3

Zaner-Bloser Handwriting

Practice Masters

Illustrations by Josh Hara

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Zaner-Bloser, Inc., P.O. Box 16764,
Columbus, Ohio 43216-6764

1-800-421-3018

Printed in the United States of America

10 11 12 13 14 13880 5 4 3 2 1

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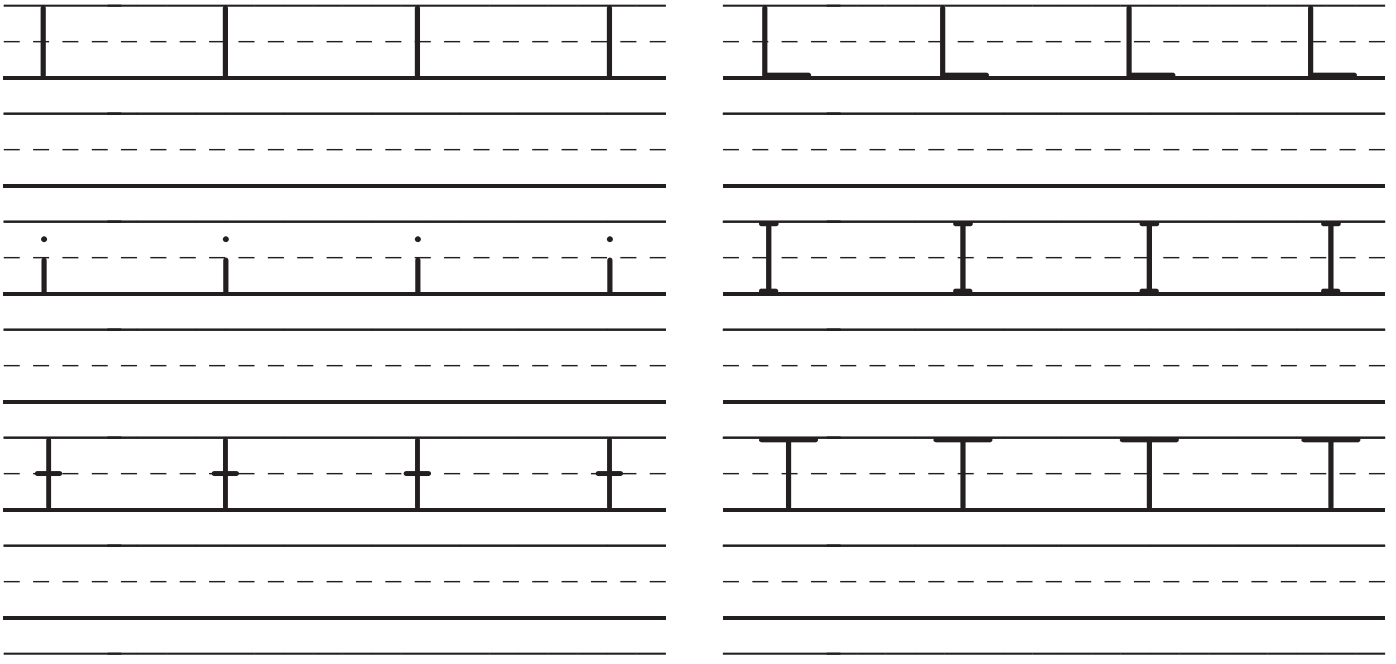
Manuscript Review

Write the letters.



Write the words.

label lullaby icicle

inside twist tablet

Leslie Lancelot Iris

Iberia Tahiti Trevor

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Manuscript Review

Write the letters.

o o o o

O O O O

a a a a

A A A A

d d d d

D D D D

Write the words.

wool odd aloha

agenda demand dazed

Oslo Oscar Andrea

Asia Dirk Denise

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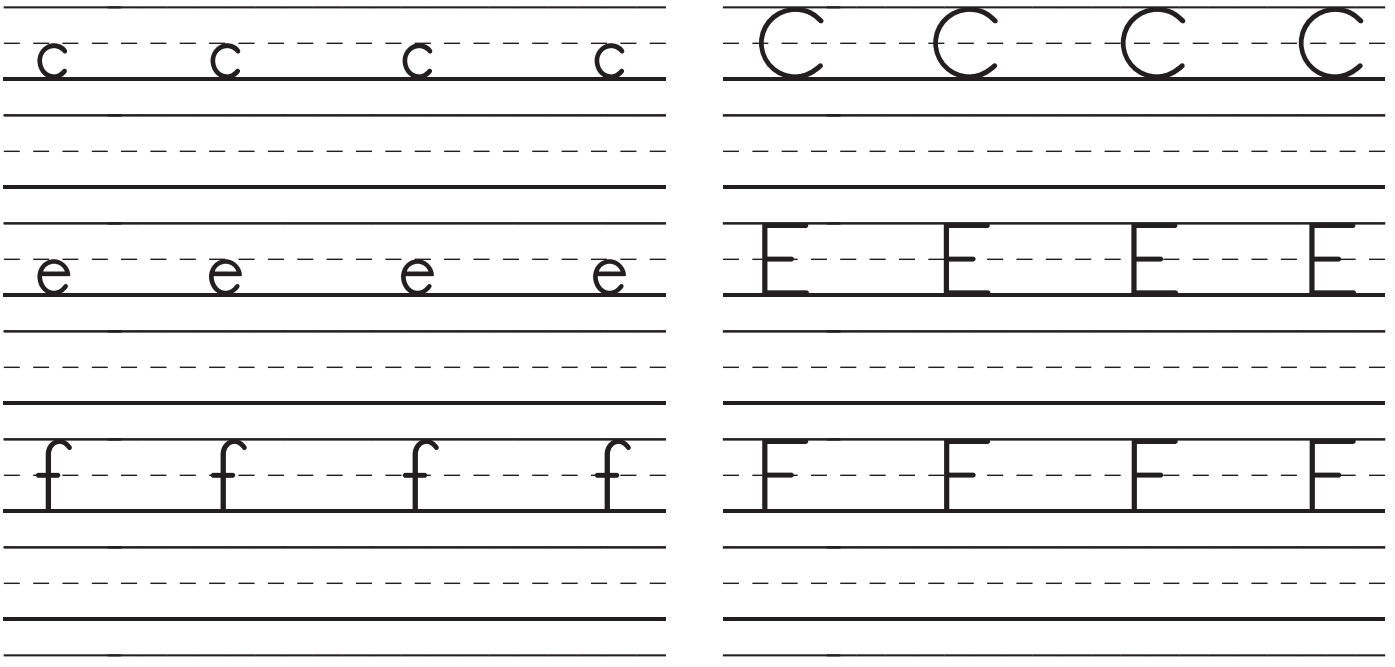
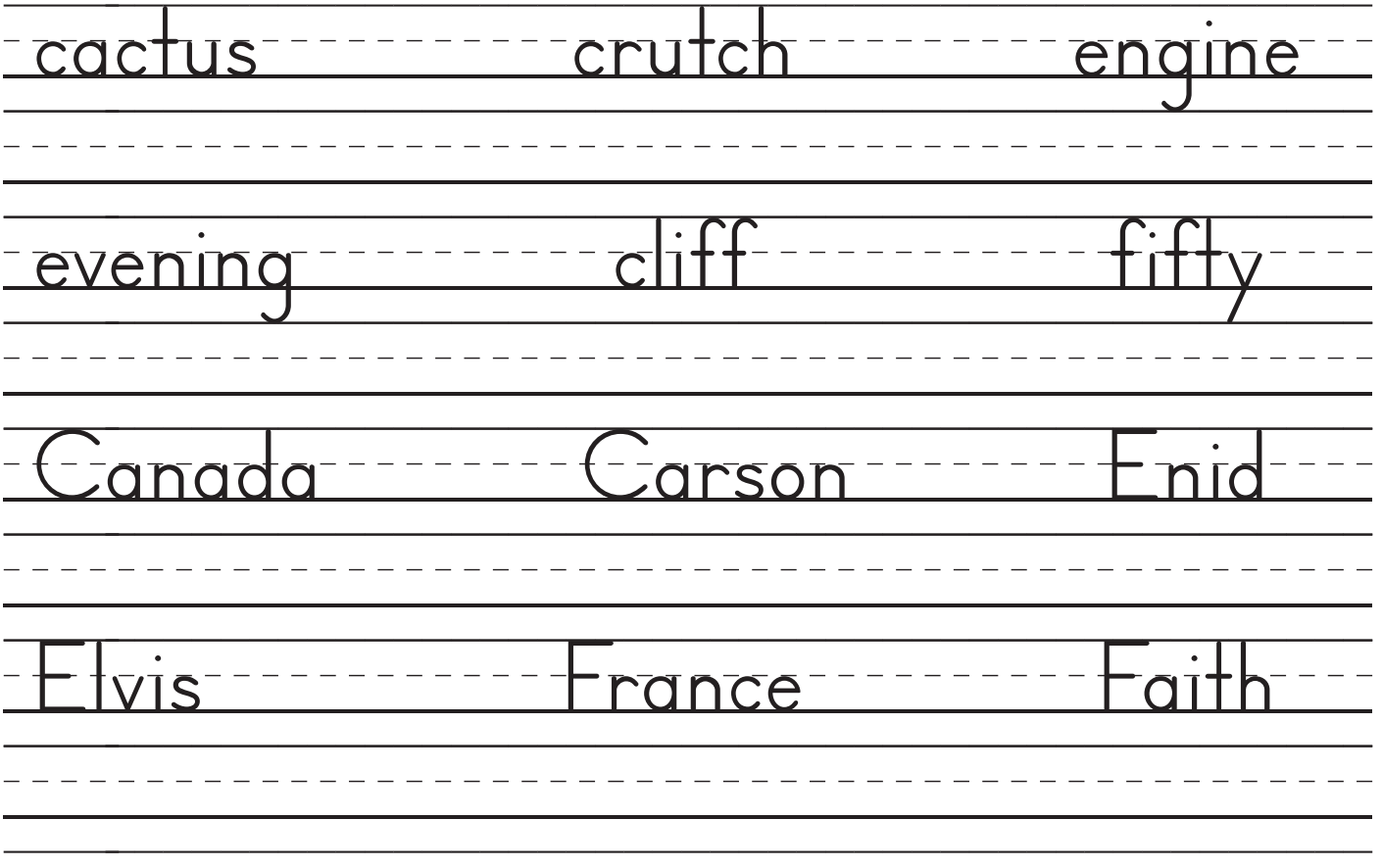
Manuscript Review

Write the letters.



Write the words.



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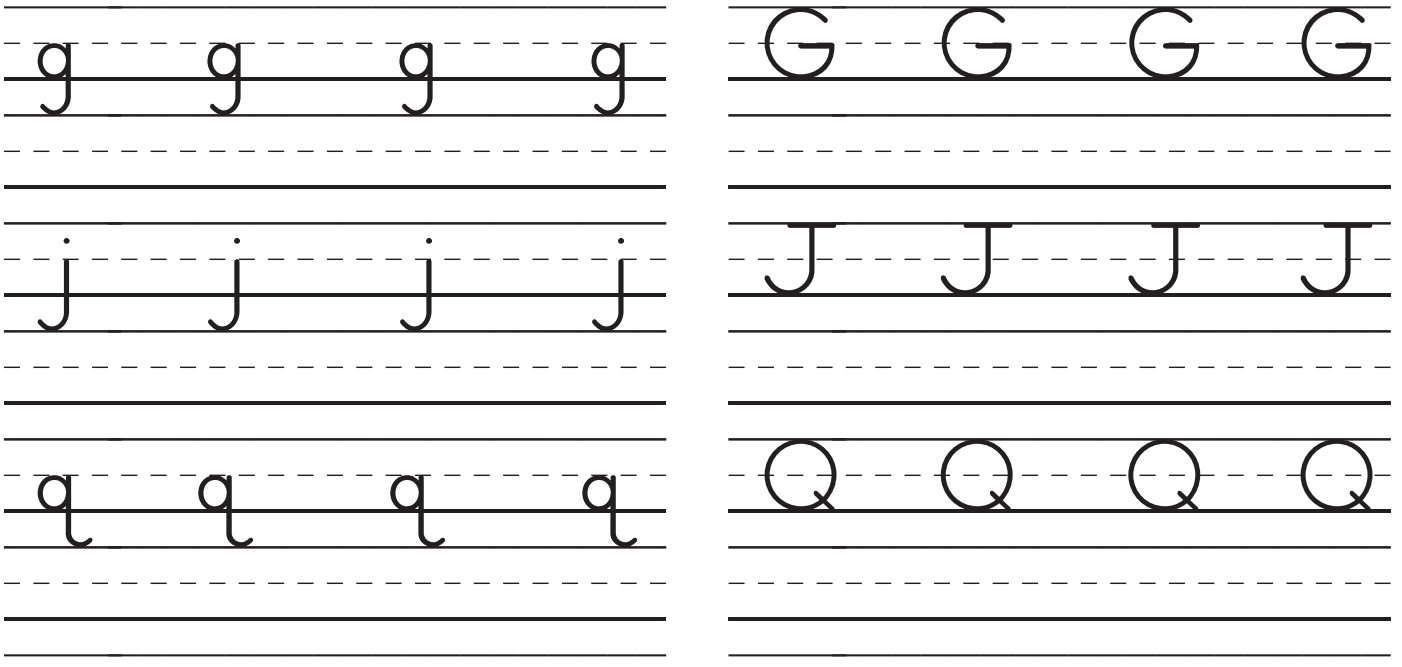
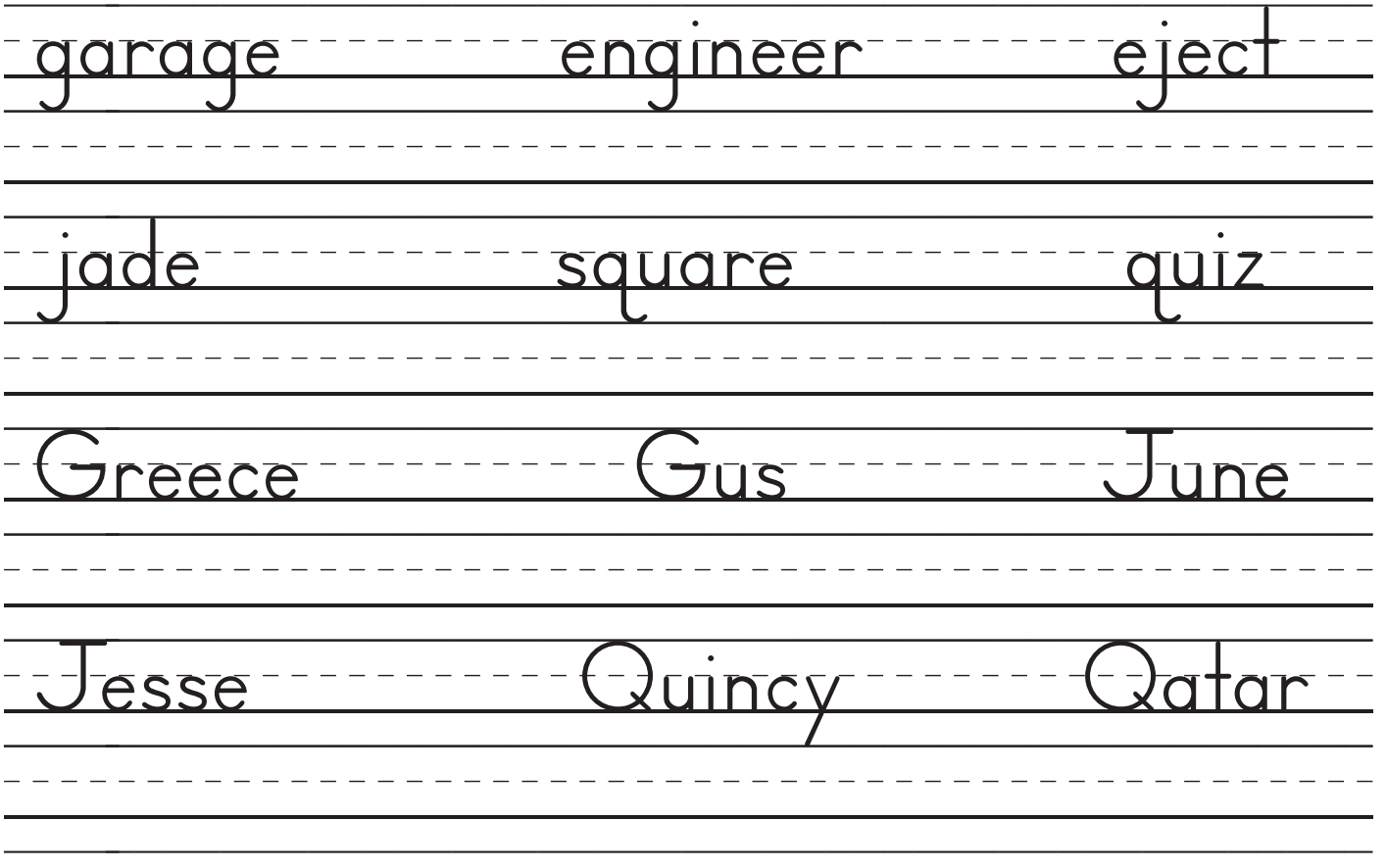
Manuscript Review

Write the letters.



Write the words.



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Manuscript Review

Write the letters.

u u u u

U U U U

s s s s

S S S S

b b b b

B B B B

p p p p

P P P P

Write the words.

umbrella sunset bubble

pulp Ulster Solon

Savannah Bernice Peru

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Manuscript Review

Write the letters.

r r r r

R R R R

n n n n

N N N N

m m m m

M M M M

h h h h

H H H H

Write the words.

murmur nation memory

hatch Ross Netherlands

Mexico Mike Holly

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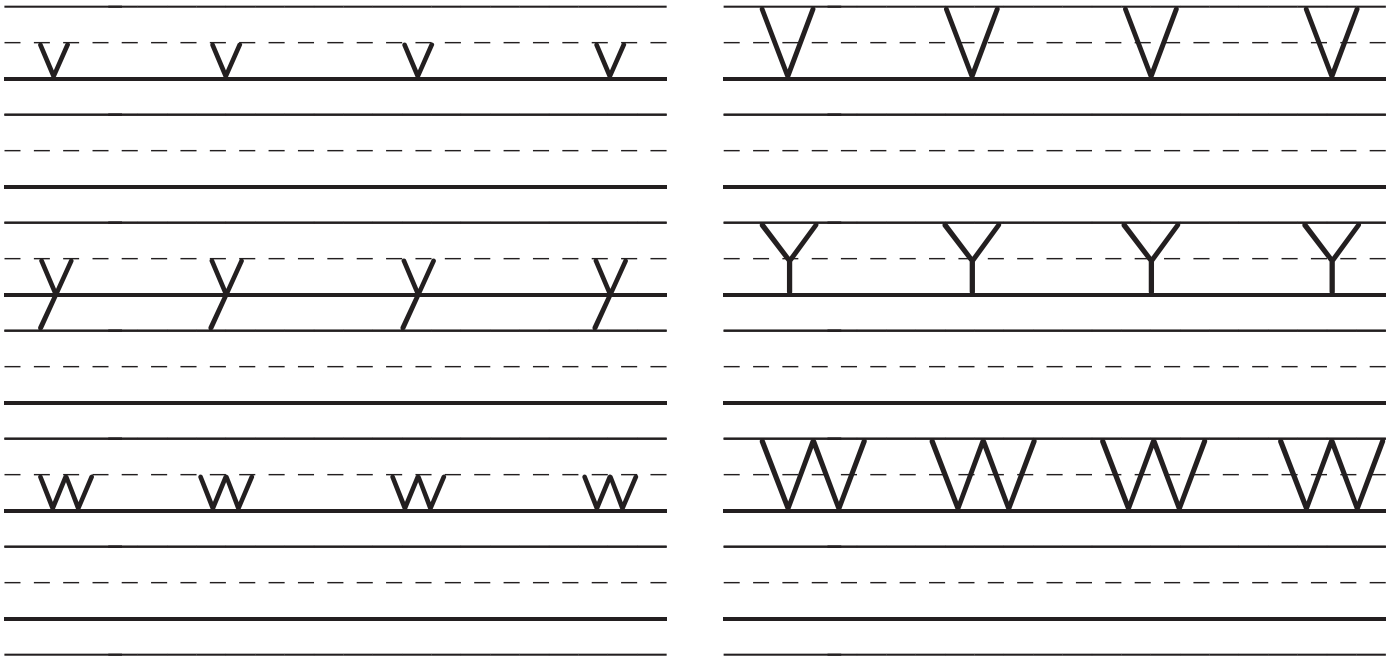
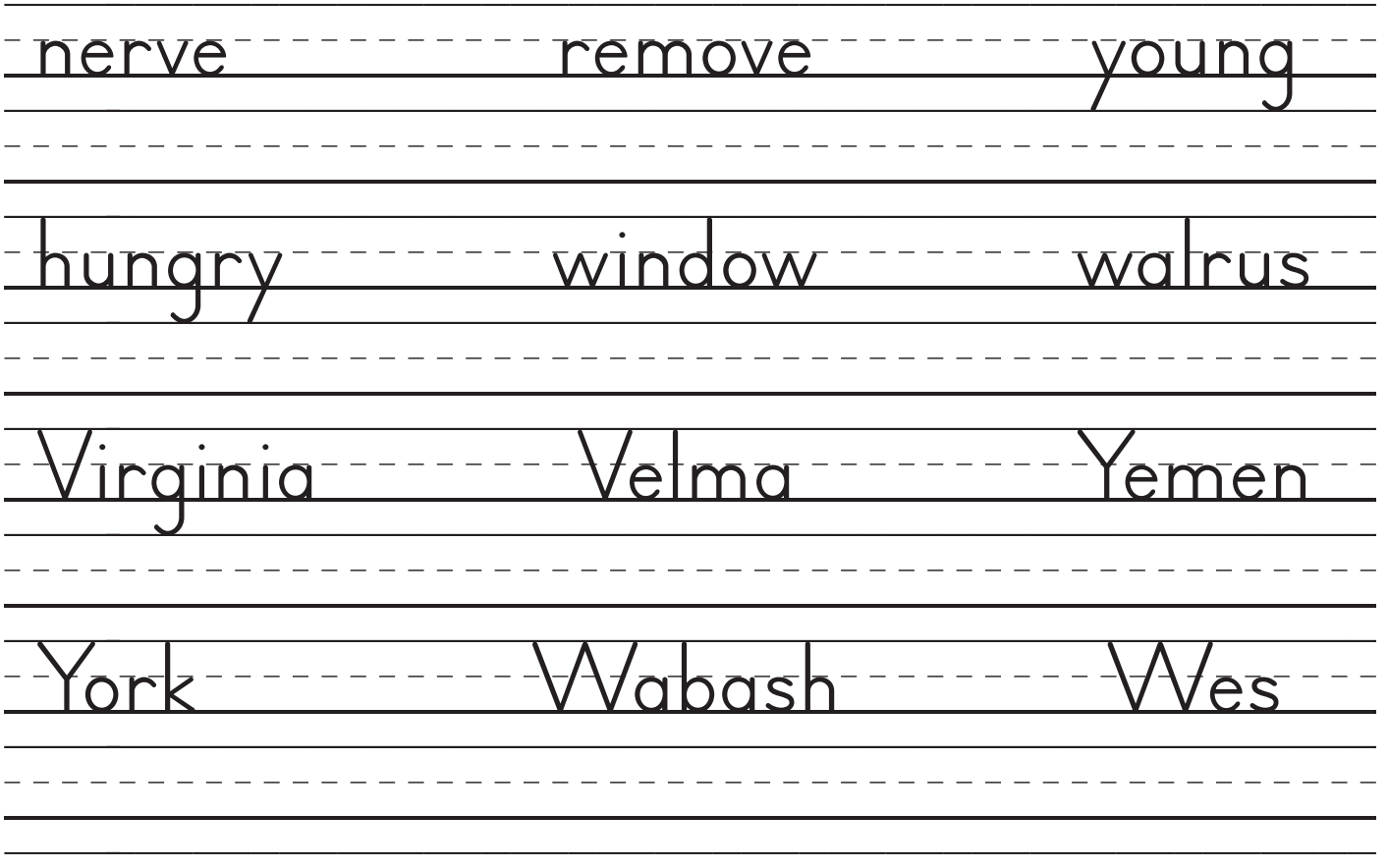
Manuscript Review

Write the letters.



Write the words.



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Manuscript Review

Write the letters.

x x x x

X X X X

k k k k

K K K K

z z z z

Z Z Z Z

Write the words.

exit flex knight

ticket fuzzy amaze

Xeres Xanthos Karen

Kevin Zach Zurich

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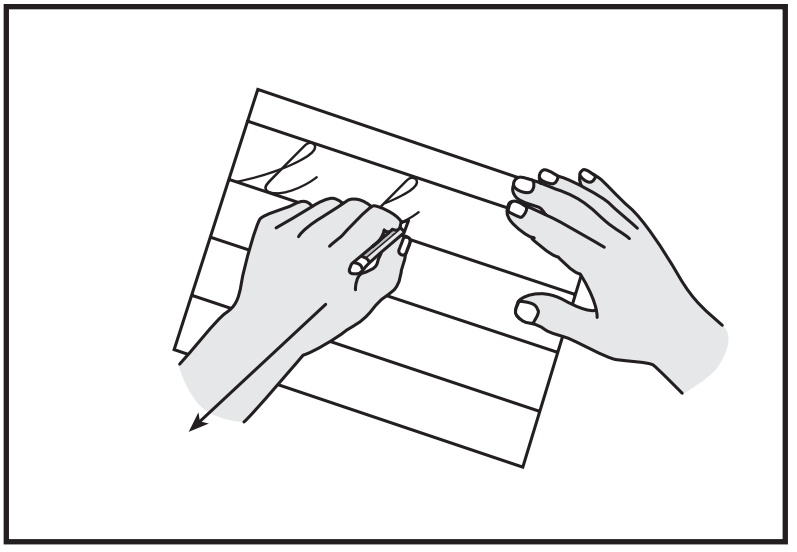
Writing Positions: Cursive

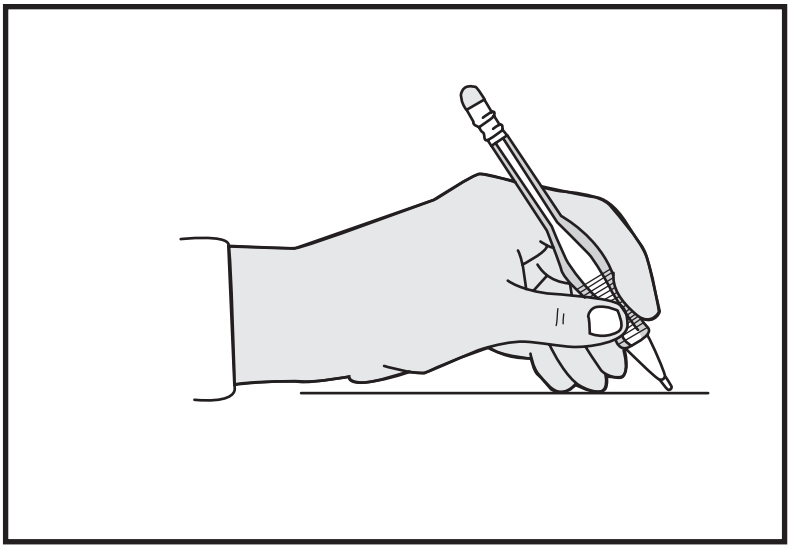
If you write with your left hand . . .



Slant your paper as shown in the picture.

Rest both arms on the desk. Use your right hand to move the paper as you write.

Pull the pencil toward your left elbow when you write.



Hold the pencil with your thumb and first two fingers. Keep your first finger on top.

Bend your thumb, and keep it on the side.

Do not squeeze the pencil when you write.

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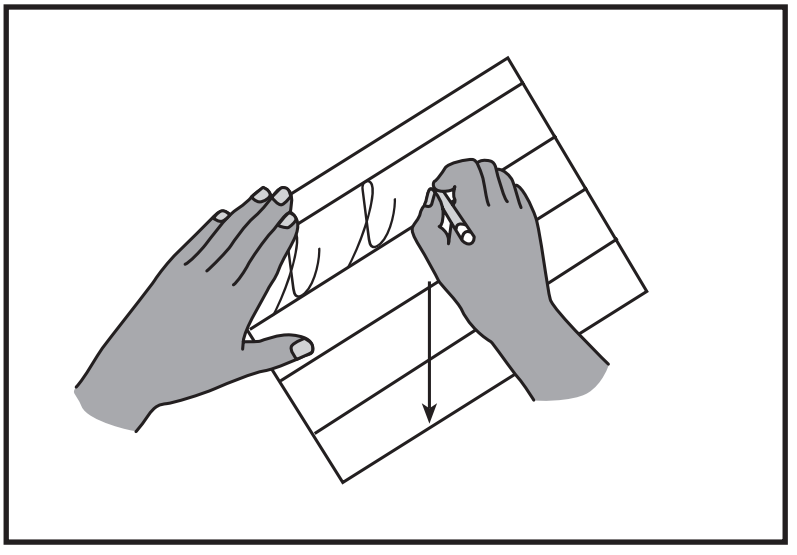
Writing Positions: Cursive

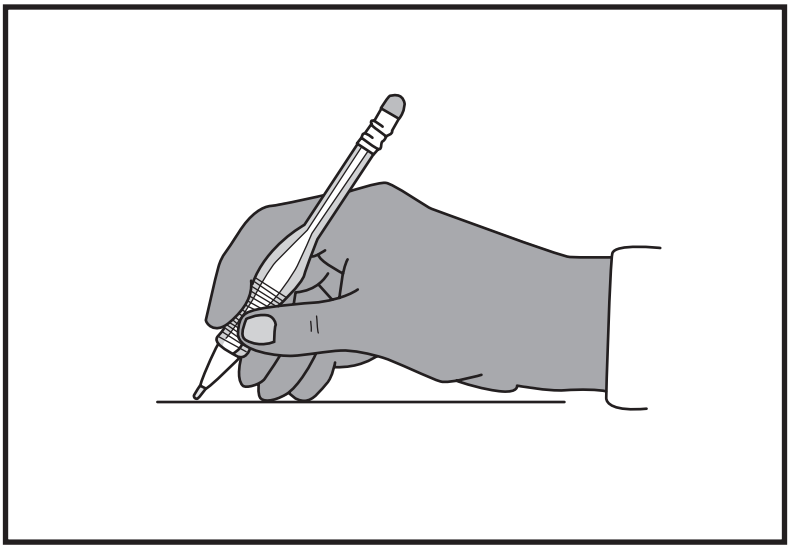
If you write with your right hand . . .



Slant the paper as shown in the picture.

Rest both arms on the desk. Use your left hand to move the paper as you write.

Pull the pencil toward the middle of your body when you write.



Hold the pencil with your thumb and first two fingers. Keep your first finger on top.

Bend your thumb, and keep it on the side.

Do not squeeze the pencil when you write.

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Zaner-Bloser Alphabet

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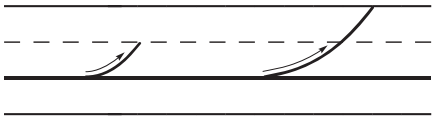
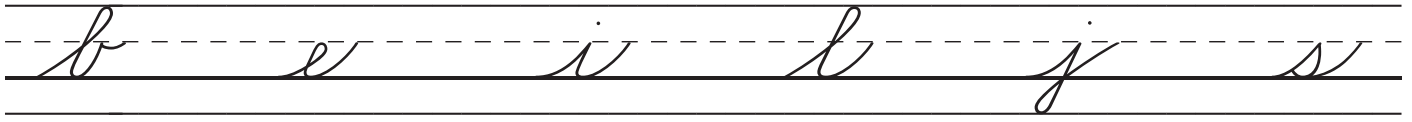
Basic Strokes

Undercurve

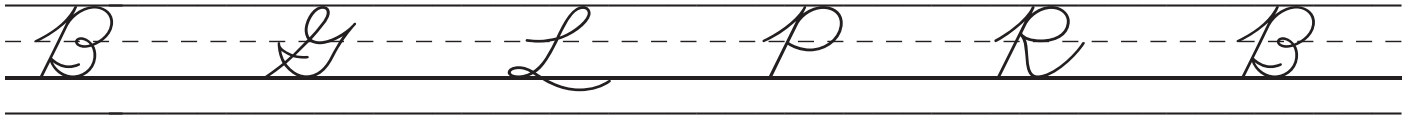
An undercurve stroke swings up.



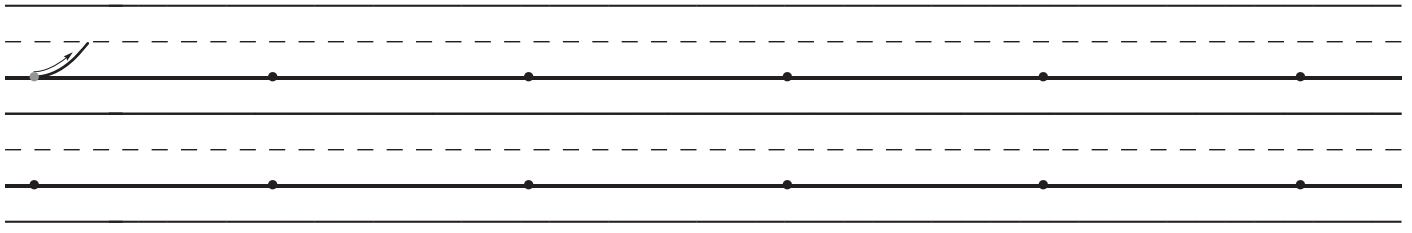
Trace the undercurve stroke at the beginning of these lowercase letters.



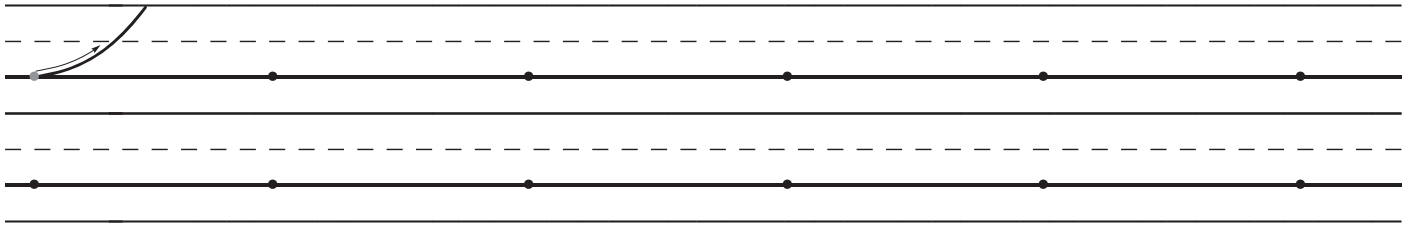
Trace the undercurve stroke at the beginning of these uppercase letters.



Write undercurve strokes. Begin at the dot.



Write undercurve strokes. Begin at the dot.



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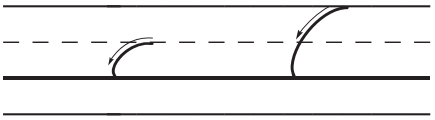
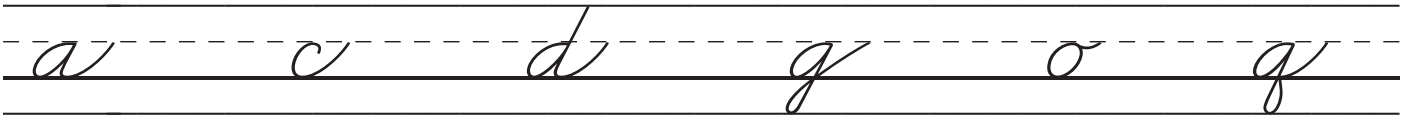
Basic Strokes

Downcurve

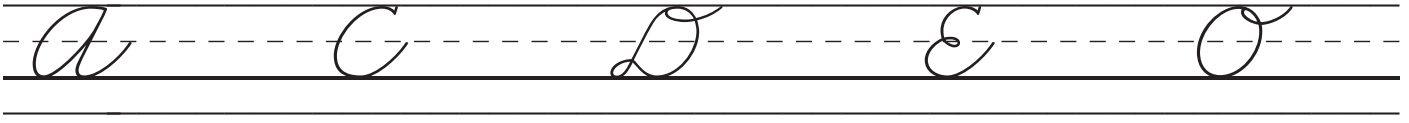
A downcurve stroke dives down.



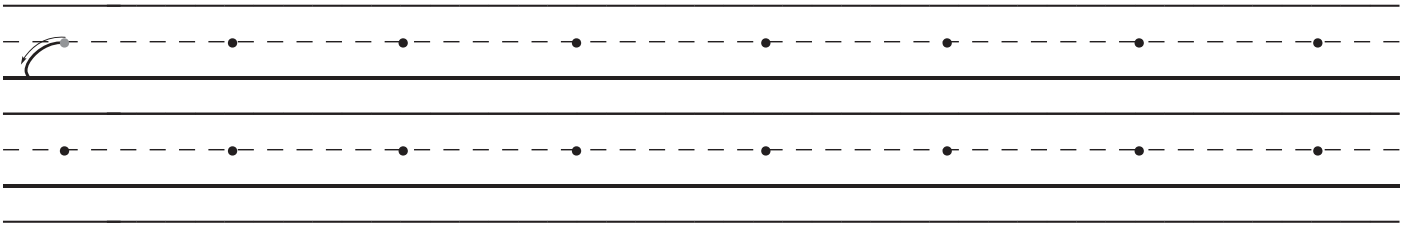
Trace the downcurve stroke at the beginning of these lowercase letters.



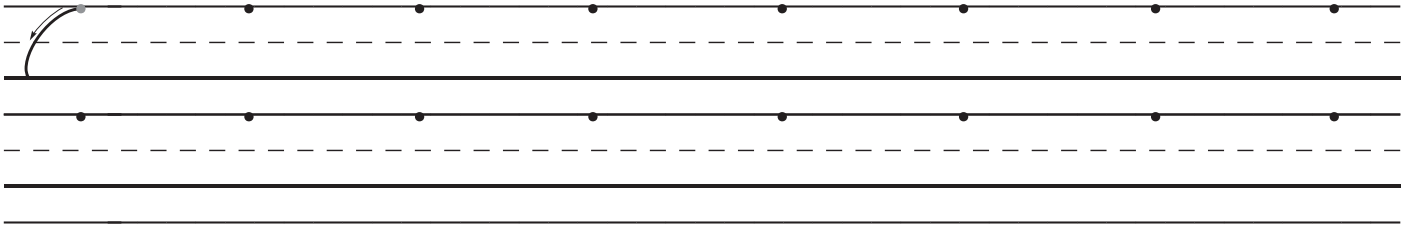
Trace the downcurve stroke at the beginning of these uppercase letters.



Write downcurve strokes. Begin at the dot.



Write downcurve strokes. Begin at the dot.



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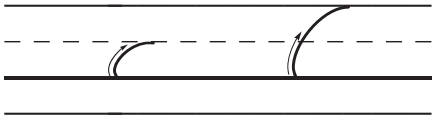
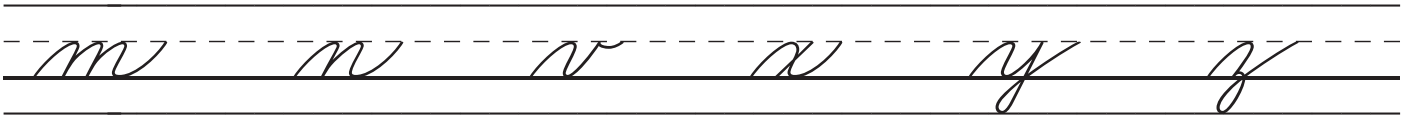
Basic Strokes

Overcurve

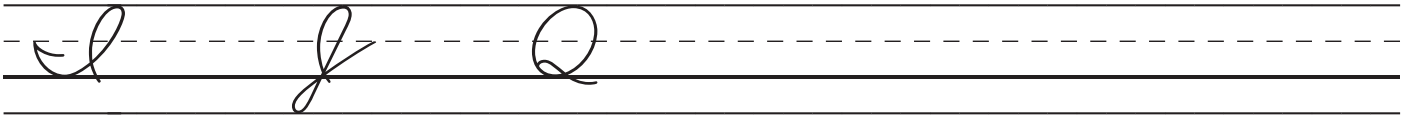
An overcurve stroke bounces up.



