## **Student Travel and Vacations**

The New Brighton Area School District recognizes that families may have situations during the school year that lead to travel outside of the immediate area. The PA DOH and CDC have provided information to help us gauge the safety of travel during the Covid-19 pandemic. If you are planning to travel to a location deemed to be high-risk during Covid-19, please know that your child may need to complete a 14 day guarantine post travel if certain exclusion criteria are met.

## Post-Travel Questions and Corresponding Actions

If a student is planning to travel or has traveled to a <u>high-risk area as defined by the department of health</u>, a parent should consider the following five (5) questions upon your child's return home.

- 1. Did your child practice essential health and safety protocols while traveling?

  Specifically, did your child wear a mask in public places, practice social distancing, and frequently wash hands and sanitize while avoiding touching his/her face?
- 2. While in the hot spot, did your child avoid large groups (>25)?

  If your child was around larger groups, did he/she practice essential health and safety protocols, including wearing a mask, frequent hand washing/sanitizing, and social distancing?
- 3. Is your child free of COVID19-like symptoms?

  This includes cough, fever, shortness of breath, sore throat, body aches, or new loss of taste or smell.
- 4. While traveling, did your child avoid exposure or contact with anyone who exhibited COVID19-like symptoms or who is positive or suspected positive for COVID19?

  Exposure is defined as being within 6-feet of someone for 15-minutes or more without protective equipment (no mask).
- 5. Did you avoid ALL "high risk" activities, as defined by the CDC?

High risk activities are those activities that may increase your risk of exposure to the virus. Participation in high risk activities and the increase of exposure is often a reason to quarantine upon return in order to monitor your health.

High-Risk Travel Includes:

- Travel to states with high COVID-19 cases and high positivity rates
- Using airplanes, buses or trains
- Visiting crowded places where maintaining 6 feet of distance is difficult, including day trips
- Staying at hotels, motels or resorts or with non-household members
- Frequenting restaurants or shops
- Travel that involves large in-person meetings or social gatherings

If your answer to any of the above questions is "no," then you should plan to self-quarantine your child(ren) for 14 days upon your return home. Please notify your child's Principal or Nurse immediately if you answered "no" to any of the above questions. If you have additional questions please contact your child(ren)'s Nurse or your family physician.

If your answer to all of the above questions is "yes," then your child may return to school. Please continue to monitor your child for symptoms of COVID19 using the New Brighton <u>daily screener</u>.