





Meyer Elementary Breakfast

September
2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8 Turkey Breakfast Biscuit Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	9 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	10 Cinnamon Roll Choice of Cereal Graham Crackers Vegetable Selection Orange Juice 1% Milk	11 Breakfast Banana Split Yogurt Parfait Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk
14 Brekkie Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	15 Biscuit Bites & Gravy Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	16 Mini Donut Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	17 Cheesy Ham Melt Choice of Cereal Graham Crackers Vegetable Selection Orange Juice 1% Milk	18 Mini Eggo Waffles Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk
21 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	22 Banana Chocolate Loaf Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	23 Very Berry Yogurt Pizza Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	24 Mini-Cinnis Choice of Cereal Graham Crackers Vegetable Selection Orange Juice 1% Milk	25 Breakfast Burrito Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk
28 Mini Pancakes Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	29 Turkey Breakfast Biscuit Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	30 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	  <p>Choose MyPlate.gov</p>	

INFORMATION

K through 12 students Free
Adults \$2.40

EXTRA INFO

Milk choices available at breakfast

Questions contact
Chef Scott
830-426-7666 Ext. 7600
sgrimmitt@hondoisd.net

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHer Food4Life®



www.taHer.com