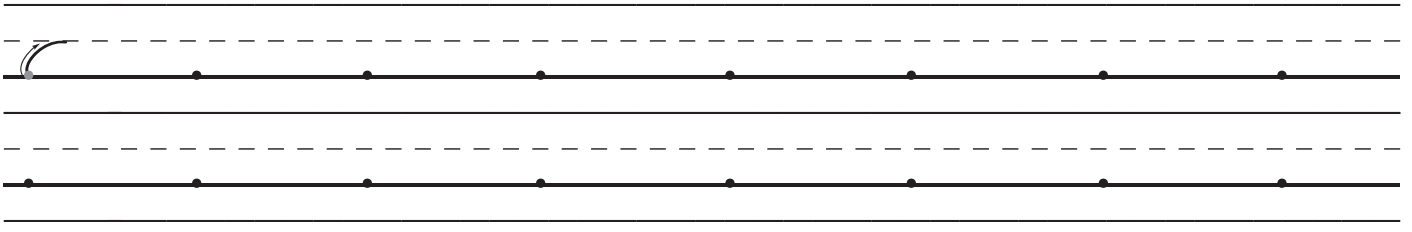
Trace the overcurve stroke at the beginning of these lowercase letters.



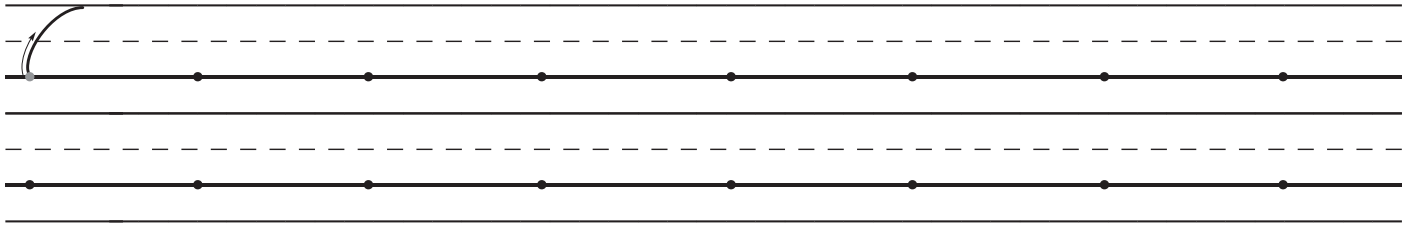
Trace the overcurve stroke at the beginning of these uppercase letters.



Write overcurve strokes. Begin at the dot.



Write overcurve strokes. Begin at the dot.



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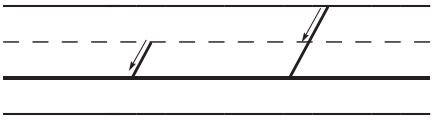
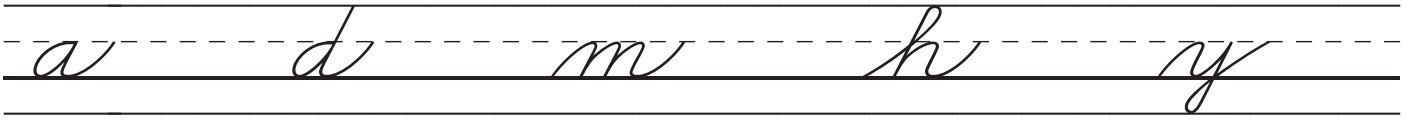
Basic Strokes

Slant

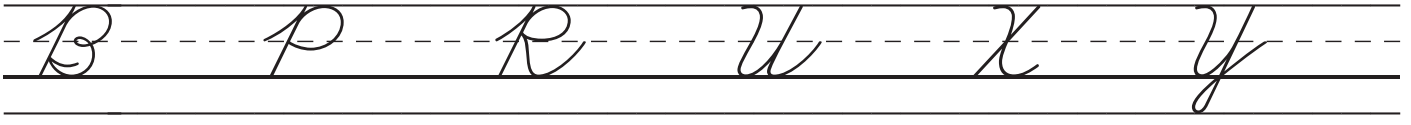
A slant stroke slides.



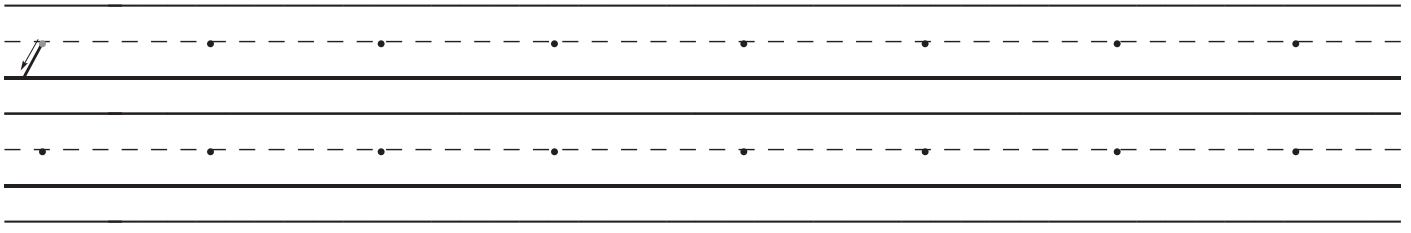
Trace the slant stroke in these lowercase letters.



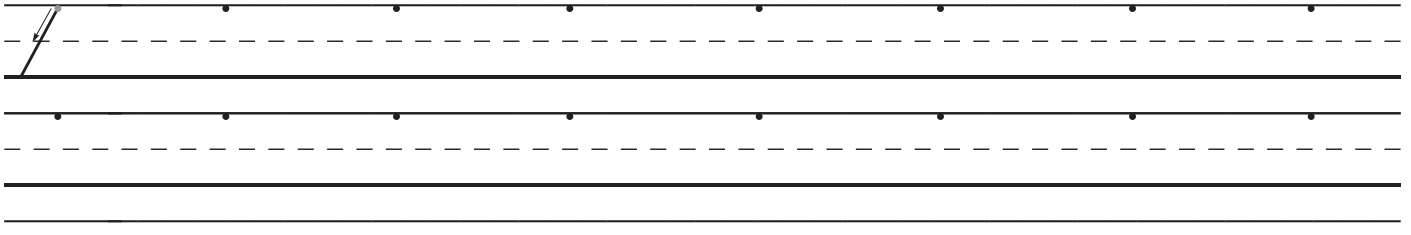
Trace the slant stroke in these uppercase letters.



Write slant strokes. Begin at the dot.



Write the slant strokes. Begin at the dot.



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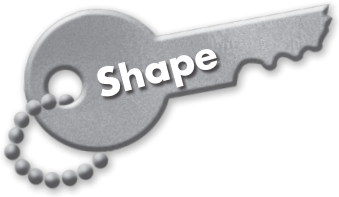
Keys to Legibility



There are four basic strokes in cursive writing.
Be sure to write each letter with good basic strokes.

Circle each letter that has an undercurve beginning .

w d c h u

Circle each letter that has a downcurve beginning .

a y p g s

Circle each letter that has an overcurve beginning .

b m r v z

Circle each letter that has a slant stroke .

c k l m o

Write the words. Circle three letters you wrote that have good shape.

put bell

sum toss

kite file

baby leap

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Keys to Legibility

Look at the size of each letter.

Tall letters touch the headline.

b d h

Short letters touch the midline.

a m g w

Some letters have descenders that go below the baseline and touch the next headline.

f g y

Write the words. Circle your three best tall letters. Underline your three best short letters.

seek toss away

new just bulb

limit yellow river

below furry puppy

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Keys to Legibility

Look at the spacing between letters and words.

There should be space for O between letters.

letter spacing

There should be space for \ between words.

word\spacing

Write the phrases. Use O and \ to mark the spacing between letters and words.

birthday card

rosy red cheeks

orange butterfly wings

warm summer sun

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Keys to Legibility

Look at the slant of your letters.

Cursive letters have a uniform forward slant.

forward slant

Write the words. Circle three words you wrote that have good slant.

move dive help

tall gulp flight

never camel take

table book please

wolf today cough

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Keys to Legibility

Write these phrases in cursive.

show no snow

Circle your best letter that has good shape.

late to the gate

Circle your best tall letter. Circle your best short letter.

hop to the top

Good joinings make good spacing between letters. Circle your best joining.

fun in the sun

Circle a word you wrote that has good slant.

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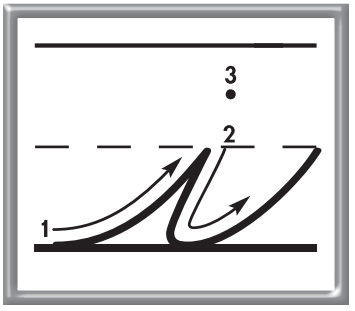
Name:

Trace the letter. Make sure your paper is in the correct position.

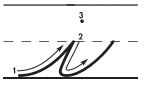


Write the letter.

Write the letter and the joinings.

School Home

Stroke Description



1. Undercurve.
2. Slant; undercurve. Lift.
3. Dot.

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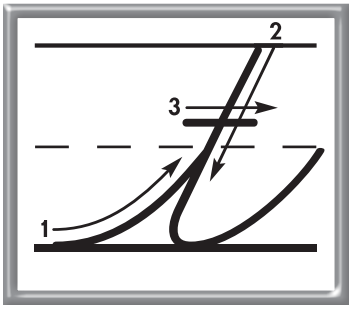
Name:

Trace the letter. Make sure your paper is in the correct position.

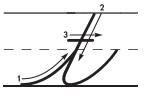


Write the letter.

Write the letter and the joinings.

School Home

Stroke Description



1. Undercurve.
2. Slant; undercurve. Lift.
3. Slide right.

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Name:

Trace the letter. Make sure your paper is in the correct position.

Write the letter.

Write the letter and the joinings.

Stroke Description

1. Undercurve.
2. Slant; undercurve.
3. Slant; undercurve.

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Name:

Trace the letter. Make sure your paper is in the correct position.

Write the letter.

Write the letter and the joinings.

Stroke Description

1. Undercurve.
2. Slant; undercurve.
3. Slant; undercurve.
4. Checkstroke.

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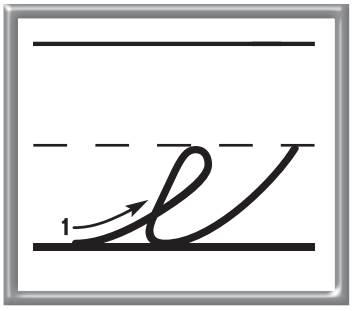
Name:

Trace the letter. Make sure your paper is in the correct position.



Write the letter.

Write the letter and the joinings.

Stroke Description

l. Undercurve; loop back; slant; undercurve.

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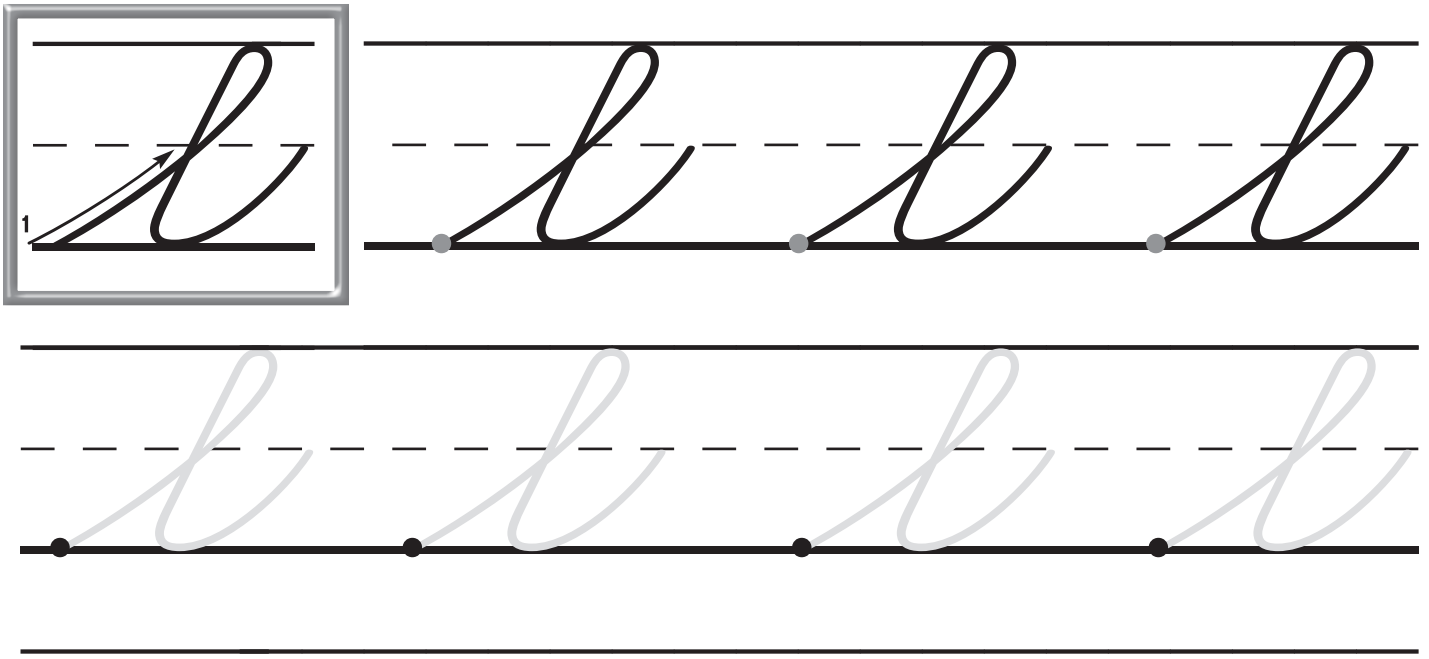
Name:

Trace the letter. Make sure your paper is in the correct position.



Write the letter.

Write the letter and the joinings.

le li ll ul il el

School Home

Stroke Description

l. Undercurve; loop back; slant; undercurve.

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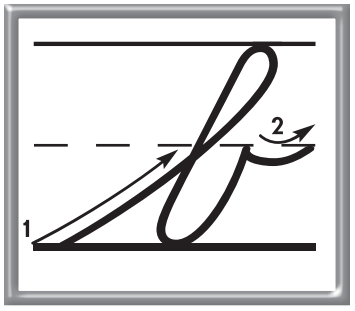
Name:

Trace the letter. Make sure your paper is in the correct position.



Write the letter.

Write the letter and the joinings.

Stroke Description

1. Undercurve; loop back; slant; undercurve.
2. Checkstroke.

Copyright © Zaner-Bloser, Inc.

Name:

Trace the letter. Make sure your paper is in the correct position.

Write the letter.

Write the letter and the joinings.

hi he hu ht th wh

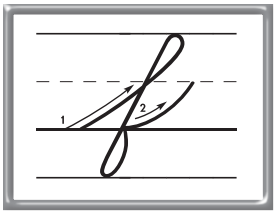
School Home

Stroke Description

1. Undercurve; loop back; slant;
2. Overcurve; slant; undercurve.

Copyright © Zaner-Bloser, Inc.

Name:



Write the letter.

Write the joinings.

Write the words.

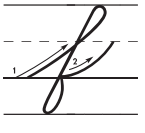
felt fill flew

fuel few feet

life wife fifth

School Home

Stroke Description



1. Undercurve; loop back; slant; loop forward.
2. Undercurve.

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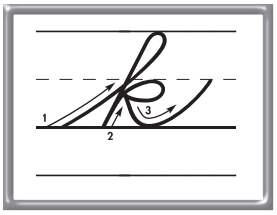
Name:



Write the letter.

k k k k k

k k k k k k k

Write the joinings.

ke ek ki kw lk ik

Write the words.

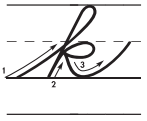
keel bike kettle

kit kite bulk

like hike week

School Home

Stroke Description



1. Undercurve; loop back; slant.
2. Overcurve; curve forward; curve under.
3. Slant right; undercurve.

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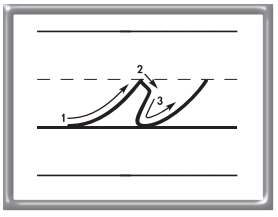
Name:



Write the letter.

r r r r r

r r r r r r r

Write the joinings.

re ri rt rr br fr

Write the words.

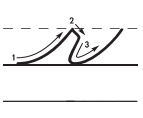
ruler rib rebel

wire blur brew

reef twirl free

School Home

Stroke Description



1. Undercurve.
2. Slant right.
3. Slant; undercurve.

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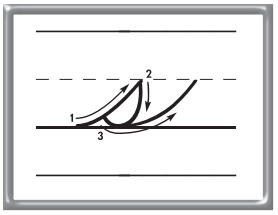
Name:



Write the letter.

s s s s s

s s s s s s s

Write the joinings.

st si su ts ls us

Write the words.

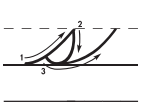
skirt suit shirt

still self shelf

west bells burst

School Home

Stroke Description



1. Undercurve.
2. Curve down and back.
3. Undercurve.

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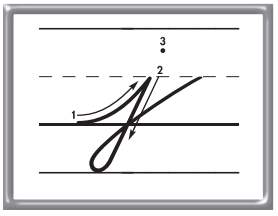
Name:



Write the letter.

Write the joinings.

Write the words.

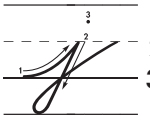
jet jut jerk

jewels jeweler

just the jeweler

School Home

Stroke Description



1. Undercurve.
2. Slant; loop back; overcurve. Lift.
3. Dot.

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Name:

Write the letter.

p p p p p

p p p p p p p

Write the joinings.

pi pu ph pp rp lp

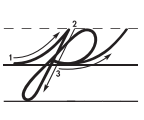
Write the words.

peep peel pest

pebble pet help

step purr tip

Stroke Description



1. Undercurve.
2. Slant; loop back; overcurve; curve back.
3. Undercurve.

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Name:

Write the letter.

a a a a a

a a a a a a a

Write the joinings.

ai ap ar af aw ae

Write the words.

ape apple able

ate jar label

pass star tar

Stroke Description

1. Downcurve; undercurve.
2. Slant; undercurve.

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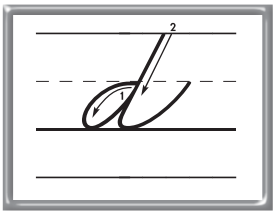
Table of Contents

Name:



Write the letter.

d d d d d

d d d d d d d

Write the joinings.

da id ad dd ld ud

Write the words.

deed date dusk

desk dish dial

add head build

School Home

Stroke Description

1. Downcurve; undercurve.
2. Slant; undercurve.

Copyright © Zaner-Bloser, Inc.

Name:

Write the letter.

g g g g g

g g g g g g g

Write the joinings.

ga gi gu gr gg ge

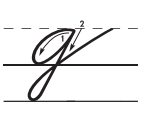
Write the words.

get gulp guess

guest grew peg

bug sugar tag

Stroke Description



1. Downcurve; undercurve.
2. Slant; loop back; overcurve.

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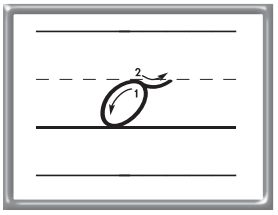
Name:



Write the letter.

o o o o o

o o o o o o o

Write the joinings.

oi os ob oa og op

Write the words.

