

Lake Havasu High School



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**For more information,
visit these Facebook pages:**

- *LHHS Knights in Action**
- *LHHS Career Center**
- *LHHS Counseling Program**

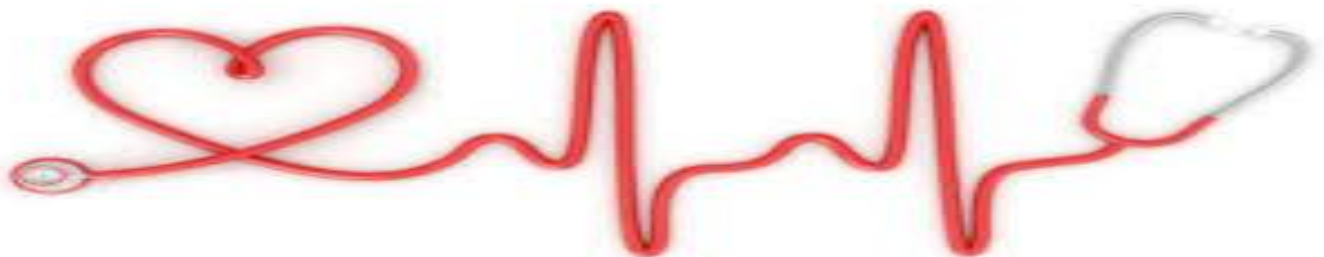
Nurse's Corner

As we move into Flu Season and activities are moving indoors, we need your help to keep everyone safe.

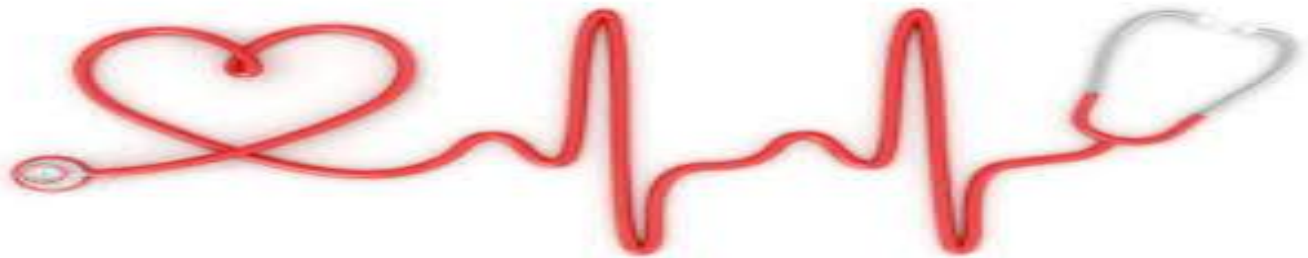
**** COVID-19 cases are increasing in our community. ****

Please consider the following when attending family or community events:

- ☐ Stay home when appropriate - fever, cough, been exposed to COVID-19, or are awaiting COVID-19 test results.
- ☐ Wear a mask and social distance at school or community events
 - ☐ Practice frequent hand hygiene
- ☐ FIRST LAYER OF DEFENSE IS STAYING HOME WHEN APPROPRIATE!
- ☐ IT TAKES MULTIPLE LAYERS TO PROTECT AGAINST COVID-19.



Nurse's Corner

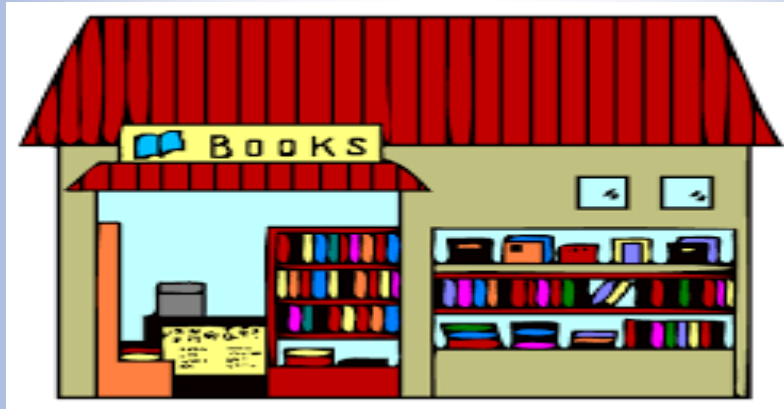




From the Library/Media Center:

The facility is open before school @ 7:40am to 3:30pm each day and closes from 10:55-11:35am for lunch. Students are allowed to checkout up to two books with a valid ID. Computers and printers are available to all students working on school assignments for free. The library is a quiet and stress-free setting open to all students wanting a place to study or just to get away an chill. Come visit Mrs. Cross.





Book Store

Come on by the Book Store and purchase your school uniforms

We have:
Shirts Short Sleeve \$5.00
Long Sleeves \$ 6.00
Polo shirts \$ 6.00

If you haven't already paid for you class fee, stop by the bookstore



Counselor's Corner

We are please to announce that Mrs. Alyssa Horton will be joining our office starting January 4, 2021. With this addition, our new alpha (by student last name on LHHS Campus)

A-Del	Mrs. Katie Robertson (was Stengel)	krobertson@lhusd.org	928-854-5326	calendly.com/ katierobertson
De m-K	Mrs. Alyssa Horton	ahorton@lhusd.org	928-854-5329	www.calendly.com/ alyssahorton
L-Ril	Ms. Deanna Ainsworth	dainsworth@lhusd.org	928-854-5341	www.calendly.com/ deannaainsworth
Ri m-Z	Ms. Sarah Skemp	sskemp@lhusd.org	928-854-5339	www.calendly.com/ sskemp
Schools PL P	Mrs. Tracy Pressley	trpressley@lhusd.org	928-505-6002	www.calendly.com/ tpressley

Students should continue to check Class of ... Google Classroom throughout the semester for important updates and information.

Parents: ask your student to see what is posted

Class of 2021	idhswy2
Class of 2022	5mogwyf
Class of 2023	we4wbj2
Class of 2024	y76yyli

Counselor's Corner

SCHOOLS PLP (Online Academy)

Students may transfer to Schools PLP anytime within the semester. Electives may not align with LHHS courses. If you are interesting in learning more about the Online Academy, click on this link:

<https://www.lhusd.org/onlineacademysupport>

CLASS OF 2021

Graduation will be here before you know it. You will need to order your cap/gown/tassel through Jostens:

Link: <https://www.jostens.com/apps/store/customer/1001489/Lake-Havasus-High-School/> or call 800-JOSTENS (567-8367)

Please contact your senior's counselor as soon as possible if you need assistance with this.

KNIGHT TIME

Due to our hybrid schedule and the uncertainty of the second semester, LHHS will NOT offer Knight Time this year. Knight Time was developed to provide a more personalized school environment that will ensure students are college and career ready and ultimately increase student achievement. Students are assigned based on grade level and last name. Students will remain with their same KT class throughout their years of high school. It was listed on schedules as period 9. **For the Class of 2021, we will distribute their Knight Time folder toward the end of second semester.**

UPCOMING EVENTS

Due to the hybrid schedule for the first semester, we revised our calendar for many activities and are still planning for semester two. Events listed below are subject to change.

PSAT results: students were able to access scores as of December 7, 2020. College Board will email if a student provided an email address. The Counseling Office received results in December if you need any assistance with the report.

ASVAB: scheduled for Thursday, February 11, 2021. 7:45 check in with 8:00 test time. Ends @ 11:30. Pending on the situation, limited seating opportunities. More information will be available closer to the date.

ACT for all Juniors: March 2, 2021

Counselor's Corner

COURSE PRE-REGISTRATION 2021-2022

In February and March, students will meet with their counselors to select classes for the 2021-2022 school year. The updated Course Description Guide (CDG) will be available online and in hard copy by mid February. Students may review hard copies of the CDG in the Counseling Office, Career Center, or Library. It is important that students review course descriptions, pre-requisite information, and make careful decisions about their classes. During pre-registration, students will be given copies of their graduation status reports. Please ask your student about this important information regarding their credits and course selections based on their four-year plan.

Also, review the courses your student has chosen and discuss if the courses are a best "fit." Please discuss any concerns about classes with your student's counselor. Please call 928-854-5327 to schedule an appointment (or use the calendly link for each counselor).

1ST SEMESTER REPORT CARDS

Report cards will be issued to students in 3rd hour classes on Monday, January 4, 2021. If fees are still pending for 1st semester, your child will be issued a fee notice instead of a report card. Fees can be paid at the Bookstore or online. Once fees are paid, a report card can be collected from the Counseling Office. Payment for 2nd semester fee-based classes must be made **after** you return from break and recommended before January 22, 2021. Second semester fees **cannot** be paid prior to January 4, 2021.



Dress to impress?

Let's talk Dress Code

Dress code violations will be given to any student who does not follow the dress code policy

LHHS has a dress code put in place by the Governing Board. Students are expected to wear the approved clothing when they enter the campus each morning and until 4:00 p.m.

Bottoms must be fingertip length. From waist to fingertip, clothing must be opaque with no holes, rips, tears or frays.

Standardized **outerwear** jackets are the only approved outerwear allowed on campus

The standardized LHHS logo **MUST** be visible **AT ALL TIMES** on any shirt or outerwear.

The standardized **shirt** must be long enough to cover the midriff, navel, stomach and underwear when worn with low-rise pants or shirts

Caps, hats, or **head coverings**, including but not limited to bandanas and hairnets, are not permitted on campus between 6:30 a.m. and 4:00 p.m.

