



Student/Classroom: _____ Examiner: _____ Assessment Date: _____

Salmon: Uphill Fighters 610

The Six-Minute Solution, Sopris West

The salmon is the state fish of Alaska. Named after Greek words meaning “hook” **(and)** “nose,” salmon are sometimes called the **(Greek)** gods of the sea. Salmon contain **(Omega)** 3, considered by some to be a **(miracle)** ingredient. Omega 3 reportedly helps to reduce **(the)** risk of heart attack. It is **(a)** popular choice on many restaurant menus, **(in)** grocery stores, and in fish markets. **(Consequently)**, commercial fisherman catch millions of salmon **(each)** year.

As part of their natural **(life)** cycle, wild salmon have but one **(purpose)** in life. Their only goal is **(to)** spawn, or reproduce. Once a salmon **(has)** spawned, it dies. Salmon are on **(the)** move from the time they are **(born)**. Most wild salmon are born in **(gravel)** beds in streams or lakes. Recently **(hatched)** salmon, called fry, travel far and **(wide)** on a quest to find salt **(water)**. As they travel, salmon must dodge **(bigger)** fish to avoid being eaten. After **(a)** period of one to seven years **(of)** adventure, a salmon’s natural instinct **(tells)** it that it is time to **(return)** home. Salmon will bravely fight many **(obstacles)** as they embark on their trip. **(Frequently)**, they battle water currents, swimming upstream **(to)** reach the spawning beds where they **(were)** born. They then lay and fertilize **(their)** eggs. Once that job is completed, **(the)** salmon dies. This journey back to **(their)** birthplace for the purpose of reproduction **(is)** called the salmon run.



Student Name: _____ Classroom: _____ Date: _____
--

Salmon: Uphill Fighters 610

The Six-Minute Solution, Sopris West

The salmon is the state fish of Alaska. Named after Greek words meaning “hook” **(and, tells, they)** “nose,” salmon are sometimes called the **(being, Greek, and)** gods of the sea. Salmon contain **(attack, salt, Omega)** 3, considered by some to be a **(miracle, their, dodge)** ingredient. Omega 3 reportedly helps to reduce **(part, fertilize, the)** risk of heart attack. It is **(once, a, embark)** popular choice on many restaurant menus, **(in, meaning, called)** grocery stores, and in fish markets. **(Consequently, Commercial, State)**, commercial fisherman catch millions of salmon **(then, water, each)** year.

As part of their natural **(greek, or, life)** cycle, wild salmon have but one **(purpose, for, helps)** in life. Their only goal is **(after, to, that)** spawn, or reproduce. Once a salmon **(consequently, has, back)** spawned, it dies. Salmon are on **(the, must, omega)** move from the time they are **(of, it, born)**. Most wild salmon are born in **(be, to, gravel)** beds in streams or lakes. Recently **(hatched, choice, menus)** salmon, called fry, travel far and **(run, miracle, wide)** on a quest to find salt **(water, goal, stores)**. As they travel, salmon must dodge **(millions, natural, bigger)** fish to avoid being eaten. After **(adventure, a, this)** period of one to seven years **(as, lakes, of)** adventure, a salmon’s natural instinct **(beds, tells, wide)** it that it is time to **(return, they, salmon)** home. Salmon will bravely fight many **(obstacles, they, risk)** as they embark on their trip. **(Lay, Frequently, Some)**, they battle water currents, swimming upstream **(period, reduce, to)** reach the spawning beds where they **(spawn, were, nose)** born. They then lay and fertilize **(life, many, their)** eggs. Once that job is completed, **(were, the, have)** salmon dies. This journey back to **(years, in, their)** birthplace for the purpose of reproduction **(completed, eggs, is)** called the salmon run.