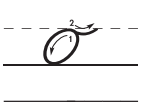
offer oil operate

owl hoist old

hose loose wool

School Home

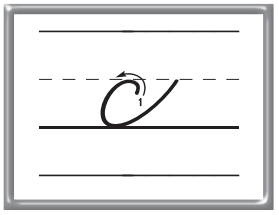
Stroke Description



1. Downcurve; undercurve.
2. Checkstroke.

Copyright © Zaner-Bloser, Inc.

Name:



Write the letter.

c c c c c

c c c c c c c

Write the joinings.

ci cu ct cl ck ce

Write the words.

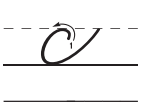
cub chew clue

cape class close

juice luck face

School Home

Stroke Description



I. Downcurve; undercurve.

Copyright © Zaner-Bloser, Inc.

Name:

Write the letter.

q q q q q

q q q q q q q

Write the joinings.

qu squ qu squ qu

Write the words.

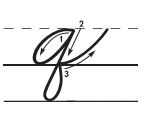
quilt quick quiet

plaque squeal squid

squirrel squirt quit

School Home

Stroke Description



1. Downcurve; undercurve.
2. Slant; loop forward.
3. Undercurve.

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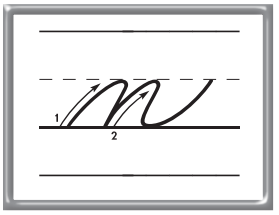
Name:



Write the letter.

m m m m m

m m m m m m m

Write the joinings.

mi mt mk gm on me

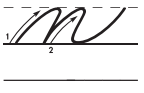
Write the words.

nation narrow nice

canal town dance

corn cent notice

Stroke Description



1. Overcurve; slant.
2. Overcurve; slant; undercurve.

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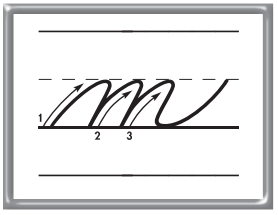
Name:



Write the letter.

m m m m m

m m m m m m m

Write the joinings.

mi ma me mm om am

Write the words.

mom moon mumble

museum mold smoke

dime jump room

Stroke Description

1. Overcurve; slant.
2. Overcurve; slant.
3. Overcurve; slant; undercurve.

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Name:

Write the letter.

y y y y y

y y y y y y y

Write the joinings.

ya yu my ry ty by

Write the words.

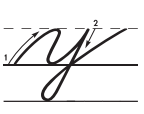
yarn young yummy

baby soggy beauty

duty many spray

School Home

Stroke Description



1. Overcurve; slant; undercurve.
2. Slant; loop back; overcurve.

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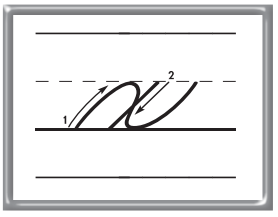
Name:



Write the letter.

x x x x x

x x x x x x x

Write the joinings.

xi xe xa ix ex ax

Write the words.

taxi ox axis

wax tax six

tuxedo mixer waxy

School Home

Stroke Description

1. Overcurve; slant; undercurve. Lift.
2. Slant.

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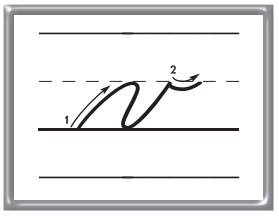
Name:



Write the letter.

v v v v v

v v v v v v v

Write the joinings.

vi va vu vo ov vy

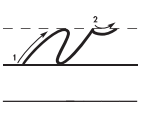
Write the words.

voice vent voyage

velvet vowel viper

flavor heavy hive

Stroke Description



1. Overcurve; slant; undercurve.
2. Checkstroke.

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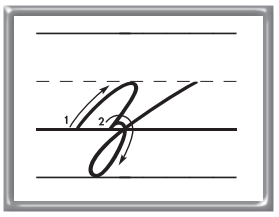
Name:



Write the letter.

z z z z z

z z z z z z

Write the joinings.

ze zo zi za zu zz

Write the words.

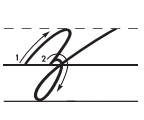
snooze frozen haze

crazy freeze size

jazz razor dizzy

School Home

Stroke Description



1. Overcurve; slant.
2. Overcurve; curve down; loop; overcurve.

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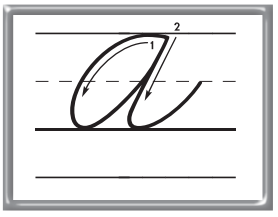
Name:



Write the letter and the words.

a a a a a

a a a a a a a

Akron Amazon Aruba

Alena Amos Archie

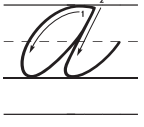
Write the sentences.

Alice is in Alaska.

Avery was in Alabama.

School Home

Stroke Description



1. Downcurve; undercurve.
2. Slant; undercurve.

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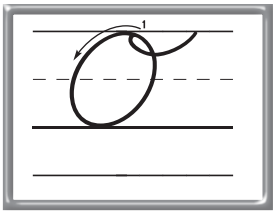
Name:



Write the letter and the words.

O O O O O

O O O O O O O

Oakland Oz Oxford

Oswald Onyx Ozzie

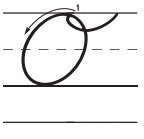
Write the sentences.

Oscar drove to Ottawa.

Owen is going to Oregon.

School Home

Stroke Description



l. Downcurve; undercurve; loop; curve right.

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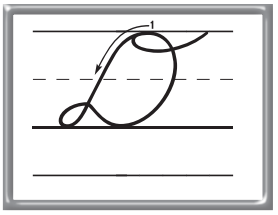
Name:



Write the letter and the words.

D D D D D

D D D D D D D

Dallas Dover Durham

Duran Darnell Dee

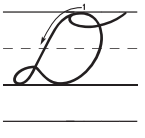
Write the sentences.

Dink dined in Detroit.

Dale visited Duluth.

School Home

Stroke Description



I. Downcurve; loop; curve down and up; loop; curve right.

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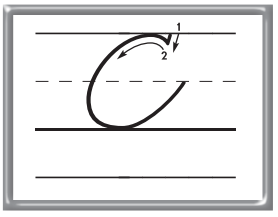
Name:



Write the letter and the words.

C C C C C

C C C C C C C

Chicago Casper Congo

Candy Chantelle Carl

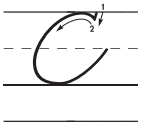
Write the sentences.

Chet went to Canton.

Cory loves going to Chile.

School Home

Stroke Description



1. Slant.
2. Downcurve; undercurve.

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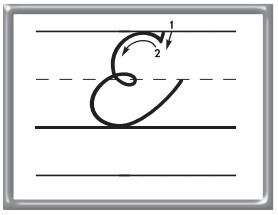
Name:



Write the letter and the words.

E E E E E

E E E E E E E

Egypt Essex Elida

Enid Ebony Elijah

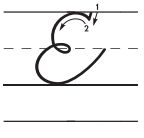
Write the sentences.

Etta flew to Ethiopia.

Emme drove to Elmhurst.

School Home

Stroke Description



1. Slant.
2. Downcurve; loop; downcurve; undercurve.

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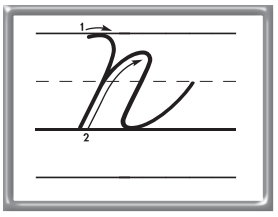
Name:



Write the letter and the words.

n n n n n

n n n n n n n

Niagara Naples Nepal

Nate Niesh Ned

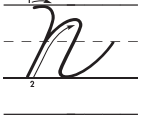
Write the sentences.

Nadia is in Norway.

Nick went down the Nile.

School Home

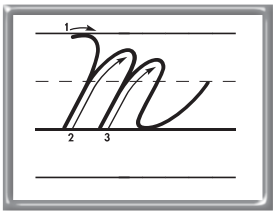
Stroke Description



1. Curve forward; slant.
2. Overcurve; slant; undercurve.

Copyright © Zaner-Bloser, Inc.

Name:



Write the letter and the words.

m m m m m

m m m m m m

Maine Maui Mexico

Mario Mateo Missy

Write the sentences.

Mom drove to Montana.

Millie left Michigan.

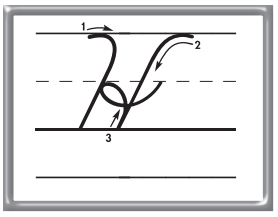
School Home

Stroke Description

1. Curve forward; slant.
2. Overcurve; slant.
3. Overcurve; slant; undercurve.

Copyright © Zaner-Bloser, Inc.

Name:



Write the letter and the words.

H H H H H

H H H H H H H

Hartford Hudson Holland

Hines Hoya Heather

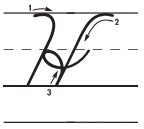
Write the sentences.

Are they in Havana?

He is in Hamden.

School Home

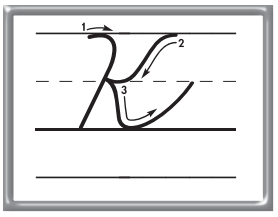
Stroke Description



1. Curve forward; slant. Lift.
2. Curve back; slant.
3. Retrace; loop; curve right.

Copyright © Zaner-Bloser, Inc.

Name:



Write the letter and the words.

K K K K K

K K K K K K K

Kosovo Kent Kenner

Kevin Kirk Kiki

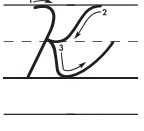
Write the sentences.

Kit is from Kentucky.

Kris lived in Knoxville.

School Home

Stroke Description



1. Curve forward; slant. Lift.
2. Doublecurve.
3. Curve forward and down; undercurve.

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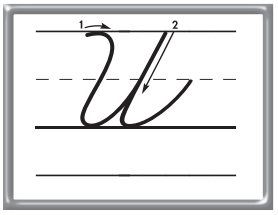
Name:



Write the letter and the words.

U U U U U

U U U U U U U

Urbana Ulster Union

Usha Udine Umberto

Write the sentences.

Uncle Hal is in Utica.

Uma is in Ukraine.

School Home

Stroke Description

1. Curve forward; slant; undercurve.
2. Slant; undercurve.

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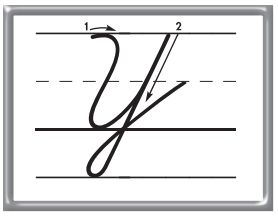
Name:



Write the letter and the words.

Y Y Y Y Y

Y Y Y Y Y Y Y

Yonkers Yorktown

Yelena Yolanda Yvette

Write the sentences.

Yasmine works in Yemen.

Yoshi went to New York.

School Home

Stroke Description

1. Curve forward; slant; undercurve.
2. Slant; loop back; overcurve.

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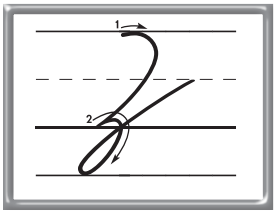
Name:



Write the letter and the words.

z z z z z

z z z z z z z

Zurich Zion Zibo

Ziggy Zsa Zsa Zippy

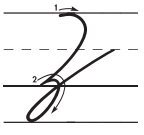
Write the sentences.

Zeus is in Zanesville.

Zadar Zoo is closed.

School Home

Stroke Description



1. Curve forward and down; slant.
2. Overcurve; curve down; loop; overcurve.

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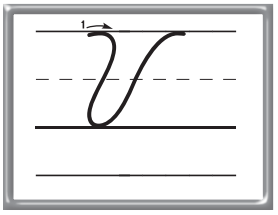
Name:



Write the letter and the words.

V V V V V

V V V V V V V

Vail Vermont Vista

Vanida Vivica Vui

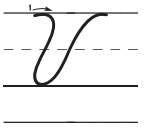
Write the sentences.

Val lives in Vienna.

Viv moved to Vineland.

School Home

Stroke Description



I. Curve forward; slant; undercurve; overcurve.

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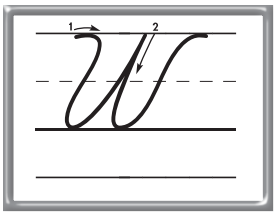
Name:



Write the letter and the words.

W W W W W

W W W W W W W

Wabash Wales Wichita

Wilma Wong Wilson

Write the sentences.

Wes is in Washington.

We are in Winnipeg.

School Home

Stroke Description

1. Curve forward; slant; undercurve.
2. Slant; undercurve; overcurve.

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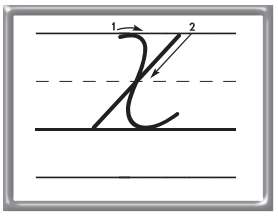
Name:



Write the letter and the words.

x x x x x

x x x x x x x

Xantha Xavier Xenia

Xerxes Xian Xena

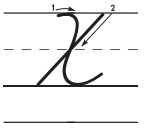
Write the sentences.

Where is the X?

X marks the spot.

School Home

Stroke Description



1. Curve forward; slant; undercurve. Lift.
2. Slant.

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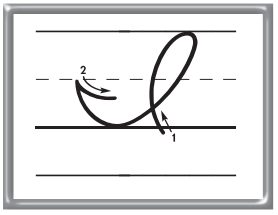
Name:



Write the letter and the words.

l l l l l

l l l l l l l

Ithaca Irvine Italy

Iesha Iman India

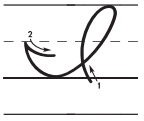
Write the sentences.

I am from Indiana.

Is she in Iran?

School Home

Stroke Description



1. Overcurve; curve down and up.
2. Retrace; curve right.

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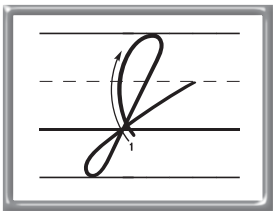
Name:



Write the letter and the words.

J J J J J

J J J J J J J

Jackson Joliet Japan

Jett Jay Jolynn

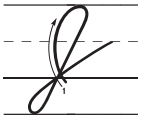
Write the sentences.

Jasmine jets to Joplin.

Jake is in Jordan.

School Home

Stroke Description



I. Overcurve; slant; loop back; overcurve.

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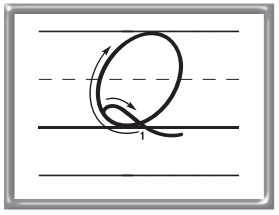
Name:



Write the letter and the words.

Q Q Q Q Q

Q Q Q Q Q Q Q

Quietta Quatar Queens

Quito Quincy Quin

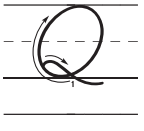
Write the sentences.

I am not near Quebec.

Quit going to Quena.

School Home

Stroke Description



1. Curve back; overcurve; curve down; retrace; curve forward; curve under.

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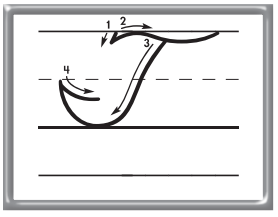
Name:



Write the letter and the words.

T T T T T

T T T T T T T

Tacoma Tampa Tonga

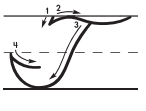
Tate Thor Tess

Write the sentences.

Tori toured Tulsa.

I went to Turkey.

Stroke Description



1. Slant.
2. Curve forward and right. Lift.
3. Doublecurve; curve up.
4. Retrace; curve right.

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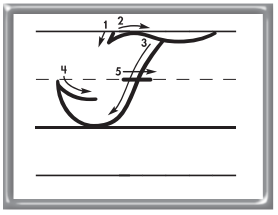
Name:



Write the letter and the words.

F F F F F

F F F F F F F

Fargo Fiji Flint

Fajim Fannie Fletch

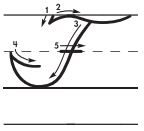
Write the sentences.

Fran flew to Findlay.

Is Frisco in Franklin?

School Home

Stroke Description



1. Slant.
2. Curve forward and right. Lift.
3. Doublecurve; curve up.
4. Retrace; curve right. Lift.
5. Slide right.

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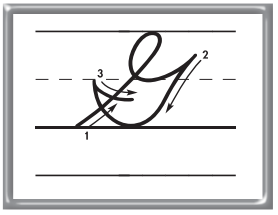
Name:



Write the letter and the words.

G G G G G

G G G G G G G

Gary Ghana Green

Gino Geoff Greta

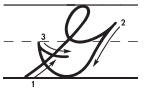
Write the sentences.

Gia grew up in Greece.

Gil made it to Grenada.

School Home

Stroke Description



1. Undercurve; loop; curve forward.
2. Doublecurve; curve up.
3. Retrace; curve right.

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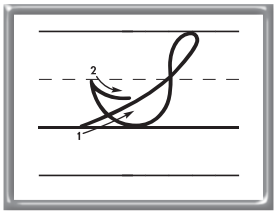
Name:



Write the letter and the words.

S S S S S

S S S S S S S

Serbia Shiloh Spain

Sumir Slade Shawna

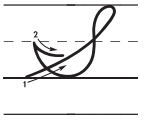
Write the sentences.

Sal called Sacramento.

She is in Syria.

School Home

Stroke Description



1. Undercurve; loop; curve down and up.
2. Retrace; curve right.

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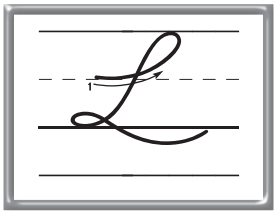
Name:



Write the letter and the words.

L L L L L L L

L L L L L L L

Laos Laredo Lisbon

Luna Lloyd Linus

Write the sentences.

Lee lives near Lima.

Leslie flew to London.

Stroke Description

l. Undercurve; loop; curve down; loop; curve under.

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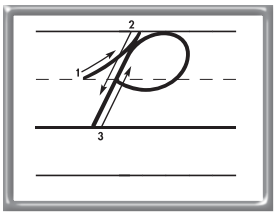
Name:



Write the letter and the words.

p p p p p

p p p p p p p

Padua Pueblo Peru

Pierre Paulina Paige

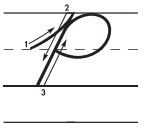
Write the sentences.

Is Percy in Poland?

Penny just left Plano.

School Home

Stroke Description



1. Undercurve.
2. Slant.
3. Retrace; curve forward and back.

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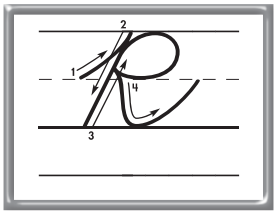
Name:



Write the letter and the words.

R R R R R

R R R R R R R

Reading Rome Rio

Roger Ross Raisa

Write the sentences.

Rena lives in Rochester.

Randy works in Reno.

School Home

Stroke Description

1. Undercurve.
2. Slant.
3. Retrace; curve forward and back.
4. Curve forward; undercurve.

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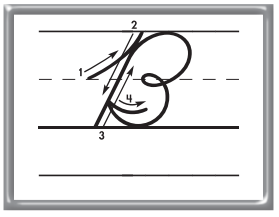
Name:



Write the letter and the words.

B B B B B

B B B B B B B

Burbank Berea Bristol

Bel Bryce Becca

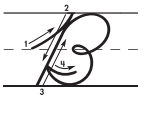
Write the sentences.

Ben went to Belize.

Buffy was in Boston.

School Home

Stroke Description



1. Undercurve.
2. Slant.
3. Retrace; curve forward; loop; curve forward and back.
4. Retrace; curve right.

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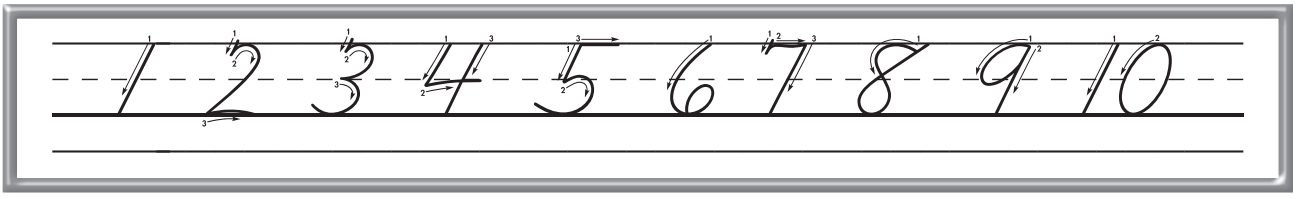
Cursive Numerals



Write the numerals.

