



SAU #68
Lin-Wood Public School
LINCOLN-WOODSTOCK COOPERATIVE SCHOOL DISTRICT
72 Linwood Drive
Lincoln NH 03251
Telephone (603) 745-2214



December 11, 2020

Lumberjack Families,

The NH - DHHS has put forth a new set of guidelines for quarantine. We have included in this letter a copy of the update as well as posted to our COVID tab on the Lin-wood.org website.

Notable takeaways:

- NH-DHHS (DPHS) has decreased the required quarantine period for people potentially exposed to COVID-19 from 14 to 10 Days. Travelers outside of New England must stay home and away from public locations for 10 days starting from the last day of travel outside of New England.
- You must still monitor yourself after ending the 10-day quarantine for COVID-19 symptoms and strictly adhere to all recommendations to all non-pharmaceutical interventions for the full 14 days after last potential exposure or high-risk travel.
- NH DHHS does not recommend routinely adopting the “test out option in the new CDC guidance. This “opt-out” option suggests a person could end quarantine after 7 days if the person tests negative for active SARS-CoV-2 infections within the 48 hours before ending quarantine. Currently testing resources are not sufficiently available to adopt this approach, and risk of transmission increased.
- If a person develops symptoms of COVID-19, they should immediately isolate and seek out testing for COVID-19, even if that person has previously or recently tested negative.

New Hampshire is experiencing a sharp increase in COVID-19 cases and it's imperative that we continue social distancing and wear face coverings. Our schools will continue those safety protocols established at the beginning of the school year to ensure the wellbeing of our community.

As always, we encourage parents to keep students from school when they are not feeling well. The Administration will work with families as best we can to support home learning. If your child is home, contact the nurse's office and speak with [Lynn Murray](#). She will be able to help you find a testing site and is keeping track of when your child(ren) will be able to return to school.

The school continues to urge parents to make a long-term commitment when deciding to remote learn. We have recently hired a remote learning facilitator / instructor to assist with students and families. Though his services will be focused on families who commit to long term distance learning.

More and more information is being provided by the CDC and NH-DHHS on a regular basis. If you have questions go to <https://www.nh.gov/covid19/> for the latest information.

Thank you for supporting Lin-Wood during these times as always, we wish you the best and please be patient with the school as we navigate these ever-changing circumstances.

Go Lumberjacks,

Mark Pribbernow
Principal

Virginia Everett
Assistant Principal / Director of Elementary Education

“A Community of Learners”