465	Title II.A	.00	.00	300.52	-300.52		.00
5473	CARES FOOD LUNCH PROGRAM	.00	.00	3,360.00	-3,360.00		.00
		.00	.00	2,112.00	-2,112.00		.00
5474	CARES BREAKFAST PROGRAM		3.940.82	8,100.84	-8,100.84		.00
5481	Department of Health Food Service	.00					
5483	Head Start	.00	61,433.52	61,433.52	-61,433.52		.00
5492	Title V.B., Rural Education Achieve	.00	.00	.00	.00		.00
5497	Other Federal Revenue	.00	50.00	50.00	-50.00		.00
5651	Sale of Other Propert	.00	.00	3,725.00	-3,725.00		.00
	Total of REVENUES	0.00	151,930.02	243,335.02	-243,335.02		0.00
XPENSE	S						
6111	Regular Salaries	.00	64,287.61	83,573.46	-83,573.46		.00
6121	Substitute and Other Part-Time Teac	.00	1,955.00	1,955.00	-1,955.00		.00
6131	Supplemental Pay	.00	1,625.00	1,625.00	-1,625.00		.00
6151	Classified Salaries - Regular	.00	33,378.96	55,211.99	-55,211.99		.00
6211	Teachers' Retirement	.00	10,543.82	13,475.27	-13,475.27		.00
	Non-Teacher Retirement	.00	2,460.56	4,207.81	-4,207.81		.00
6221		.00	2,067.44	3,387.91	-3,387.91		.00
6231	Old Age, Survivors and Disability I	.00	1,415.75	1,996.51	-1,996,51		.00
6232	Medicare		•				.00
6241	Employee Insurance	.00	12,074.25	16,915.09	-16,915.09		
6271	Unemployment Compensation	.00	4,049.03	4,049.03	-4,049.03		.00
6311	Purchased Instructional Services	.00	75.78	75.78	-75.78		.00
6312	Instructional Program Improvement S	.00	25,672.05	25,757.05	-25,757.05		.00
6318	Election Services	.00	628.76	628.76	-628.76		.00
6319	Other Professional Services	.00	.00	.00	.00		.00
6332	Repairs and Maintenance	.00	597.31	4.047.80	-4,047.80		.00
		.00	471.05	931.19	-931.19		.00
6335	Water and Sewer			430.00	-430.00		.00
6336	Trash Removal	.00	215.00				.00
6343	Travel	.00	.00	.00	.00		.00
6349	Other Transportation Services	.00	12.00	12.00	-12.00		
6361	Communication	.00	55.00	55.00	-55.00		.00
6362	Advertisin	.00	.00	96,96	-96.96		.00
6371	Dues and Memberships	.00	40.00	540.00	-540.00		.00.
6391	Other Purchased Services	.00	6,192.03	12,313.00	-12,313.00)	.00
6411	General Supplies	.00	7,429.95	16,631.15	-16,631.15		.00
		.00	3,892.86	7,091.09	-7,091.09		.00
6481	Electric Carolina (Dissel	.00	.00	.00	.00		,00
6486	Gasoline/Diesel		2,850.39	2,850.39	-2,850.39		.00
6491	Other Supplies and Materials	.00		,			.00
6521	Buildings	.00	29,886.00	29,886.00	-29,886.00	:	
	-	0.00	241 055 (0	207 742 24	-287,743,24	ı	0.0
	Total of EXPENSES	0.00	211,875.60	287,743.24	-201,143,24		0.0

<u>Menu</u>

"This institution is an equal opportunity provider."

Breakfast and Lunch Menus are subject to change.

Milk options are Fat-Free Chocolate Milk or 1% White Milk. Juices are all 100%

October Breakfast

10/1, Cereal, toast, fruit, juice, milk 10/2, Biscuit and gravy, fruit, juice, milk

10/6, Pop tart, yogurt, fruit, juice, milk 10/7, Egg and cheese croissant, fruit, juice, milk 10/8, Cereal, toast, fruit, juice, milk 10/9, Biscuit, gravy, fruit, juice, milk

10/13, Honey bun, fruit, juice, milk 10/14, French toast sticks, sausage, fruit, juice, milk 10/15, Cereal, toast, fruit, juice, milk 10/16, Biscuit, gravy, fruit, juice, milk

10/20, Pop tart, yogurt, fruit, juice, milk 10/21, Egg and cheese croissant, fruit, juice, milk 10/22, Cereal, toast, fruit, juice, milk 10/23, Biscuit, gravy, fruit, juice, milk

10/27, Honey bun, fruit, juice, milk 10/28, French toast sticks, sausage, fruit, juice, milk 10/29, Cereal, toast, fruit, juice, milk 10/30, Biscuit and gravy, fruit, juice, milk

October Lunch

milk

10/1, Spaghetti and meatballs, dark leaf salad, steamed carrots, pears, milk 10/2, BBQ Rib sandwich, broccoli and cheese, tater tots, clementine, milk

10/6, Chicken nachos, refried beans, fruit, milk 10/7, Chicken patty, mashed potatoes, gravy, green beans, peaches, milk (bread 6-12) 10/8, Cheesy burger bake with tots, salad mix, fruit, milk 10/9, Corn dog, mac and cheese, sliced carrots, fruit,

10/13, Baked ham, tater tots, broccoli and cheese, bread stick, fruit, milk
10/14, Salisbury steak, mashed potatoes, gravy, green beans, peaches, roll, milk
10/15, Chicken Alfredo, salad mix, steamed carrots, bread stick, pears, milk
10/16, Grilled cheese sandwich, tomato soup, salad, fruit, milk

10/20, Turkey and cheese sub, chips, carrot and celery sticks, fruit, milk 10/21, Chicken patty, mashed potatoes, gravy, green beans, peaches, milk (bread 6-12) 10/22, Bosco stick, veg. beef soup, broccoli, fruit, milk 10/23, Pizza, dark leaf salad, peas, fruit, milk

10/27, Cheeseburger on bun, baked beans, fries, fruit, milk
10/28, Salisbury steak, mashed potatoes, gravy, green beans, peaches, roll, milk
10/29, Creamy chicken noodle soup, steamed carrots, salad mix, fruit, milk
10/30, Grilled ham and cheese sandwich, fresh broccoli, corn, fruit, milk

All Lunch Meals will include Juice for 9th-12th grade