1 1 1 1

2 2 2 2

3 3 3 3

4 4 4 4

5 5 5 5

6 6 6 6

7 7 7 7

8 8 8 8

9 9 9 9

10 10 10 10

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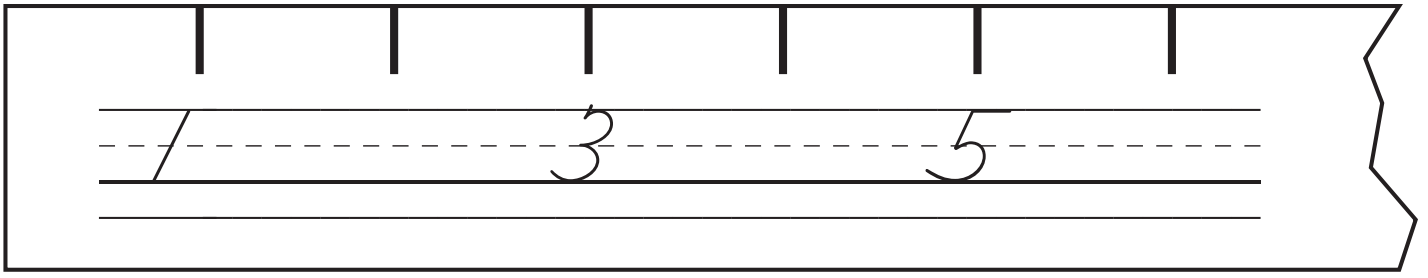
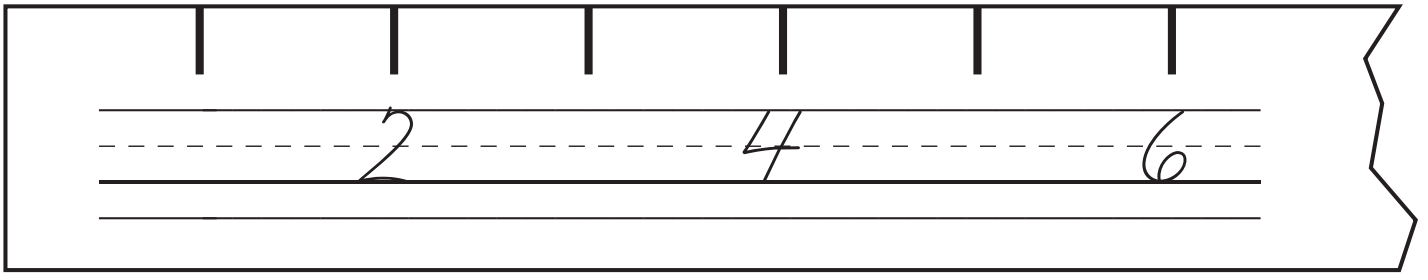
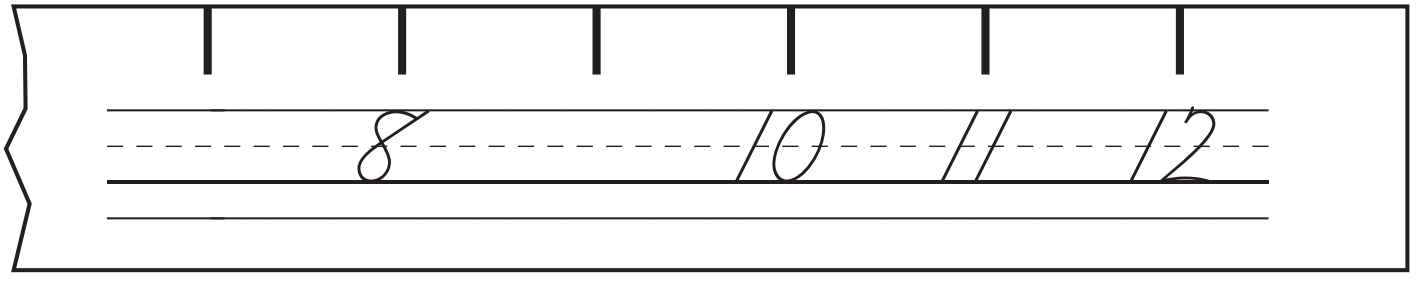
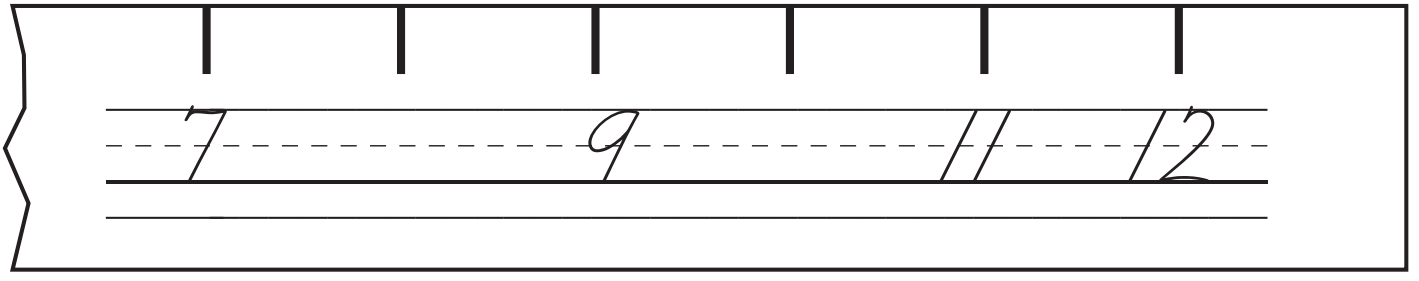
Cursive Numerals

Fill in the missing numerals on the rulers.









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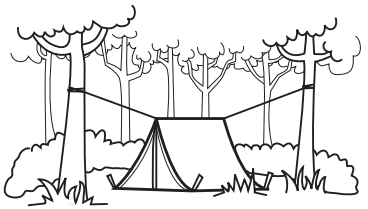
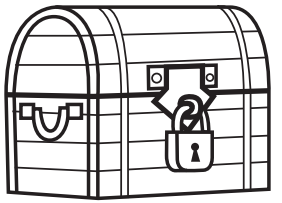
Name:

Note to Families: In handwriting, we have been writing the letters *i* and *t*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write more words that begin with *i* or *t*.

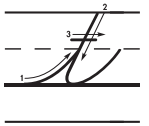
Write an *i* beside the pictures that begin with *i*. Write a *t* beside the pictures that begin with *t*.





Stroke Descriptions

1. Undercurve.
2. Slant; undercurve. Lift.
3. Dot.



1. Undercurve.
2. Slant; undercurve. Lift.
3. Slide right.

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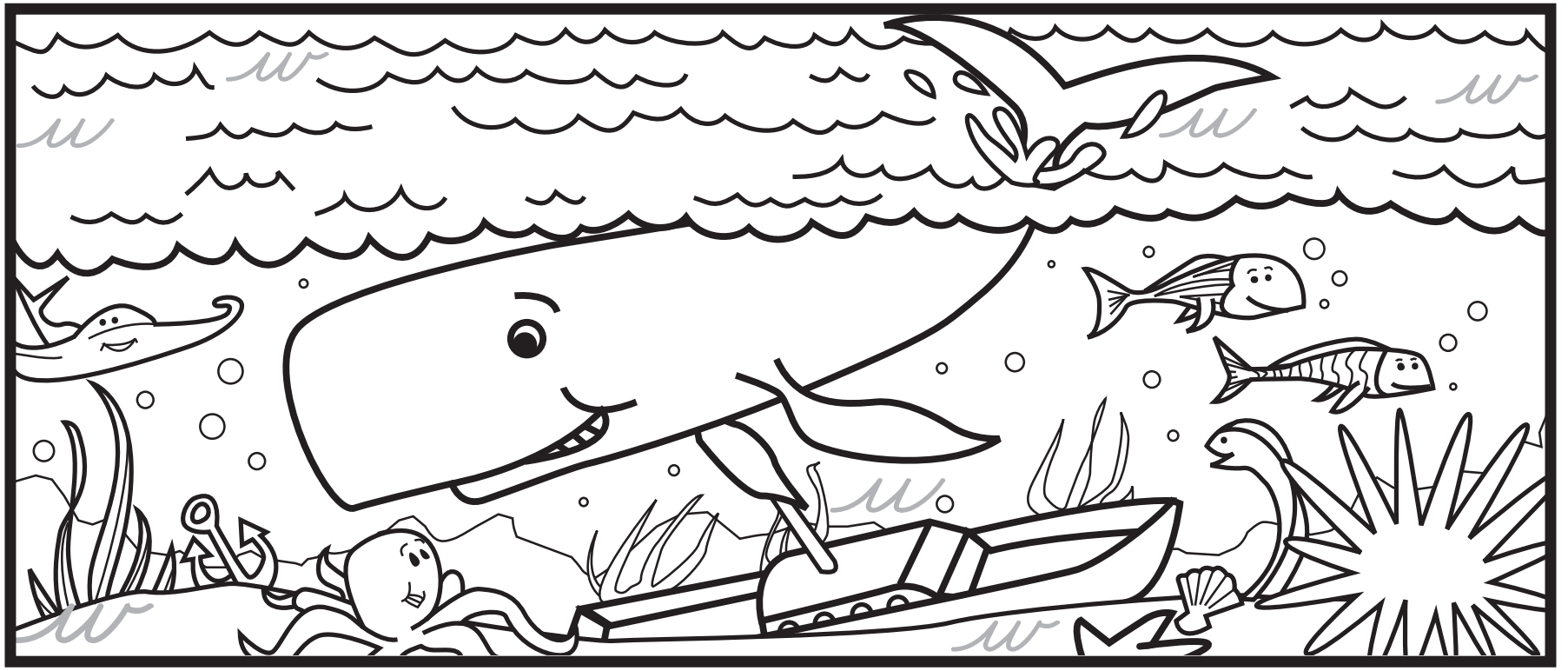
Name: _____

Note to Families: In handwriting, we have been writing the letters *u* and *w*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child look for objects that contain the *u* or *w* shape and trace them with his/her finger.

Trace the shaded letters to complete the picture. Color the picture.



Stroke Descriptions

1. Undercurve.
2. Slant; undercurve.
3. Slant; undercurve.

1. Undercurve.
2. Slant; undercurve.
3. Slant; undercurve.
4. Checkstroke.

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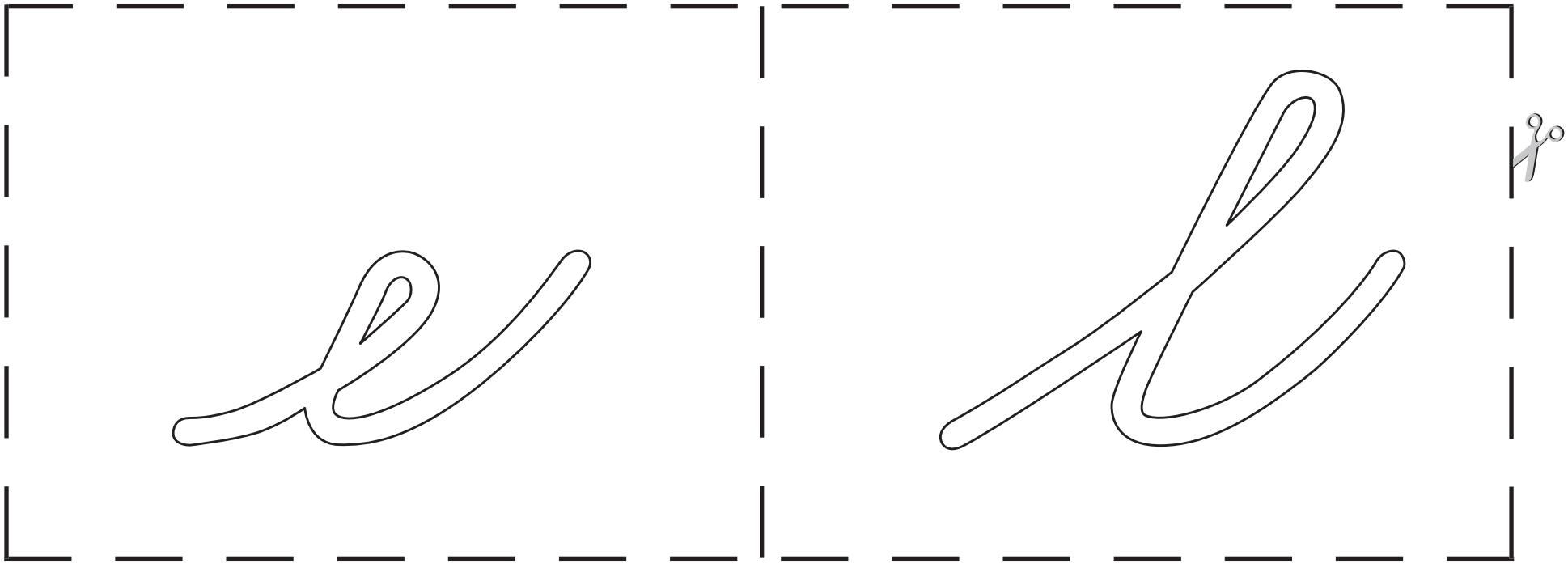
Name: _____

Note to Families: In handwriting, we have been writing the letters *e* and *l*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child place the letter cards on items around the home that begin with *e* and *l*.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct stroke sequence.



Stroke Descriptions

e — **1.** Undercurve; loop back; slant; undercurve.

l — **1.** Undercurve; loop back; slant; undercurve.

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Name:

School Home

Note to Families: In handwriting, we have been writing the letters *b* and *h*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, scramble more words that contain *b* and *h*, and have your child unscramble them.

Unscramble the letters, and write the word on each line.

Word Box
bull
hit
bell
web
tub
hill

u l b l

t h i

l l b e

b t w

e b w

i l h l

Stroke Descriptions

1. Undercurve; loop back; slant; undercurve.
2. Checkstroke.

1. Undercurve; loop back; slant.
2. Overcurve; slant; undercurve.

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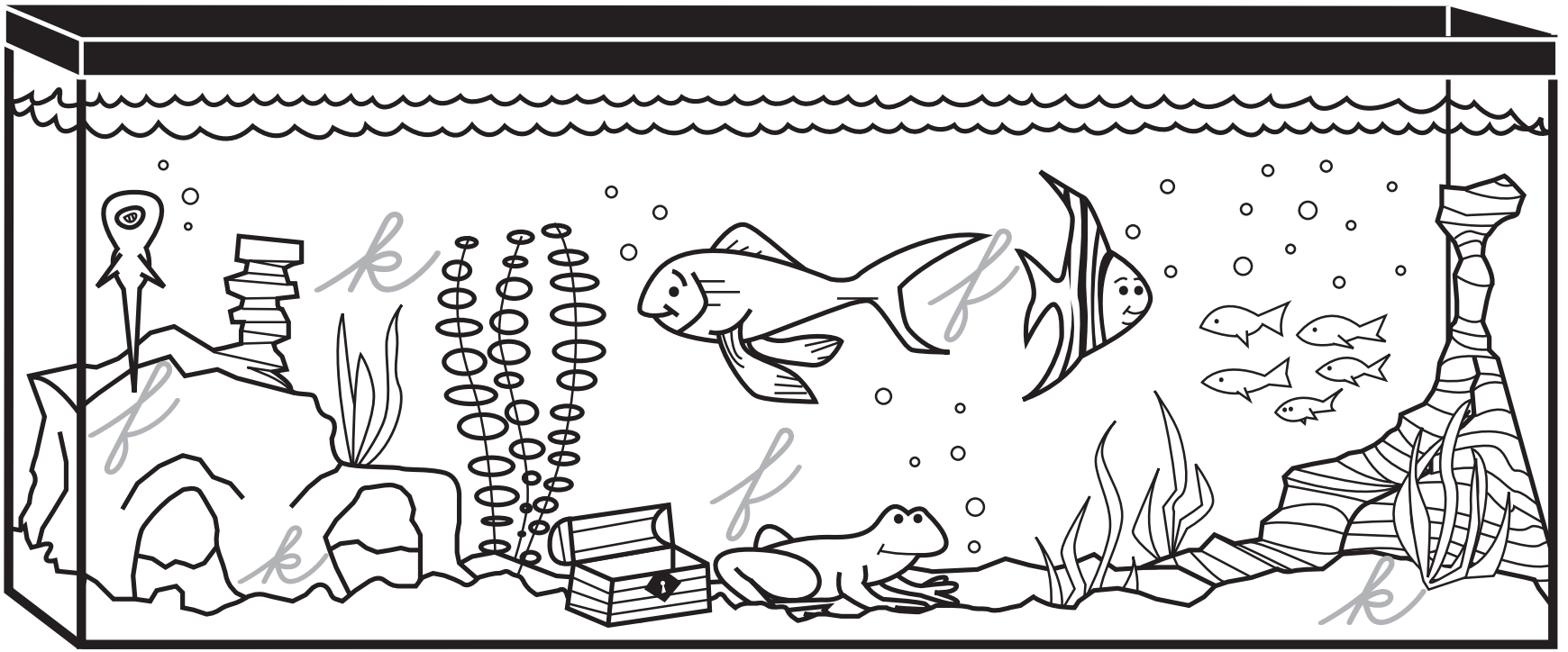
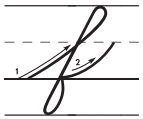
Name:

Note to Families: In handwriting, we have been writing the letters *f* and *k*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write a list of animals that begin with *f* or *k*.

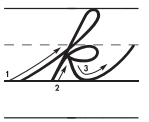
Trace the shaded letters to complete the picture. Color the picture.



Stroke Descriptions



1. Undercurve; loop back; slant; loop forward.
2. Undercurve.



1. Undercurve; loop back; slant.
2. Overcurve; curve forward; curve under.
3. Slant right; undercurve.

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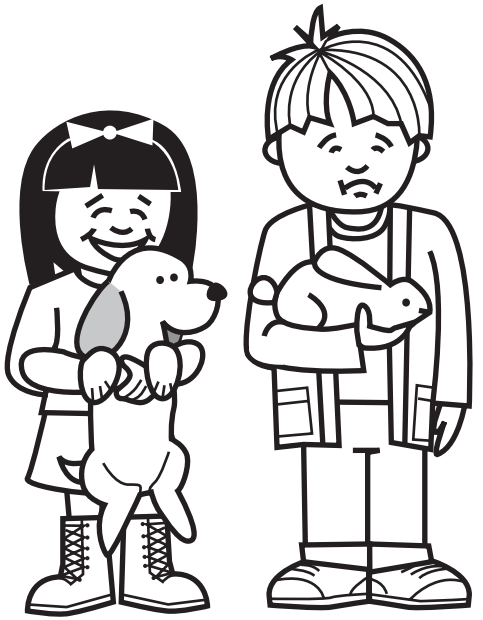
Name:

Note to Families: In handwriting, we have been writing the letters *r* and *s*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write a list of more items that can be labeled **his** or **her**.

Label each item *his* or *her* according to the picture.



boots
dog
smile

coat
rabbit
frown

Stroke Descriptions

r
1. Undercurve.
2. Slant right.
3. Slant; undercurve.

s
1. Undercurve.
2. Curve down and back.
3. Undercurve.

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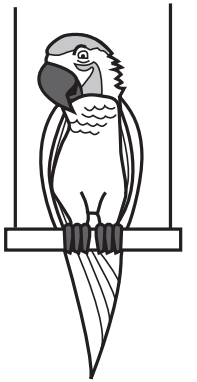
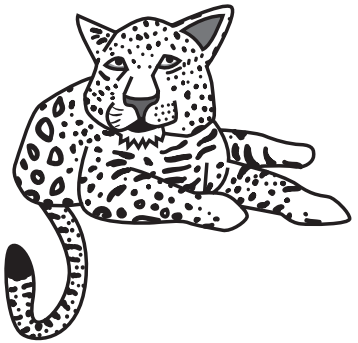
Name: _____

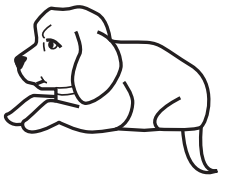
School Home

Note to Families: In handwriting, we have been writing the letters *j* and *p*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, switch letters with your child, and play again.

