Southland Academy Women's Swimming School Records

	50 Yard Freestyle	
2000	Alison Lafevers	24.41
100 Yard Freestyle		
2002	Alison Lafevers	53.57
	200 Yard Freestyle	
1989	Stacey Potter	01:57.37
	500 Yard Freestyle	
2013	Allie Murphy	05:58.99
100 Yard Backstroke		
1996	Lori Elder	01:02.7
	100 Yard Breaststroke	
2015	Allie Murphy	01:11.20
	100 Yard Butterfly	
1989	Stacey Potter	57.99
	200 Yard Free Relay	
2000	Heather Burgess, Alison Lafevers	01:47.65
	Lori Elder, Lindy Williams	
	200 Yard Medley Relay	
2002	Heather Burgess, Alison Lafevers	02:07.42
	Jennifer Driggers, Summer Murry	
200 Yard IM		
2014	Allie Murphy	02:23.85

State Championships

1989, 1990, 1991, 1992, 1993, 1994, 1995