Athletic Corner

The Fall Season has ended. Our football, girls golf, swim and cross country teams all went onto post season/state play. Congratulations! Thank you to all of our athletes, parents, coaches and staff for your patience and understanding during this uncharted territory or rules and changes for our seasons. We are so glad to see our athletes out on the fields practicing and competing.

As we roll into Winter Season we will again have rules and guidelines in place to ensure athlete safety. We look forward to your continued support that allows us to have a winter season. Please see below for the AIA Guidelines to Winter Sports. If you have any questions or need clarification please contact the Athletic Department.

AIA SCHOOL GUIDELINES TO START 2020 WINTER SPORTS

Season of competition begins January 5, 2021

Regular season concludes February 19, 2021

All sports modifications are required

No scrimmages, invitational tournaments or region tournaments

No out of state competitions

Must have a minimum 14 days of practice before any competition

Athletic Corner

If a student/coach participates in any outside group, in any sport, they are excluded from practice/competition with the high school team for 14 days from the last contact with that group

No fans permitted per the AIA

Testing is recommended if possible in your county

Conference leadership will determine the minimum number of contests required to qualify for the state tournament

Please see below for the revised dates for spring tryouts and paperwork due dates.

2020-2021 Athletic Tryout Schedule Paperwork due dates

<u>2020-2021</u>	<u>Athletic Tryout Schedule</u>	<u>Paperwork due dates</u>
Baseball-REVISED	February 15, 2021	February 5, 2021
Softball-REVISED	February 15, 2021	February 5, 2021
Tennis-REVISED	February 15, 2021	February 5, 2021
Track-REVISED	February 15, 2021	February 5, 2021

Athletic Corner

Sports Informed Consent Meetings for 20-21

Spring Season January 25, 2021 -7:00pm in the PAC-**CANCELLED**

The Informed Consent Meeting is held in order to cover information and have a dialogue about the upcoming year. You will be able to find the 20-21 Athletic Packet by going to the high school webpage and clicking on the Athletic tab. Once there you will click on the 20-21 Athletic Packet for all the necessary paperwork for tryouts. Please make sure you fill out 20-21 paperwork some browsers can pick up paperwork from previous years. For completed paperwork due dates see the tryout schedule above.

The following 20-21 completed paperwork is mandatory for all athletes to be able to tryout or compete in sports.

The following 20-21 completed paperwork is mandatory for all athletes to be able to tryout or compete in sports.

A completed 20-21 AIA sports physical (4 pages, must be done after March 1, 2020)

Two emergency cards (parent and student signatures)

Handbook form, Inf. Consent & Enrollment Verification (parent and student signature)

AIA Concussion form (parent and student signature)

AIA Consent to Treat Form (parent signature)

AIA Position statement (parent and student signature)

Proof of Health Insurance (student insurance is available if needed)

Booster Club Form

Copy of a birth certificate if you are a Freshmen or new student.

Brainbook Concussion Class Certificate (aiaonline.org website) if you are a Freshmen or new athlete.

Athletic Trip Consent Form A (required for each sport) 20/21 School Year Only Parent Waiver Form (for 19/20 physical usage)

Athletic Corner

Physicals Offered at Nextcare Urgent Care

Nextcare Urgent Care offers physicals for athletes for a fee of \$25.00 per athlete. Remember it is a walk in clinic; you do not need an appointment. If you have any question their phone number is 453-4600.

End of the Year Awards

The End of the Year Awards will be held in the Main Gym on Tuesday, May 11th at 6pm. Please come celebrate our athletes and all of their accomplishments.

HAWAII



CLOSE UP!!!

Feb. 2022



History, Foreign Policy and Diplomacy,
Surfing, Swimming, Snorkeling, Hiking,
Pearl Harbor, Poke Bowls, Luau, and more

For more information, see
Mr. Zemojtel
in Room J205.



Social-Emotional Learning for Teens

COMING IN JANUARY

Ages: 13 - 18

INTERN COUNSELOR : Alyssa Horton

Practicing Intern under the supervision of
Paula Lupo MA LPC , Licensed Professional Counselor

Improve your emotions and relationships

learn to cope with life in healthy ways



Groups capped at 10
so register asap!

Tuesdays 3:30-4:30 GIRLS ~ starts January 19th ends March 9th

Wednesdays 3:30-4:30 GUYS ~ starts January 20th ends March 10th

8 sessions for building your mental health toolbelt

Cost per course: \$120

Cash or Check only ~ must pay in full on or before 1st session.

For questions or to sign up please contact:

Alyssa Horton

928-733-5133

ahorton@learntothrivelife.com

learntothrivelife.com

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Live Your
Best Life.

