FPTFN/RFJ YT

ROBERT LEE ISD

	PBJ Chili Cheese Totchos, cheese sauce, fresh veggies, cucumbers, strawberries CM-121 CM-133	2020 Waffles N Sausage Chicken Nuggets, mac n cheese, black eyed peas, garden salad, grapes 2.	Breakfast Pizza Pepperoni Pizza, corn, fruity jello CM- 137 3.	Donut Holes And Sausage Hamburger, celery and carrot sticks, cinnamon applesauce, Brownies CM-123 4.
Labor Day!!!! 7.	PBJChili Cheese Dog , sweet potatoes, corn, grapesCM-1458.	Pancakes and Sausage Walking Taco, corn chips, cheese sauce, taco meat, cucumbers, pinto beans, salsa, oranges, CM-194 9.	Breakfast Crackers and Cheese Stick Chicken Nuggets, mashed potatoes , broccoli, fruit cup, roll, crispy treat CM-136 CM-126	Cereal Variety and ToastCheeseburger, steak fries, carrot sticks, snowball salad,CM-181
<u>Waffles and Bacon</u> Country Fried Steak, mashed potatoes, breaded okra, strawberries, roll, gravy]4.	Sausage Egg and Cheese BiscuitMeat and Cheese Chalupas , salsa, cucumbers, refried beansCM-149 CM-174 BRK-11715.	Breakfast Pizza Chicken Tenders ,Roll, gravy, steamed broccoli, sweet potatoes, mixed fruit, fruit crisp CM- 135 16.	Eggs, Biscuits and Gravy Chicken Spaghetti, garden salad, Carrot coins, apples, breadsticks CM-119 BRK- 118]7.	Cinnamon Roll and SausageFish Sticks, mac n cheese, coleslaw, green beans, oranges, brownies CM-178 CM-175 CM-12418.
Sausage Biscuit Roast Beef Sandwich, mashed potatoes, tomato cup, strawberries CM-172 21.	Breakfast BurritosFrench Bread Pizza, marinarasauce, garden salad, Californiablend, fruit cupCM-136 BRK-10222.	<u>Cereal Variety and Toast</u> Boneless chicken wings, celery and carrot sticks , peaches, pudding 23.	PBJ Mexican Combo Plate(Tacos, pork tamales, Spanish rice, corn, refried beans, salsa, graham crackers CM-153 CM-127 CM-179 24.	Funnel Cake and BaconPopcorn Chicken, vegetablemedley, mashed potatoes,pears, roll, crispy treatCM-12625.
Cereal Variety and ToastCheeseburger Macaroni, greenbeans, tomato cup, fruit cup,rollCM-110 CM-178 CM-13628.	French Toast and SausageNachos Grande, refried beans, salsa, cucumbers, apricots, Ice cream cup CM-155CM-15529.	Cereal Bar and Cheese Cubes Crispy Chicken Sandwich, oven fries, fresh veggie cup, fruity jello CM-118 CM-133 CM-137 30.	Special Announcement	s:
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MARTIAN MELONS

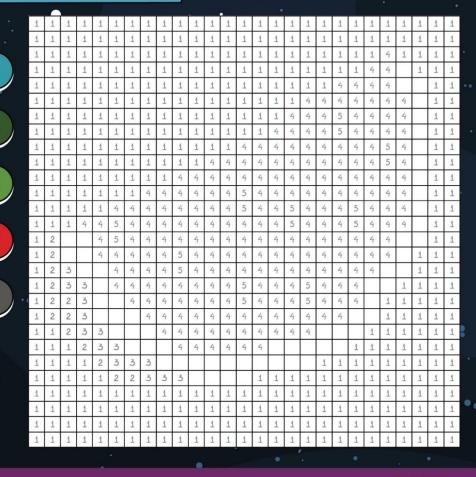
Mars is the fourth planet from the sun and it gets its name from a mythological figure the Roman god of war. Mars is sometimes called the Red Planet because of the brownish-red color of its surface. Of all the planets in our solar system (besides Earth), Mars is one of the planets most likely to support life. New space missions are planned for the next decade to increase our understanding of Mars. The science and technology developed through Mars exploration may someday allow humans to visit the Red Planet.

COLOR BY NUMBERS

DID YOU KNOW?

Watermelon has a smooth hard rind, usually green with dark green stripes or yellow spots. It also has a juicy, sweet inside that is deep red to pink, but sometimes orange, yellow, or white. The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt and watermelons are now grown in 96 countries worldwide.

Watermelons are mostly water — about 92% — and are a very good source of vitamin A and vitamin C. Vitamin C supports maintenance of collagen, protects against infection and helps in iron absorption. Watermelons also contain a high level of lycopene, which helps to protect against heart disease and cancer.



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