

For Immediate Release

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We were informed yesterday afternoon of a confirmed case of COVID-19 at Colebrook Academy and Elementary School. Following consultation with the New Hampshire Department of Health and Human Services (DHHS), the school has been closed for a two week quarantine period.

Contact tracing is underway. Anyone who has been identified as having had close contact (within 6 feet for longer than 10 minutes) with the infected person will be instructed to self-quarantine. They will be directed to get tested and keep themselves or their children quarantined until 14 days following their last possible exposure. A guide for self-quarantine can be found [here](#).

We have notified our parents that if they or their children are experiencing symptoms of COVID-19, such as a fever, chills, respiratory illness, aches or change in taste and smell, to stay home and away from others and get a COVID-19 PCR test from their healthcare provider or at one of the [testing sites](#) located throughout the state.

The safety of our children and staff is our top priority. To ensure their health and safety, we have been following [CDC guidelines for cleaning and disinfecting](#) for our high-traffic areas and frequently touched surfaces. In addition, to prevent further spread of the disease in our community, please remember to:

- + Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

- + Avoid close contact with others. When outside your home, keep a distance of at least 6 feet between yourself and others. This is known as social distancing.

- + Wear a cloth face covering that covers your mouth and nose to protect others when in public areas.
- + Cover your mouth and nose with a tissue when you cough or sneeze, then throw the tissue in the trash and wash your hands.
- + Avoid touching your eyes, nose, or mouth with unwashed hands.
- + Stay home if you have a fever or are not feeling well.

Children may worry about themselves, their family and friends getting sick with COVID-19. Tips for talking to children about COVID-19 can be found [here](#).

More information about remote learning will be provided to students and families by Principal Wheelock and teachers.

To learn more about COVID-19, please check these trusted resources:

- New Hampshire Department of Health and Human Services:
<https://www.nh.gov/covid19/index.htm>

- United States Centers for Disease Control and Prevention:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

If you have any questions, please call the SAU7 office at (603) 237-5571.