
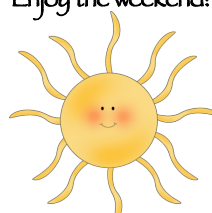




HOME PRACTICE – FLUENCY

Fluency can also be called: Easy Speech, Forward Flowing Speech, Smooth Speech

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday Sunday |
|--|---|---|---|--|---|
| <p>Say the following sentence using super slow speech then again with super fast speech.</p> <p><i>Did you see the movie Sonic the Hedgehog?</i></p> | <p>Draw a picture. Describe your picture to someone using your best fluency skills.</p> | <p>Practicing using your best fluency skills during breakfast.</p> | <p>When talking to people today, make sure you talk using an appropriate rate, allowing time for pausing.</p> | <p>Stretch out these words:</p> <ul style="list-style-type: none"> • Apple • Egg • Igloo • Octopus • Onion | <p>Enjoy the weekend!</p>  |
| <p>Say the following sentence using a high pitch then again with a low pitch.</p> <p><i>Spring is my favorite season.</i></p> | <p>You Choose! Choose a 5-10 minute time period today to practice using your best fluency skills!</p> | <p>Practice using your best fluency skills during lunch.</p> | <p>Use your best eye contact when speaking today.</p> | <p>Say these words using exhaled air.</p> <ul style="list-style-type: none"> • Hat • Happy • Horse • Hippo • Helicopter | <p>Enjoy the weekend!</p>  |
| <p>Say the following sentence using "easy/fluent" speech, then again with "bumpy/dysfluent" speech.</p> <p><i>Let's go to the movies</i></p> | <p>Tell somebody about your favorite movie today. Make sure you use your best fluency skills.</p> | <p>Practice using your best fluency skills during dinner.</p> | <p>Try to stay relaxed today when speaking. Take belly breaths if needed.</p> | <p>Say these words in sentences using light contact:</p> <ul style="list-style-type: none"> • bus • pen • teach • dance • Month • Nose | <p>Enjoy the weekend!</p>  |
| <p>Say the following sentence using an "excited" then a "sleepy" tone of voice.</p> <p><i>Do you like pickles?</i></p> | <p>Be a fluency detective today. Listen for other people using "bumpy speech".</p> | <p>Practice using your best fluency skills while your in the kitchen today.</p> | <p>When talking to people today, make sure you give yourself a few seconds wait time before responding.</p> | <p>Stretch these words using one breath:</p> <p>man...fan cat...mat top...tap</p> | <p>Enjoy the weekend!</p>  |

FLUENCY

A little practice everyday helps your communication skills stay!



Practice 3-4 times weekly to help maintain your speech skills!

Terms of Use/Credits

THANK YOU FOR DOWNLOADING THIS PRODUCT!

Please don't forget to leave feedback and rating.

Created by Michelle Hinkle Ostrow M.S., CCC-SLP

Copyright, 2020 Speech Rocks

All rights reserved by author.

IMPORTANT! FOR INDIVIDUAL USE ONLY

By downloading this packet you have purchased the right to use it for your own personal use. You may print it as often as you wish for your students/classroom only. You may not copy, resell, or share downloads. If another teacher would like a copy please direct them to my store for their free copy :<http://www.teacherspayteachers.com/Store/Speech-Rocks>

Graphics from (THANK YOU!):

<http://www.mycutegraphics.com>

<https://openclipart.org/>

Public domain images

FONTS:

[https://www.teacherspayteachers.com/Store/Amanda-ByrneP;\[\]s](https://www.teacherspayteachers.com/Store/Amanda-ByrneP;[]s)



REMEMBER TO
WASH YOUR HANDS!

Follow "SPEECH ROCKS" for
more Rockin' Speech Materials.
<https://www.teacherspayteachers.com/Store/Speech-Rocks>

