

Bessemer Center for Technology

Family and Consumer Sciences (FACS) Syllabus

Ms. Kimbrell / Room 1088/ Course Fee \$40 / Prerequisites: None

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Course Description:

Family and Consumer Sciences is a one-credit course that serves as the foundation course for the Human Services cluster, except for the Personal Care Services pathway. Course content provides opportunities for students to explore the core content included in the Family Studies and Consumer Sciences; Early Childhood Development and Services; Fashion; Interior Design; Food, Wellness, and Dietetics; and Consumer Sciences pathways. Major topics are marriage and family life, parenting and caregiving, consumer services, apparel, housing, food and nutrition, and technology and careers. This course is not a prerequisite for courses included in all pathways within the cluster; however, students are encouraged to take the course before entering a pathway.

Course Goals:

- Provide adequate and relevant instruction to produce informed, responsible, productive citizens.
- Continuously improve and upgrade the program to meet the changing needs of the industry, technology and the students themselves.
- Focus on lifelong learning and needs of all students.

Instructional Plan:

The course is broken up into 8 units. Each unit will include project based learning assignments, formative and summative assessments, and instruction that embeds literacy and math skills.

Unit 1: Foundations of Family and Consumer Sciences

- Apply mathematical, reading, writing, critical and creative thinking, decision-making, and problem-solving skills to effectively perform the work of the family and provide services to consumers.

- Explain the impact of goal setting and teamwork on personal, family, work, and community life.
- Recognizing the importance of FCCLA programs
- Describe qualities of healthy relationships, including effective communication skills, conflict resolution techniques, and refusal skills.

Unit 2: Marriage and Family

- Describe stages of the family life cycle and issues that influence family life at each stage.
- Explaining the significance of the dating and engagement period
- Interpret customs, traditions, and legislation that affect marriage and family life.
- Evaluate the impact of demands in the home, workplace, and community on marriage and family life.

Unit 3: Parenting and Caregiving

- Determine characteristics of a quality caregiver.
- Evaluate the impact of parenting roles on the well-being of the child and family.
 - Determining physical, mental, emotional, and social needs of children

Unit 4: Consumer Sciences

- Describe consumer issues related to meeting needs and wants of individuals and families.
 - Examples: budgeting, establishing credit, purchasing insurance, investing and saving, reporting taxes
- Interpret rights and responsibilities of consumers.
 - Proposing alternative solutions for filing a consumer complaint
 - Comparing advertising techniques used to influence consumers

Unit 5: Apparel

- Determine elements and principles of design used in selecting apparel and accessories.
- Compare methods for the care and storage of apparel and accessories.
- Demonstrate basic sewing techniques.
 - Utilizing sewing equipment in a safe and correct manner

Unit 6: Housing

- Evaluate housing options, living space, and storage space to meet individual and family housing needs across the lifespan.
- Demonstrate the selection and placement of furniture, accessories, and equipment using elements and principles of design in the home to meet individual and family needs.

Unit 7: Food and Nutrition

- Compare the nutritive value and cost of restaurant meals to home-cooked meals.
- Demonstrate food preparation using safe and correct use of equipment and sanitation practices.
- Demonstrate skill in planning, preparing, serving, and storing food.

Unit 8: Technology and Careers

- Evaluate the impact of technology on the family.
 - Determining the impact of technology on services provided to consumers
- Determine factors to be considered in the development of an effective career plan.
 - Describing procedures for obtaining employment in careers related to family and consumer sciences and human services

Essential Questions:

- What skills are needed to effectively perform the work of the family and provide services to consumers?
- What are the characteristics of a strong and healthy family?
- What are the characteristics of a quality child caregiver?
- What consumer skills should an individual acquire to function in today's society?
- How do you properly care and store apparel and accessories?
- What factors influence the consumer's selection of housing?

- Why is proper sanitation important when preparing and storing food?
- How do you develop a career plan?

Professional Student Organization

FCCLA (Family, Career and Community Leaders of America) is the professional student organization for Family & Consumer Sciences classes. You are encouraged to join. Chapter projects focus on a variety of youth concerns, including teen pregnancy, parenting, family relationships, substance abuse, peer pressure, environment, nutrition and fitness, teen violence and career exploration. Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life -- planning, goal setting, problem solving, decision making and interpersonal communication -- necessary in the home and workplace.

Grading Scale

90-100=A

80-89=B

70-79=C

60-69=D

Below 60=F

Industry credentials offered:

ServeSafe

Class Rules and Expectations:

- Respect
 - Ms. Kimbrell
 - The equipment
 - Each other
 - Yourself
- Adhere to the Bessemer City Schools and Schoology Code of conduct in all online and in class behavior
- Always be Responsible; A few Examples:

- Always be prepared for class
- Listen to directions
- Stay attentive
- Expectations
 - Be flexible and able to adapt to change, this is new for everyone
 - Be patient, polite and courteous
 - Put effort into everything we do in this course
 - Be flexible
 - Be ok Making mistakes, sometimes that's the best way to learn
 - Keep an open mind.

Course Fee and Lab Procedures:

The course fee is \$40 course fees are used to assist with classroom supplies and materials used in lab assignments. A portion of the fee, FCCLA membership. Becoming a member will allow each student an opportunity to participate in extracurricular activities, competitions, and Field trips. However if the student does not pay fees, abide by rules (School or Classroom), or complete and pass all assignments. He/She will not be allowed to participate. (Unfortunately field trips are limited due to the covid-19 pandemic)

Dress Code: For safety purposes, on lab days students are required to remove all jewelry with the exception of a watch or stud earrings. Hair restraints are required in the kitchen at ALL TIMES. Students may use a hair net or approved hat, All hair, including bangs, must be completely covered by hair restraint at all times. Failure to follow this policy will result in not being allowed into the kitchen lab.

Please sign and return this page only

I have received and read the class syllabus and understand what is expected of me and/or my student this semester.

Parent's Name: _____

Parent's Signature: _____ Date: _____

Student's Name: _____

Student's Signature: _____ Date: _____

Parent Email: _____

Parent Cell Phone #: _____

Prefer to be contacted by email - phone - no preference.

Please contact me in the event of:

_____.

Additional Information; Please List any food allergies:

_____.

Fill out online:

