COMMON FORMS OF BULLYING/HARASSMENT

[This listing is not meant to be exhaustive and the Principal or Principal’s Designee shall determine whether complained of conduct qualifies as bullying pursuant to Policy 5.28]

**Verbal Bullying**
- Teasing
- Name-calling
- Inappropriate sexual comments
- Taunting
- Threatening to cause harm
- Other pervasive, ongoing pattern intended to intimidate, harass or shame a student

**Social Bullying**
- Exclusion – intentionally excluding a student
- Telling other students not to be friends with someone
- Spreading rumors about someone
- Embarrassing someone in public
- Other pervasive, ongoing pattern intended to intimidate, harass or shame a student

**Physical Bullying** – the victim’s personal boundaries are violated
- Hitting/kicking/pinching
- Spitting
- Tripping/pushing
- Taking or breaking someone’s things
- Making mean or rude hand gestures
- Other pervasive, ongoing pattern intended to intimidate, harass or shame a student

**Cyberbullying**
- Intimidating text messages or e-mails
- Rumors by email or social networking sites
- Embarrassing pictures and videos
- Trolling
- Other pervasive, ongoing pattern intended to intimidate, harass or shame a student