

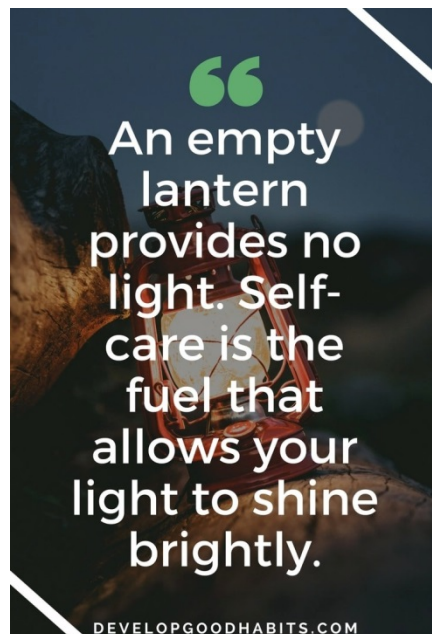
A message from The Parent Center Liaison
The Parent Corner

There could not be a better set of parents than the parents and guardians of the Leland School District. Congratulations to you, you have made it over half way the course from March to December 2020. It is time for a much needed break. It is time for a little SEL. "What's that you say?" that is a little bit of "Self-Care" of Social and Emotional Learning, but I call it Social and Emotional Love for yourself, just taking the time to pamper you.

Start by taking a deep breath about 5 times with your eyes closed. Then sit back and meditate on the things you have always wanted to do for yourself but did not get the opportunity to do so because of COVID-19. This is your time NOW. After you have taken care of you, don't forget about the kids and rest of the family, they need SEL as well. Think about the fun you can have relaxing, playing games, watching a good movie, reading together, sing-along nights, No fuss crafts or scavenger hunts. All you have to do is relax and enjoy the moment. So make sure you get your time in, but don't get to comfortable, it's not over yet!!! January 2021 is just around the corner and it starts all over again.

Should you have any questions, please do not hesitate to contact me at everlysmith@lelandk12.org.

This has been an SEL moment on Self-Care for you, the kids and family. See you soon. In the meantime...*Have a Merry Christmas and a Happy New Year.*



*Federal Updates for Parents and Community of Leland School
District*

1. Homeless Information pamphlets have been placed around in the community at various locations
 - Leland Stop-N-Shop
 - Leland A&A Drug Store
 - Leland Post Office
 - Leland South Delta Housing

2. Plan to be a part of the REVIEWING of the 2021-2022
 - Title I Schoolwide Plan with each school
 - Parental Engagement Plan
 - Parent-Student Compact
 - Needs Assessment Surveys

Your input and suggestions are much needed. See you soon for these Virtual Meetings.