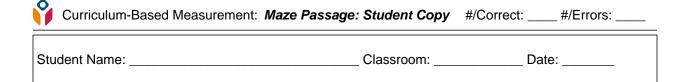
Student/Classroom:	Examiner:	Assessment Date:

Salmon: Uphill Fighters 610

The Six-Minute Solution, Sopris West

The salmon is the state fish of Alaska. Named after Greek words meaning "hook" (and) "nose," salmon are sometimes called the (Greek) gods of the sea. Salmon contain (Omega) 3, considered by some to be a (miracle) ingredient. Omega 3 reportedly helps to reduce (the) risk of heart attack. It is (a) popular choice on many restaurant menus, (in) grocery stores, and in fish markets. (Consequently), commercial fisherman catch millions of salmon (each) year.

As part of their natural (life) cycle, wild salmon have but one (purpose) in life. Their only goal is (to) spawn, or reproduce. Once a salmon (has) spawned, it dies. Salmon are on (the) move from the time they are (born). Most wild salmon are born in (gravel) beds in streams or lakes. Recently (hatched) salmon, called fry, travel far and (wide) on a quest to find salt (water). As they travel, salmon must dodge (bigger) fish to avoid being eaten. After (a) period of one to seven years (of) adventure, a salmon's natural instinct (tells) it that it is time to (return) home. Salmon will bravely fight many (obstacles) as they embark on their trip. (Frequently), they battle water currents, swimming upstream (to) reach the spawning beds where they (were) born. They then lay and fertilize (their) eggs. Once that job is completed, (the) salmon dies. This journey back to (their) birthplace for the purpose of reproduction (is) called the salmon run.



Salmon: Uphill Fighters 610
The Six-Minute Solution, Sopris West

The salmon is the state fish of Alaska. Named after Greek words meaning "hook" (and, tells, they) "nose," salmon are sometimes called the (being, Greek, and) gods of the sea. Salmon contain (attack, salt, Omega) 3, considered by some to be a (miracle, their, dodge) ingredient. Omega 3 reportedly helps to reduce (part, fertilize, the) risk of heart attack. It is (once, a, embark) popular choice on many restaurant menus, (in, meaning, called) grocery stores, and in fish markets. (Consequently, Commercial, State), commercial fisherman catch millions of salmon (then, water, each) year.

As part of their natural (greek, or, life) cycle, wild salmon have but one (purpose, for, helps) in life. Their only goal is (after, to, that) spawn, or reproduce. Once a salmon (consequently, has, back) spawned, it dies. Salmon are on (the, must, omega) move from the time they are (of, it, born). Most wild salmon are born in (be, to, gravel) beds in streams or lakes. Recently (hatched, choice, menus) salmon, called fry, travel far and (run, miracle, wide) on a quest to find salt (water, goal, stores). As they travel, salmon must dodge (millions, natural, bigger) fish to avoid being eaten. After (adventure, a, this) period of one to seven years (as, lakes, of) adventure, a salmon's natural instinct (beds, tells, wide) it that it is time to (return, they, salmon) home. Salmon will bravely fight many (obstacles, they, risk) as they embark on their trip. (Lay, Frequently, Some), they battle water currents, swimming upstream (period, reduce, to) reach the spawning beds where they (spawn, were, nose) born. They then lay and fertilize (life, many, their) eggs. Once that job is completed, (were, the, have) salmon dies. This journey back to (years, in, their) birthplace for the purpose of reproduction (completed, eggs, is) called the salmon run.