

EXHIBIT A TO DALE COUNTY BOE
POLICY 5.28

COMMON FORMS OF BULLYING/HARASSMENT

[This listing is not meant to be exhaustive and the Principal or Principal's Designee shall determine whether complained of conduct qualifies as bullying pursuant to Policy 5.28]

Verbal Bullying

Teasing
Name-calling
Inappropriate sexual comments
Taunting
Threatening to cause harm
Other pervasive, ongoing pattern intended to intimidate, harass or shame a student

Social Bullying

Exclusion – intentionally excluding a student
Telling other students not to be friends with someone
Spreading rumors about someone
Embarrassing someone in public
Other pervasive, ongoing pattern intended to intimidate, harass or shame a student

Physical Bullying – the victim's personal boundaries are violated

Hitting/kicking/pinching
Spitting
Tripping/pushing
Taking or breaking someone's things
Making mean or rude hand gestures
Other pervasive, ongoing pattern intended to intimidate, harass or shame a student

Cyberbullying

Intimidating text messages or e-mails
Rumors by email or social networking sites
Embarrassing pictures and videos
Trolling
Other pervasive, ongoing pattern intended to intimidate, harass or shame a student
Helpful resources: "Best Practices in Bullying Prevention," found at
<http://stopbullyingnow.hrsa.gov>.