



January 2019 - Lunch Menu

Monday	Tuesday	Wednesday	Thursday
	1. New Year's Day School System Closed	2. Teacher Work Day 	3. Professional Training Day
All meals are served with Low Fat or Fat Free Milk All meals are served with condiments needed.			
7. Quesadilla w/Cheese Sauce Burrito w/Cheese sauce Stir Fry Onions & Peppers Chili Beans, Buttered Corn Peach Slices Milk Choice	8. Cheeseburger or Hamburger Hotdog w/Chili Sauce Dorito Chips, Baked Beans Broccoli & Tomatoes w/Ranch Dip Pineapple Chunks Milk Choice	9. Chicken Nuggets w/Dippin Sauce Salisbury Steak w/Brown Gravy Creamed Potatoes Buttered Green Peas, Baked Roll Blueberry Crisp, Juice Box Milk Choice	10. Taco Soup w/Cheese & Tortilla Chips Grilled Chicken Sandwich & Seasoned Fries Dill Spear Tomato Slices Mandarin Oranges Milk Choice
14. Beef Nuggets w/Dippin Sauce Fish Nuggets w/Tarter Sauce Corn Nuggets Baked Apples, Baked Roll Pineapple Chunks Milk Choice	15. Bar-B-Que Sandwich Pizzaburger on Bun Seasoned Fries Creamy Coleslaw Fresh Orange Slices, Mini Fudgy Bar Milk Choice	16. Chicken Stew w/Crackers Lasagna Roll Cheese Toast, Roasted Broccoli Tomatoes w/Ranch Dip Pear Slices Milk Choice	17. Beef Taco w/Cheese & Chips Hamburger Buttered Corn, Chili Beans Yellow Cake w/Chocolate Icing Peach Slices Milk Choice
	22. Fish Sandwich Corndog Onion Rings, Creamy Coleslaw Choc. Chip Cookie Fresh Apple Slices Milk Choice	23. Spicy Chicken w/White Sauce Asian Chicken w/Stir Fry Veggies Creamed Potatoes Broccoli w/Cheese Sauce Biscuit, Fruit Cup Milk Choice	24. Stuffed Crust Pizza Quesadilla w/Cheese Sauce Corn Nuggets Buttered Peas & Carrots Jello Cup, Pineapple Chunks Milk Choice
28. Pizza Hot Pocket Loaded BBQ Potato Stack w/Roll Broccoli w/Cheese Sauce Buttered Corn Mandarin Oranges Milk Choice	29. Cheeseburger Deli Ham & Cheese Sandwich Dorito Chips, Tomato Slices Baby Carrots & Dill Spear w/Dip Applesauce Milk Choice	30. Spaghetti w/Meat Sauce Country Fried Steak w/Brown Gravy Marzetti Garlic Toast, Buttered Carrots Seasoned Green Beans Blueberry Cobbler, Juice Box Milk Choice	31. Chili w/Cheese, Corn Chips & Crackers Deli Turkey & Cheese Sandwich Broccoli & Carrots w/Ranch Dip Tater Tots, Pudding Parfait Fresh Red Apple Slices Milk Choice

USDA is an equal opportunity provider and employer

Meals are subject to change

Choose only one entrée ea

Friday

4. Pizza Choice

Seasoned Fries

Dill Spear, Corn on Cob

Mandarin Oranges

Milk Choice

11. Pizza Bar

Baked Potato Bar w/Cheese Toast

Buttered Corn

Cucumber Slices & Baby Carrots w/Dip

Applesauce, Mini Fudgy Bar

Milk Choice

18. Chicken Tenders w/Dippin Sauce

Baked Potato Bar

Buttered Rotini Noodles, Blackeye Peas

Mini Rice Krispie

Applesauce, Baked Roll

Milk Choice



25. Crispitoes w/Cheese Sauce

Baked Potato Bar w/ Cheese Toast

Pinto Beans, Stir Fry Onions & Peppers

Mexican Corn, Salsa

Pear Slices

Milk Choice



each day for regular plate price