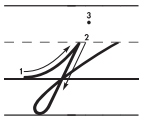
Play tic-tac-toe using *j* and *p*.







Stroke Descriptions



1. Undercurve.
2. Slant; loop back; overcurve. Lift.
3. Dot.

1. Undercurve.
2. Slant; loop back; overcurve; curve back.
3. Undercurve.

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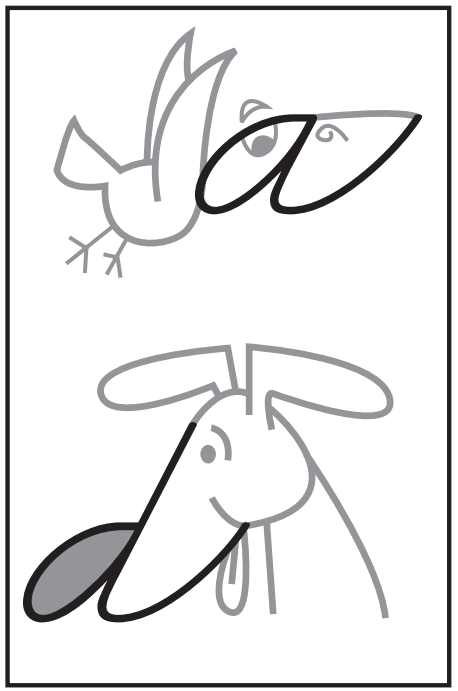
Name:

Note to Families: In handwriting, we have been writing the letters *a* and *d*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write words that begin with *a* and *d*.

Write the letters with a dark crayon or marker. Then use other colors to draw your own letter creatures.



Stroke Descriptions

a

1. Downcurve; undercurve.
2. Slant; undercurve.

d

1. Downcurve; undercurve.
2. Slant; undercurve.

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Name:

Note to Families: In handwriting, we have been writing the letters *g* and *o*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child make a list of animals that begin with *g* and *o*.

Use the letters from the Letter Box to create new dinosaur names. Write the words below.

Letter Box

j p r s f
k i e l u
w a d g o

dogasaurus

Stroke Descriptions

g

1. Downcurve; undercurve.
2. Slant; loop back; overcurve.

o

1. Downcurve; undercurve.
2. Checkstroke.

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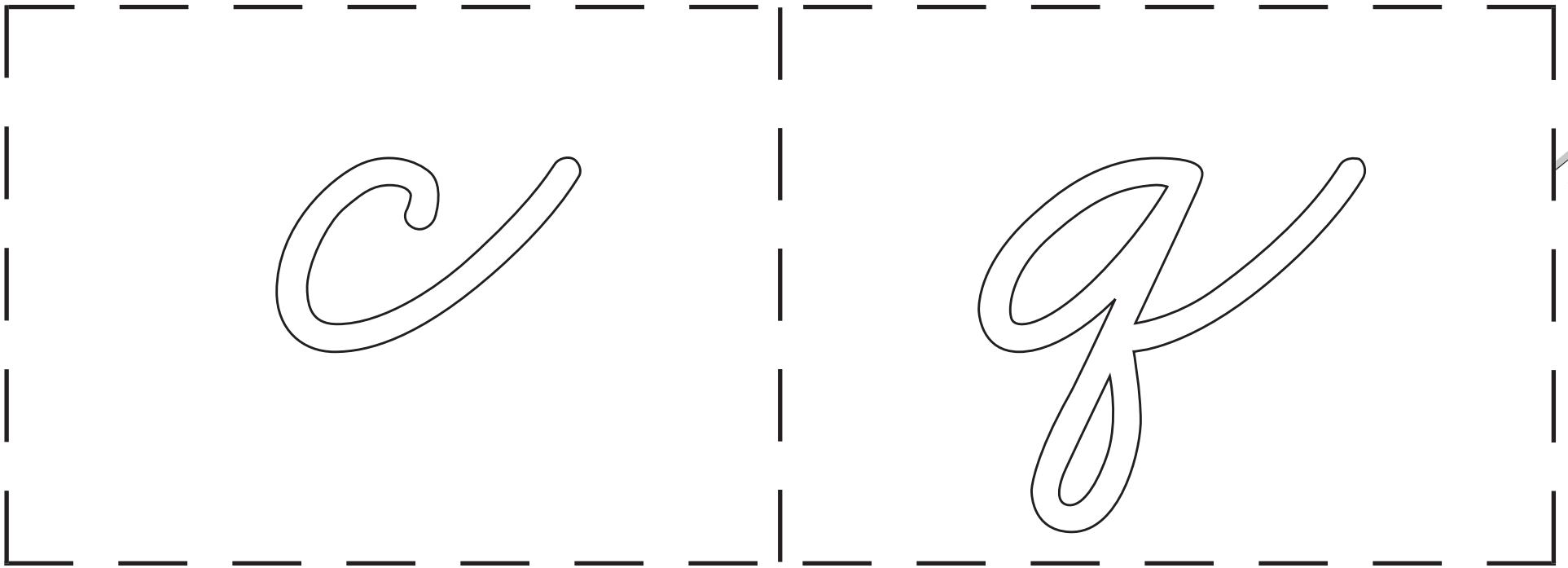
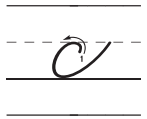
Name: _____

Note to Families: In handwriting, we have been writing the letters *c* and *q*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child place the letter cards on items around your home that begin with *c* or *q*.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct stroke sequence.



Stroke Descriptions



1. Downcurve; undercurve.

1. Downcurve; undercurve.
2. Slant; loop forward.
3. Undercurve.

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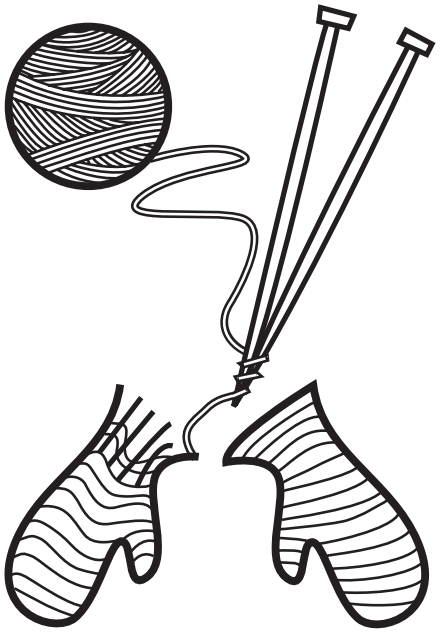
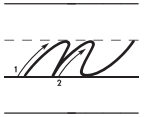
Name:

Note to Families: In handwriting, we have been writing the letters *n* and *m*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write a list of foods that begin with *n* or *m*.

Write a list of items in your home that begin with the letters *n* or *m*.



Stroke Descriptions



1. Overcurve; slant.
2. Overcurve; slant; undercurve.

1. Overcurve; slant.
2. Overcurve; slant.
3. Overcurve; slant; undercurve.

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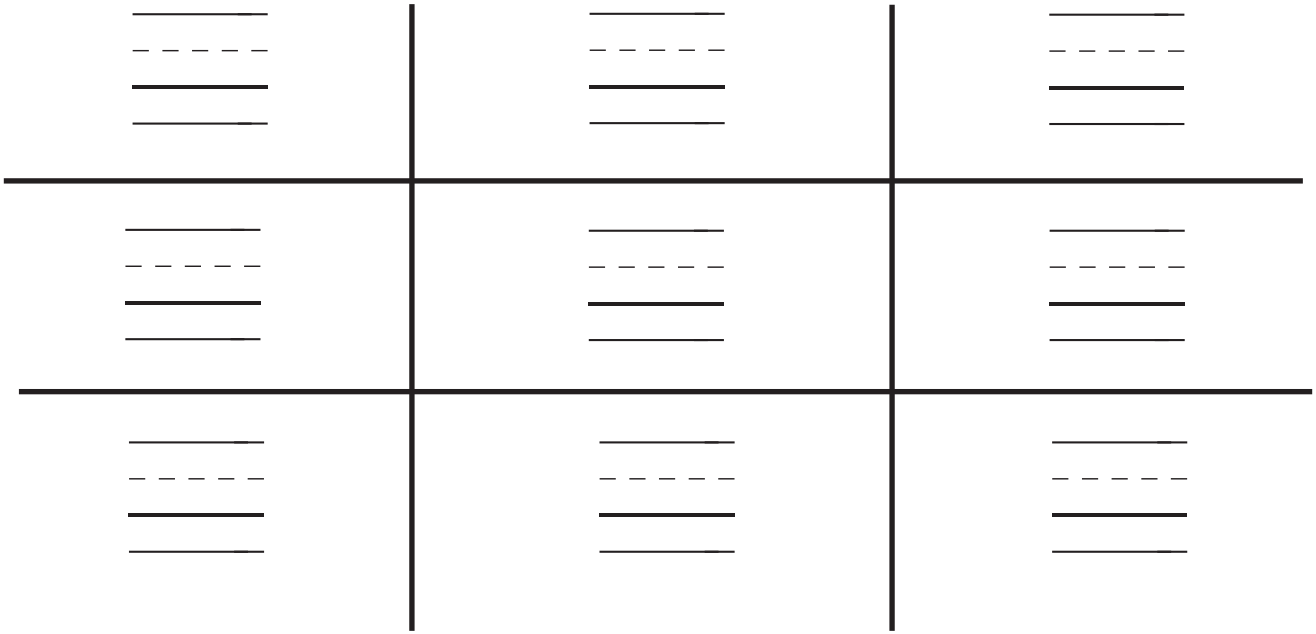
Name: _____

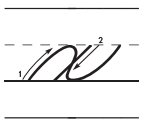
Note to Families: In handwriting, we have been writing the letters *y* and *x*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, switch letters with your child, and play again.

Play tic-tac-toe using *y* and *x*.



Stroke Descriptions

1. Overcurve; slant; undercurve.
2. Slant; loop back; overcurve.



1. Overcurve; slant; undercurve. Lift.
2. Slant.

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Name: _____

Note to Families: In handwriting, we have been writing the letters *v* and *z*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, ask your child more questions that have answers beginning with the letters *v* and *z*.

Use the words from the Word Box to answer the questions below. Then write a sentence using some of the words.

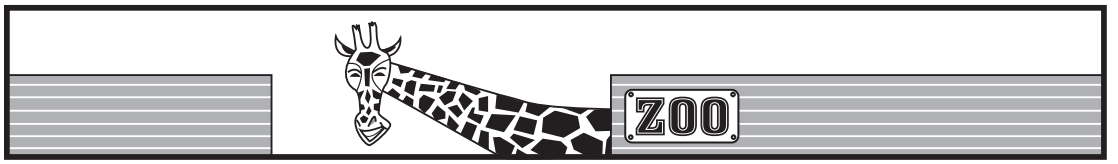
WORD BOX

zebra

zoo

very

vine



Where might you go on a field trip?

_____

_____

_____

_____

What animal has stripes?

_____

_____

_____

_____

From what do monkeys swing?

_____

_____

_____

_____

A trip to the zoo is _____ fun.

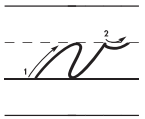
_____

_____

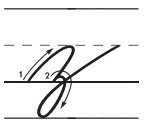
_____

_____

Stroke Descriptions



1. Overcurve; slant; undercurve.
2. Checkstroke.



1. Overcurve; slant.
2. Overcurve; curve down; loop; overcurve.

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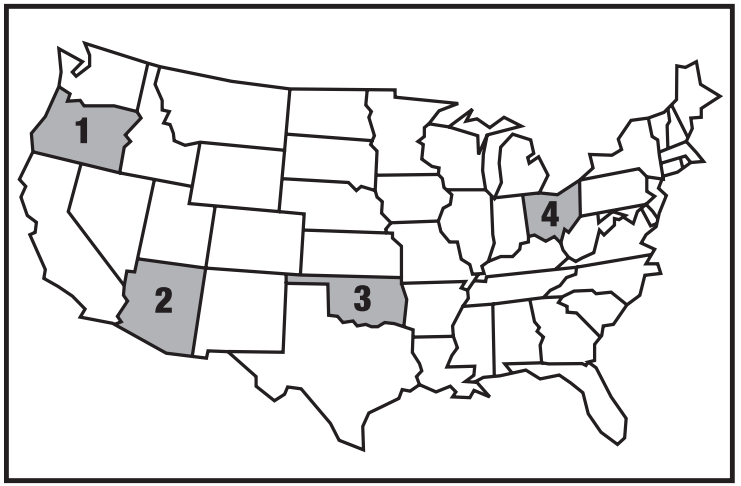
Name:

Note to Families: In handwriting, we have been writing the letters *a* and *o*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write more locations that begin with *a* and *o*.

Write the cities and states that are indicated on the map.

Locations

1. Albany, Oregon
2. Oatman, Arizona
3. Alva, Oklahoma
4. Akron, Ohio



1.

2.

3.

4.

Stroke Descriptions

a
1. Downcurve; undercurve.
2. Slant; undercurve.

o
1. Downcurve; undercurve; loop; curve right.

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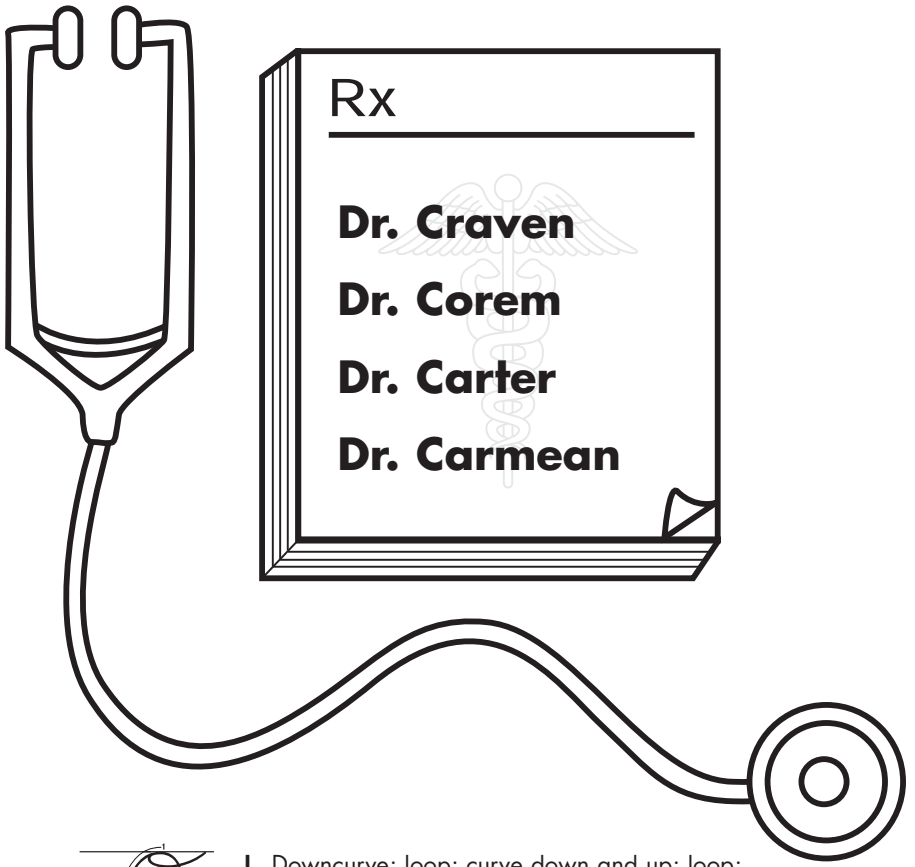
Name:

Note to Families: In handwriting, we have been writing the letters *D* and *C*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child write more names that begin with *D* or *C*.

Rewrite the following doctors' names in cursive.



Stroke Descriptions

D

1. Downcurve; loop; curve down and up; loop; curve right.

C

1. Slant.
2. Downcurve; undercurve.

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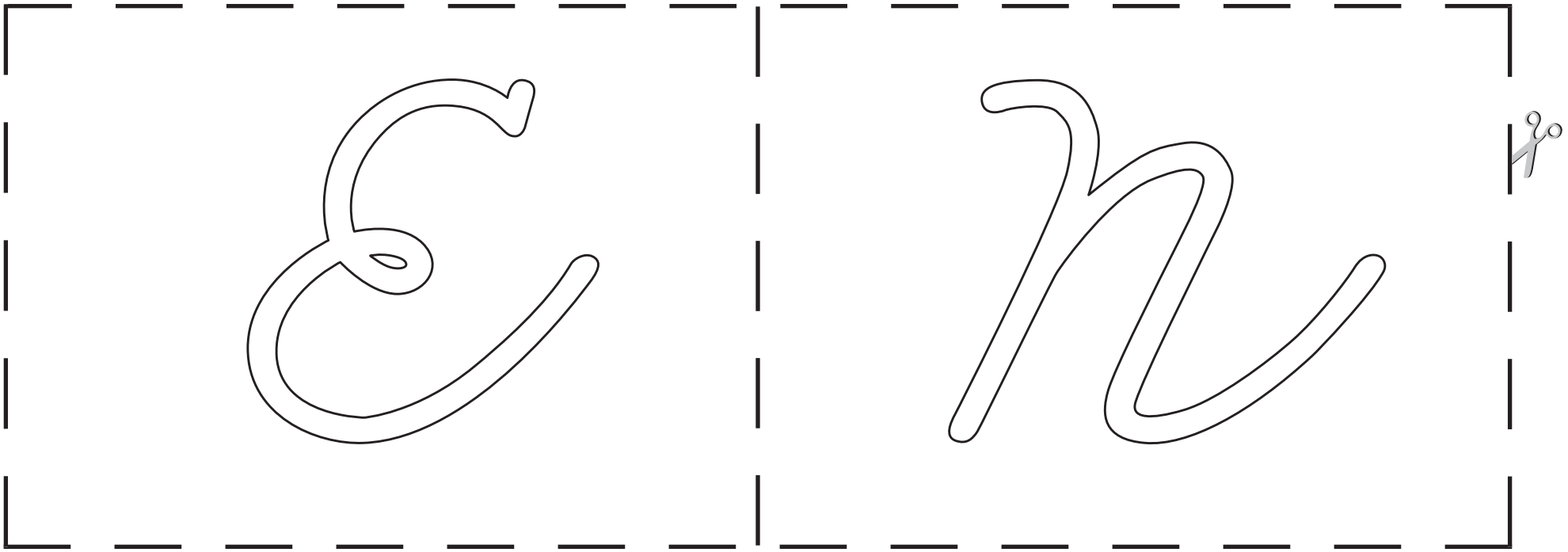
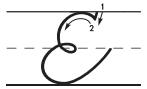
Name: _____

Note to Families: In handwriting, we have been writing the letters *E* and *n*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child place the letter cards on items around the home that begin with *E* or *n*.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct stroke sequence.



Stroke Descriptions



1. Slant.
2. Downcurve; loop; downcurve; undercurve.

1. Curve forward; slant.
2. Overcurve; slant; undercurve.

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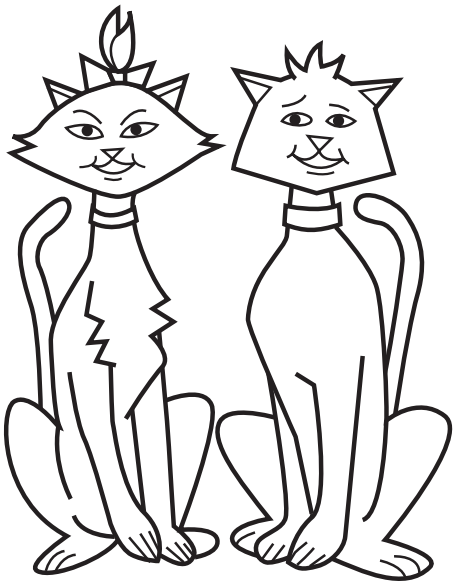
Name:

Note to Families: In handwriting, we have been writing the letters *m* and *h*. Use the stroke descriptions below to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, have your child think of friends' last names that begin with *m* and *h* and practice writing them.

