**Teen Living Websites & Activities**

Delish.com- Free daily digital cooking classes for kids @ 1pm EST time on Instagram

<https://www.delish.com/food-news/g31786555/delish-instagram-live-kids-cooking-class/>

Recipes for Teens

<https://diyprojectsforteens.com/diy-recipes-teens/>

My Plate - All kinds of food and nutrition related activities

<https://www.choosemyplate.gov/>

25 Sewing Projects to sew in under 10 minutes

<https://crazylittleprojects.com/quickandeasysewingprojects/>

Ideas to do at home as a family

<https://familyeguide.com/boredom-busters-110-fun-at-home-activities-for-families-kids-2/>

Chores for Teens (Ways to help your parents)

<https://www.verywellfamily.com/over-50-ideas-of-chores-for-teens-2609291>

Family & Consumer Science Learning Games

<https://www.internet4classrooms.com/ct-fcs.htm>