

Challenge:

Choose Your Own Adventure

Let's Move It!!!

July 1 2019

tracking sheet


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Total Points for the Month:

Name:

Directions: Write your personal goal: _____

 Give yourself 5 points for every time you meet your personal goal. Tally your points in the bottom box. Submit your July points online by September 5th, at <https://rainier.tedk12.com//records, Monthly Challenge> or e-mail Debby Webster
Enter your points by September 5th to be entered in the prize drawing.

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