Make a list of girls' names that begin with *m*. Make a list of boys' names that begin with *h*.

Girls' Names



Boys' Names

Stroke Descriptions

m
1. Curve forward; slant.
2. Overcurve; slant.
3. Overcurve; slant; undercurve.

h
1. Curve forward; slant. Lift.
2. Curve back; slant.
3. Retrace; loop; curve right.

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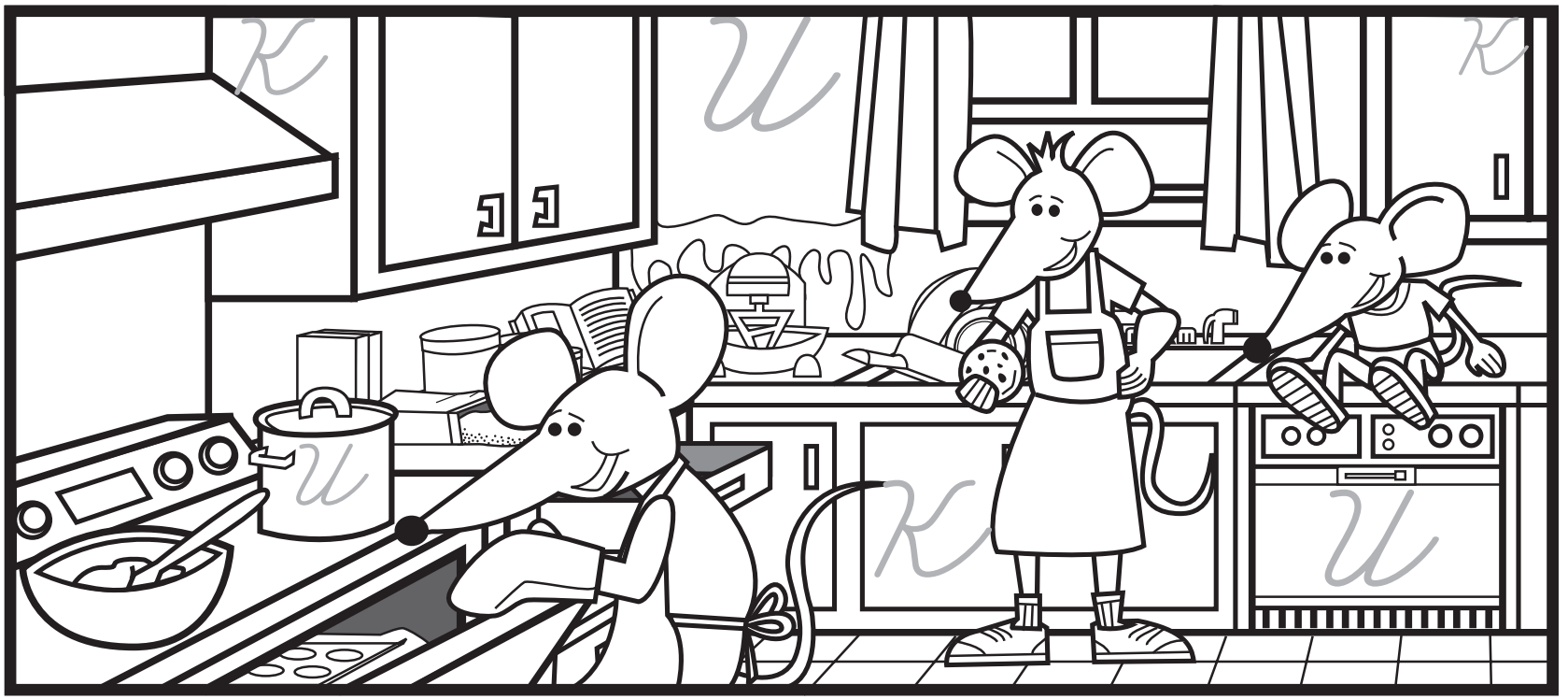
Name:

Note to Families: In handwriting, we have been learning the letters *k* and *u*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child find words that contain *k* and *u* and practice writing them.

Trace the shaded letters in the picture. Color the picture.



Stroke Descriptions

k
1. Curve forward; slant. Lift.
2. Doublecurve.
3. Curve forward and down; undercurve.

u
1. Curve forward; slant; undercurve.
2. Slant; undercurve.

Practice Master 92

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Name:

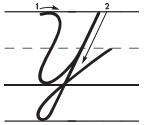
Note to Families: In handwriting, we have been learning the letters *Y* and *Z*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child create his/her own signs that contain words beginning with *Y* and *Z*.

Make signs for these city zoos. Use the example to help you. Decorate the signs.

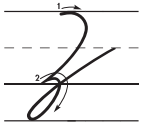
Yellow Yampa Yazoo Yakima York Yankton

Yankton zoo

Stroke Descriptions



1. Curve forward; slant; undercurve.
2. Slant; loop back; overcurve.



1. Curve forward and down; slant.
2. Overcurve; curve down; loop; overcurve.

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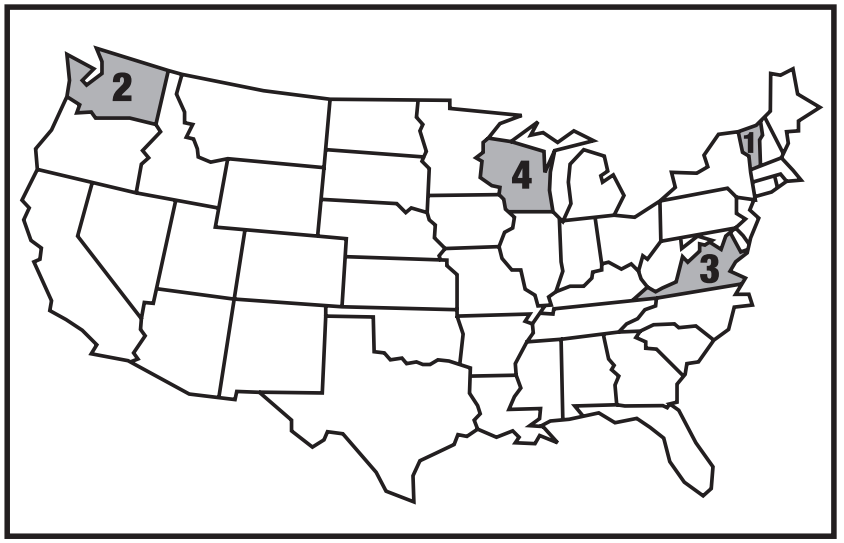
Name: _____

Note to Families: In handwriting, we have been learning the letters *V* and *W*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child look for cities that begin with *V* or *W* and practice writing them.

Match each state's name with the correct number on the map. Write the states.

Vermont *Washington* *Virginia* *Wisconsin*



1. _____
2. _____
3. _____
4. _____

Stroke Descriptions

V

1. Curve forward; slant; undercurve; overcurve.

W

1. Curve forward; slant; undercurve.
2. Slant; undercurve; overcurve.

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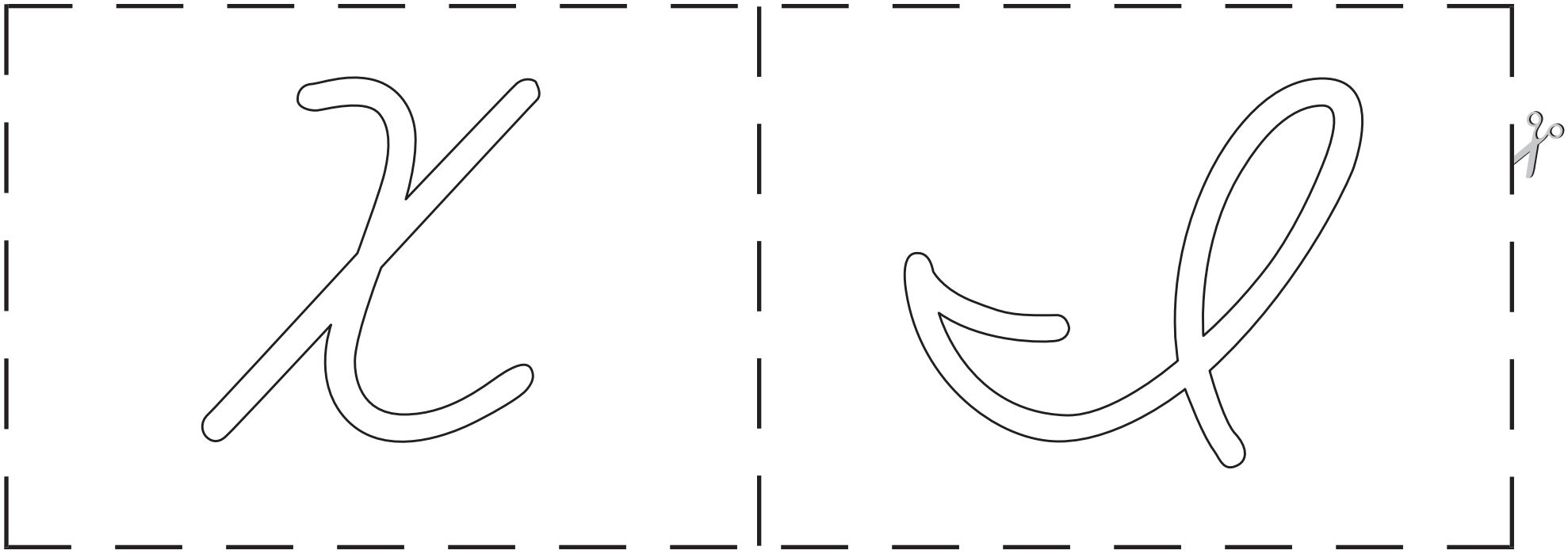
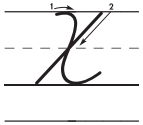
Name:

Note to Families: In handwriting, we have been learning the letters *x* and *y*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child place the letter cards on items at home whose names include the letters *x* or *y*.

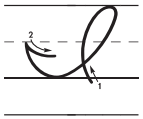
Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct stroke sequence.



Stroke Descriptions



1. Curve forward; slant; undercurve. Lift.
2. Slant.



1. Overcurve; curve down and up.
2. Retrace; curve right.

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Name:

Note to Families: In handwriting, we have been learning the letters J and Q. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child find more names that begin with J and Q and practice writing them.

Write the King's invitation list to the ball in cursive.

Queen Jackie

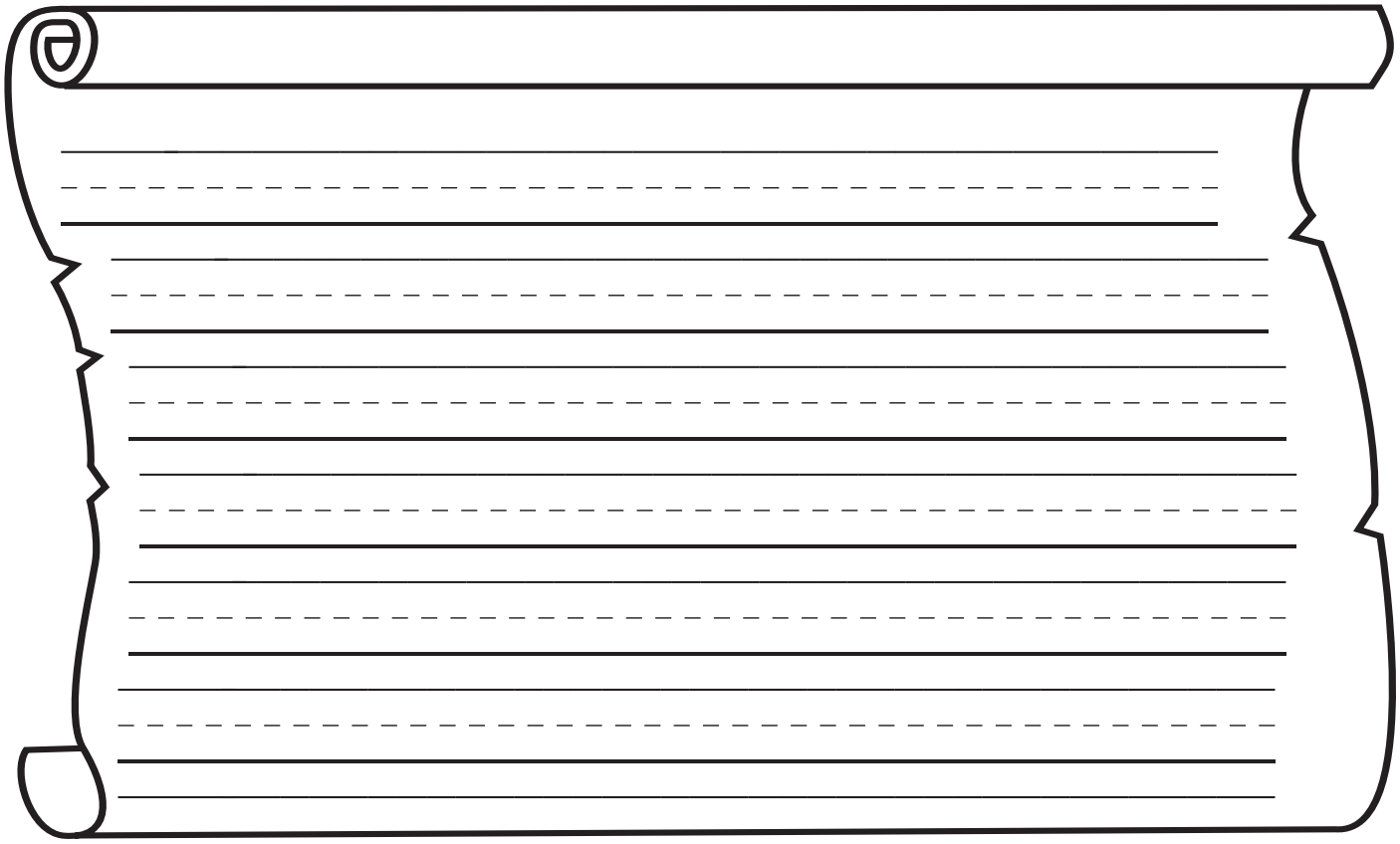
Queen Julie

Queen Josefina

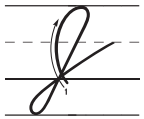
Queen Jennifer

Queen Jean

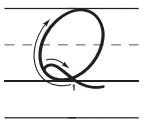
Queen Janet



Stroke Descriptions



J. Overcurve; slant; loop back; overcurve.



Q. Curve back; overcurve; curve down; retrace; curve forward; curve under.

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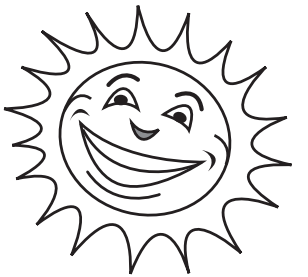
Name:

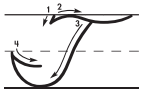
Note to Families: In handwriting, we have been learning the letters *T* and *F*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, ask your child more true or false questions, and have him/her write the answer.



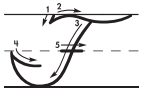
Write in cursive whether the following statements are *True* or *False*.

1. There are 15 months in a year.
2. The sun is hot.
3. 2+5=10
4. You are old enough to drive a car.
5. The colors of the American flag are red, white, and blue.

Stroke Descriptions



1. Slant.
2. Curve forward and right. Lift.
3. Doublecurve; curve up.
4. Retrace; curve right.



1. Slant.
2. Curve forward and right. Lift.
3. Doublecurve; curve up.
4. Retrace; curve right. Lift.
5. Slide right.

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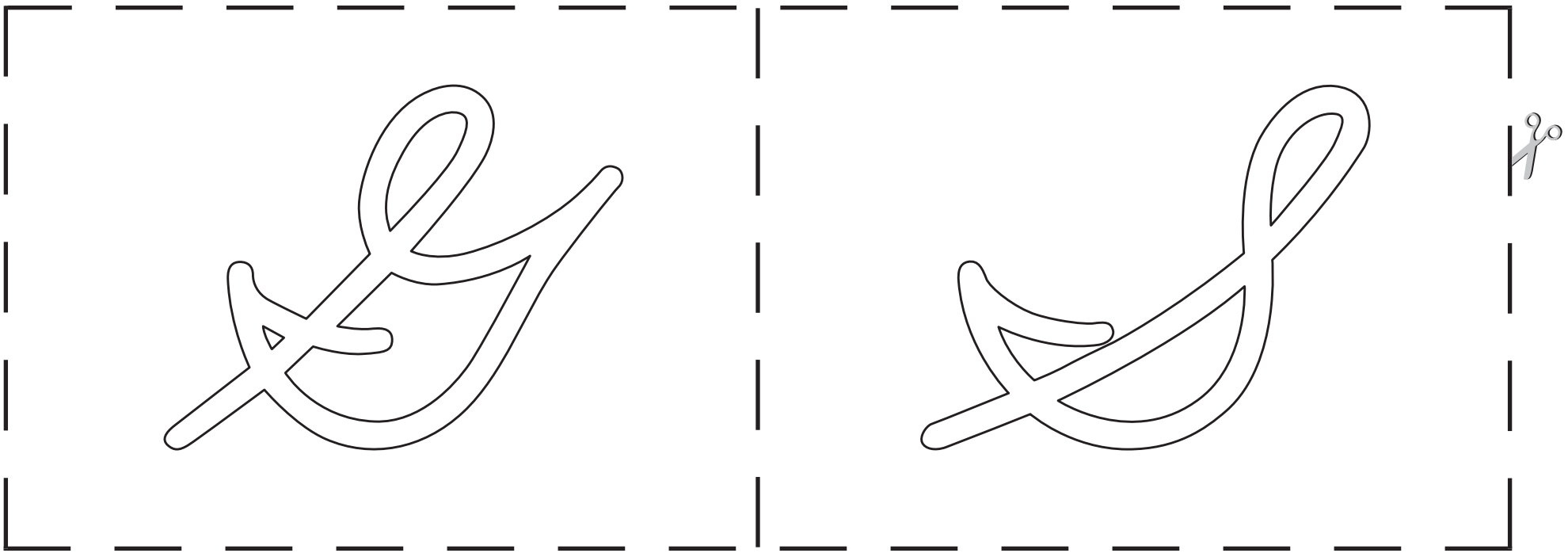
Name: _____

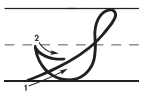
Note to Families: In handwriting, we have been learning the letters *G* and *S*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child place the letter cards on things around the home that begin with *G* or *S*.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct stroke sequence.



Stroke Descriptions

1. Undercurve; loop; curve forward.
2. Doublecurve; curve up.
3. Retrace; curve right.



1. Undercurve; loop; curve down and up.
2. Retrace; curve right.

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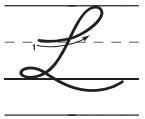
Name:

Note to Families: In handwriting, we have been learning the letters *L* and *P*. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child create more team names that begin with the letters *L* and *P*.

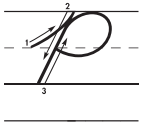
Write the names of cities and mascots to create new sports teams.

Cities	Mascots
Paducah	Lobsters
Lake	Parrots
Portland	Panthers
Linden	Llamas
Lima	Pandas

Stroke Descriptions



1. Undercurve; loop; curve down; loop; curve under.



1. Undercurve.
2. Slant.
3. Retrace; curve forward and back.

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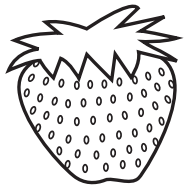
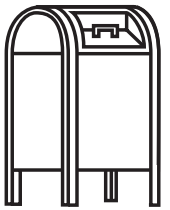
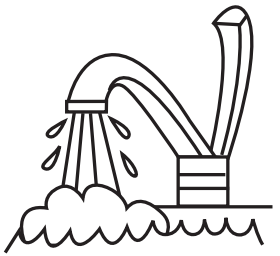
Name: _____

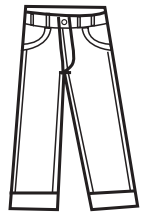
Note to Families: In handwriting, we have been learning the letters R and B. Use the stroke descriptions below to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child find more words that begin with R and B and practice writing them.

Write R below the items that are usually red. Write B below the items that are usually blue.
Color the items the appropriate color.

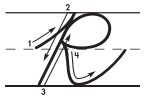




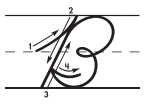




Stroke Descriptions



1. Undercurve.
2. Slant.
3. Retrace; curve forward and back.
4. Curve forward; undercurve.



1. Undercurve.
2. Slant.
3. Retrace; curve forward; loop; curve forward and back.
4. Retrace; curve right.

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Record of Student's Handwriting Skills

Cursive

	Needs Improvement	Shows Mastery
Sits correctly	☐	☐
Positions paper correctly	☐	☐
Holds pencil correctly	☐	☐
Writes undercurve strokes	☐	☐
Writes downcurve strokes	☐	☐
Writes overcurve strokes	☐	☐
Writes slant strokes	☐	☐
Writes *i, t, u, w*	☐	☐
Writes *e, l, b, h, f, k*	☐	☐
Writes *r, s, j, p*	☐	☐
Writes *a, d, g, o, c, q*	☐	☐
Writes *n, m, y, x, v, z*	☐	☐
Writes *A, O, D, C, E*	☐	☐
Writes *N, M, H, K*	☐	☐
Writes *U, Y, Z*	☐	☐
Writes *V, W, X*	☐	☐
Writes *I, J, Q*	☐	☐
Writes *T, F*	☐	☐
Writes *G, S, L*	☐	☐
Writes *P, R, B*	☐	☐
Writes numerals *1–10*	☐	☐

	Needs Improvement	Shows Mastery
Writes the undercurve-to-undercurve joining	☐	☐
Writes the undercurve-to-downcurve joining	☐	☐
Writes the undercurve-to-overcurve joining	☐	☐
Writes the checkstroke-to-undercurve joining	☐	☐
Writes the checkstroke-to-downcurve joining	☐	☐
Writes the checkstroke-to-overcurve joining	☐	☐
Writes the overcurve-to-undercurve joining	☐	☐
Writes the overcurve-to-downcurve joining	☐	☐
Writes the overcurve-to-overcurve joining	☐	☐
Writes with correct shape	☐	☐
Writes with correct size	☐	☐
Writes with correct spacing	☐	☐
Writes with correct slant	☐	☐
Regularly checks written work for legibility	☐	☐

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Table of Contents

Zaner-Bloser Handwriting

Certificate of Progress

Awarded to

_____

In recognition of outstanding progress toward the goals and standards set forth in the Zaner-Bloser Handwriting Program.

Given this _____ day of _____ , 20____ .

_____ Grade

_____ Teacher/Principal

_____ School

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Certificate of Excellence

Awarded to

_____

In recognition of outstanding excellence toward the goals and standards set forth in the Zaner-Bloser Handwriting Program.

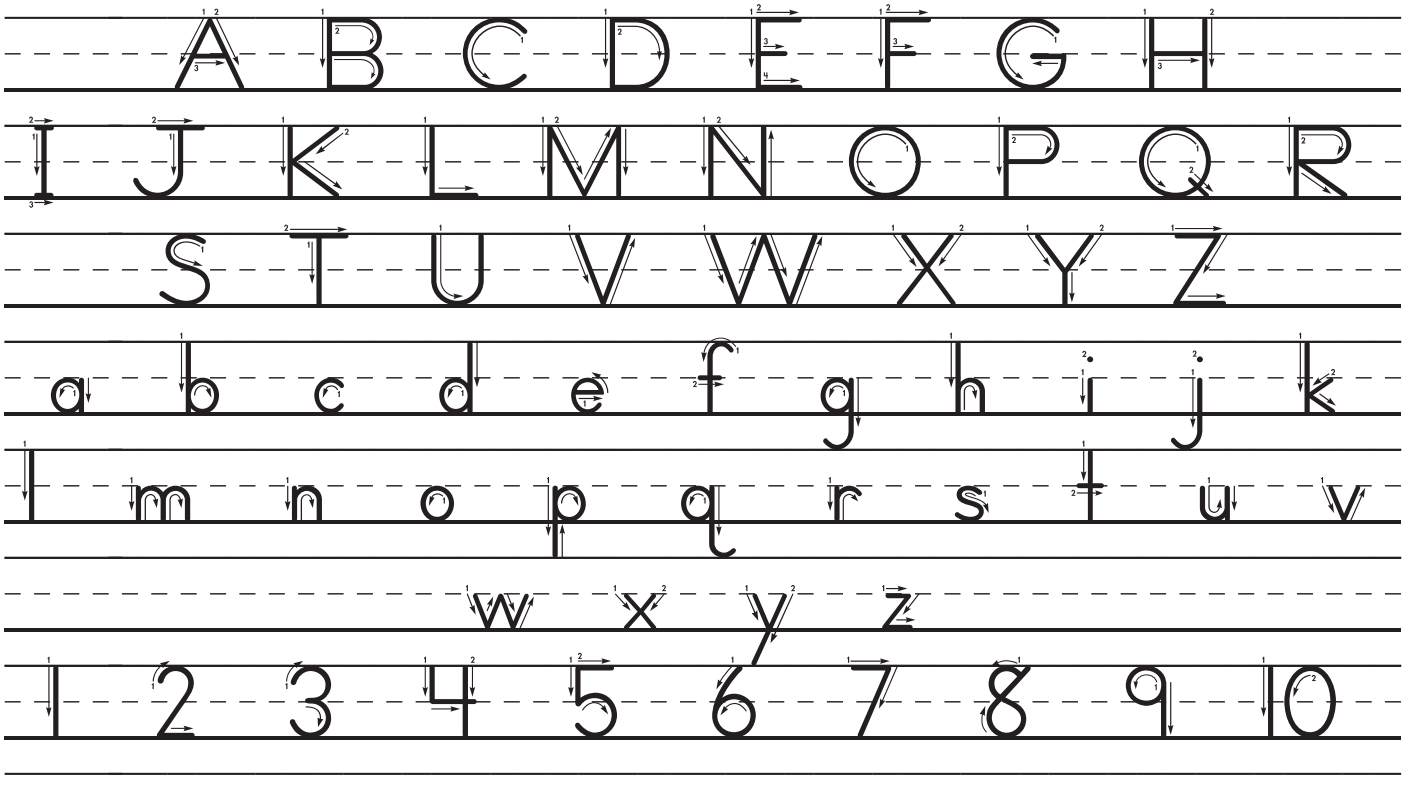
Given this _____ day of _____ , 20____ .

_____ _____

Grade **Teacher/Principal**

Table of Contents

Manuscript Alphabet and Numerals



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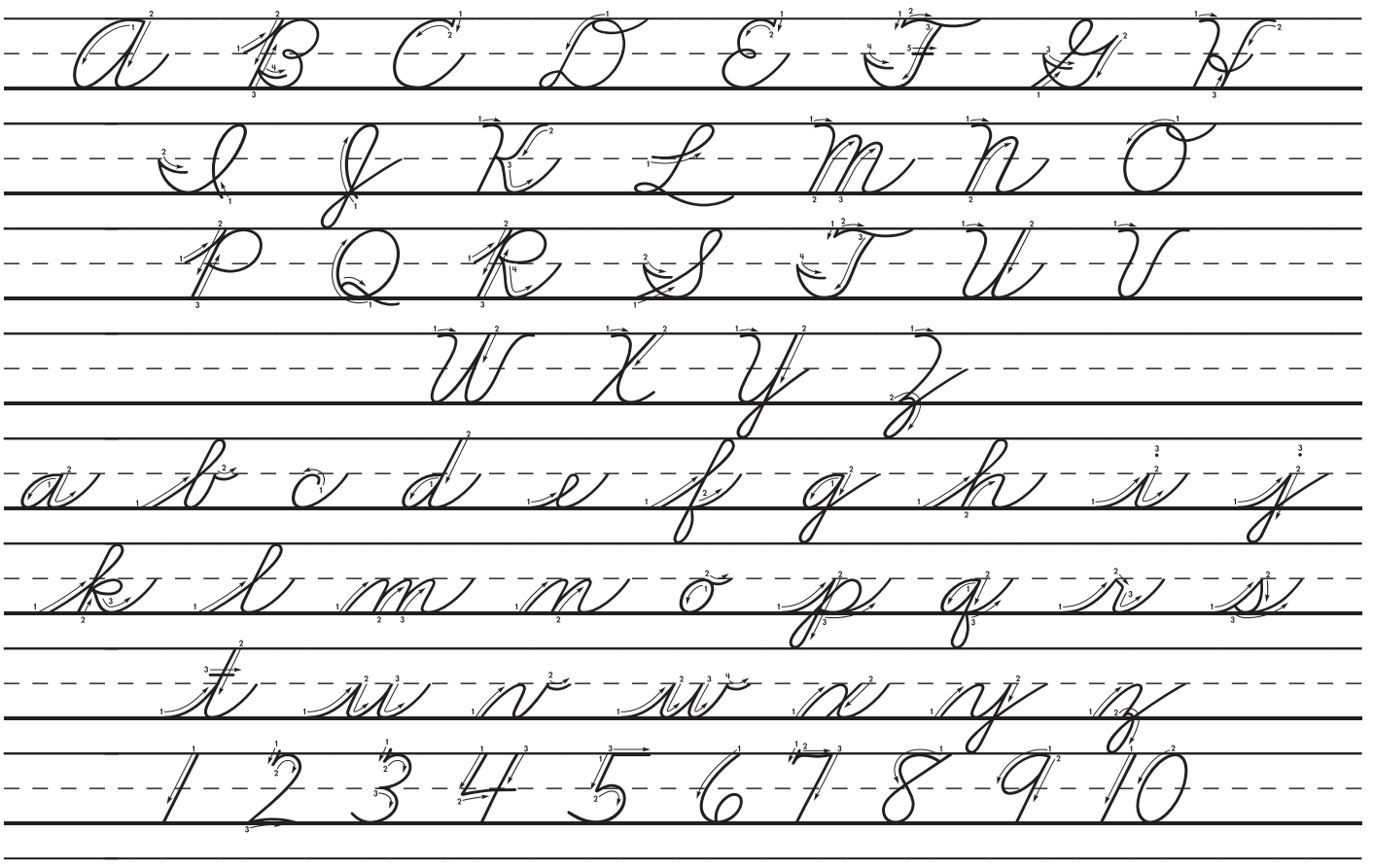
Cursive Alphabet and Numerals



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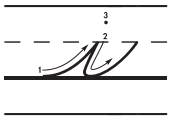
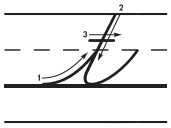
Cursive Stroke Descriptions



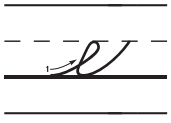
1. Undercurve.
2. Slant; undercurve. Lift.
3. Dot.



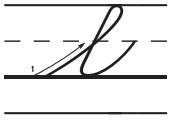
1. Undercurve.
2. Slant; undercurve. Lift.
3. Slide right.

1. Undercurve.
2. Slant; undercurve.
3. Slant; undercurve.

1. Undercurve.
2. Slant; undercurve.
3. Slant; undercurve.
4. Checkstroke.



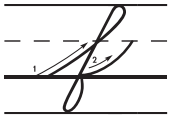
1. Undercurve; loop back; slant; undercurve.



1. Undercurve; loop back; slant; undercurve.

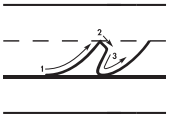
1. Undercurve; loop back; slant; undercurve.
2. Checkstroke.

1. Undercurve; loop back; slant.
2. Overcurve; slant; undercurve.

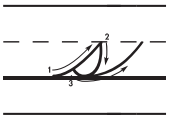


1. Undercurve; loop back; slant; loop forward.
2. Undercurve.

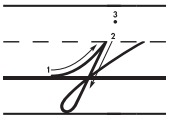
1. Undercurve; loop back; slant.
2. Overcurve; curve forward; curve under.
3. Slant right; undercurve.



1. Undercurve.
2. Slant right.
3. Slant; undercurve.



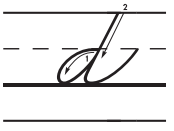
1. Undercurve.
2. Curve down and back.
3. Undercurve.



1. Undercurve.
2. Slant; loop back; overcurve. Lift.
3. Dot.

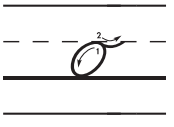
1. Undercurve.
2. Slant; loop back; overcurve; curve back.
3. Undercurve.

1. Downcurve; undercurve.
2. Slant; undercurve.

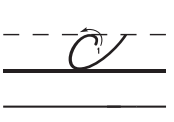


1. Downcurve; undercurve.
2. Slant; undercurve.

1. Downcurve; undercurve.
2. Slant; loop back; overcurve.



1. Downcurve; undercurve.
2. Checkstroke.



1. Downcurve; undercurve.

1. Downcurve; undercurve.
2. Slant; loop forward.
3. Undercurve.

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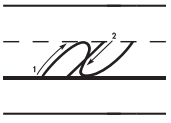
Cursive Stroke Descriptions

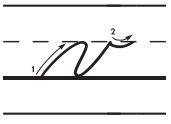
1. Overcurve; slant.
2. Overcurve; slant; undercurve.

1. Overcurve; slant.
2. Overcurve; slant.
3. Overcurve; slant; undercurve.

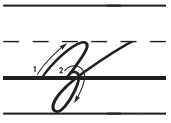
1. Overcurve; slant; undercurve.
2. Slant; loop back; overcurve.



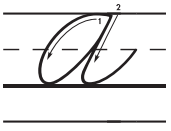
1. Overcurve; slant; undercurve. Lift.
2. Slant.



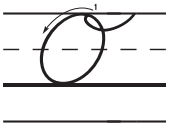
1. Overcurve; slant; undercurve.
2. Checkstroke.



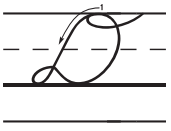
1. Overcurve; slant.
2. Overcurve; curve down; loop; overcurve.



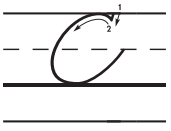
1. Downcurve; undercurve.
2. Slant; undercurve.



1. Downcurve; undercurve; loop; curve right.

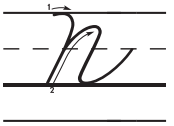


1. Downcurve; loop; curve down and up; loop; curve right.

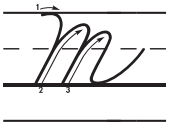


1. Slant.
2. Downcurve; undercurve.

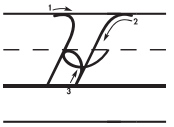
1. Slant.
2. Downcurve; loop; downcurve; undercurve.



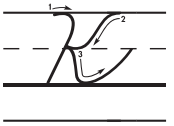
1. Curve forward; slant.
2. Overcurve; slant; undercurve.



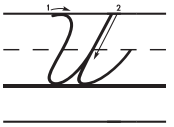
1. Curve forward; slant.
2. Overcurve; slant.
3. Overcurve; slant; undercurve.



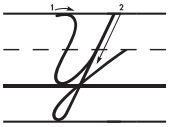
1. Curve forward; slant. Lift.
2. Curve back; slant.
3. Retrace; loop; curve right.



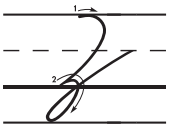
1. Curve forward; slant. Lift.
2. Doublecurve.
3. Curve forward and down; undercurve.



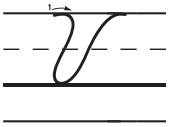
1. Curve forward; slant; undercurve.
2. Slant; undercurve.



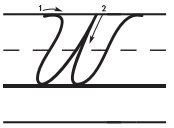
1. Curve forward; slant; undercurve.
2. Slant; loop back; overcurve.



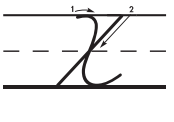
1. Curve forward and down; slant.
2. Overcurve; curve down; loop; overcurve.



1. Curve forward; slant; undercurve; overcurve.



1. Curve forward; slant; undercurve.
2. Slant; undercurve; overcurve.



1. Curve forward; slant; undercurve. Lift.
2. Slant.

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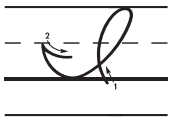
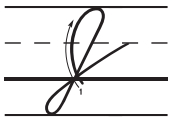
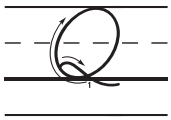
Cursive Stroke Descriptions



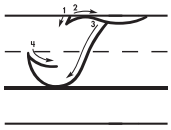
1. Overcurve; curve down and up.
2. Retrace; curve right.



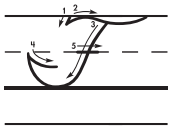
1. Overcurve; slant; loop back; overcurve.



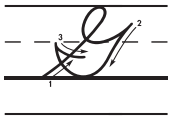
1. Curve back; overcurve; curve down; retrace; curve forward; curve under.



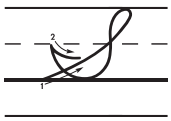
1. Slant.
2. Curve forward and right. Lift.
3. Doublecurve; curve up.
4. Retrace; curve right.



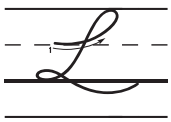
1. Slant.
2. Curve forward and right. Lift.
3. Doublecurve; curve up.
4. Retrace; curve right. Lift.
5. Slide right.



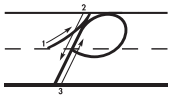
1. Undercurve; loop; curve forward.
2. Doublecurve; curve up.
3. Retrace; curve right.



1. Undercurve; loop; curve down and up.
2. Retrace; curve right.

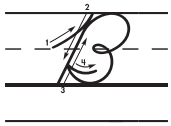


1. Undercurve; loop; curve down; loop; curve under.

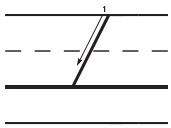


1. Undercurve.
2. Slant.
3. Retrace; curve forward and back.

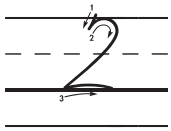
1. Undercurve.
2. Slant.
3. Retrace; curve forward and back.
4. Curve forward; undercurve.



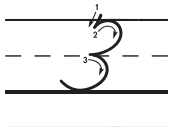
1. Undercurve.
2. Slant.
3. Retrace; curve forward; loop; curve forward and back.
4. Retrace; curve right.



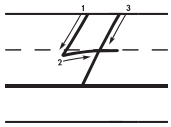
1. Slant.



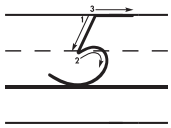
1. Slant.
2. Curve forward; slant.
3. Curve right.



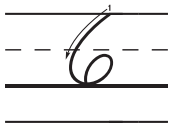
1. Slant.
2. Curve forward and back.
3. Curve forward and back.



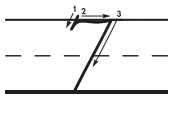
1. Slant.
2. Slide right. Lift.
3. Slant.



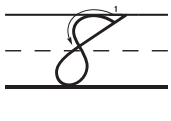
1. Slant.
2. Curve forward and back. Lift.
3. Slide right.



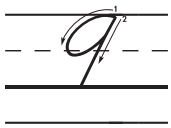
1. Curve down and forward; loop.



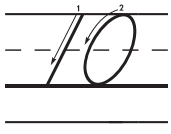
1. Slant.
2. Doublecurve.
3. Slant.



1. Curve back and down; curve back; slant up.



1. Downcurve; undercurve.
2. Slant.



1. Slant. Lift.
2. Downcurve; undercurve.

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