




HELPING OUR CHILDREN LEARN

PARENT MEETING

MARCH 23, 2021

5:00 PM

LEARNING STYLES

- 
- ❖ CHILDREN HAVE DIFFERENT WAYS OF LEARNING. EDUCATION EXPERTS HAVE ROUGHLY GROUPED THESE INTO THREE BASIC STYLES – **AUDITORY, VISUAL AND KINESTHETIC.**
 - ❖ PARENTS KNOWING YOUR CHILD'S BEST WAY TO LEARN, WILL ALLOW YOU TO HELP THEM LEARN MORE EFFECTIVELY.
 - ❖ BUT BEFORE YOU PIGEONHOLE YOURSELF OR YOUR CHILD, IT'S WORTH REMEMBERING THAT WHILE YOU MAY HAVE A DOMINANT STYLE OF LEARNING, **EVERYONE BORROWS A LITTLE BIT FROM ALL THE STYLES TO LEARN ABOUT THE WORLD AROUND THEM.**

Most common learning styles in early childhood



- **Visual:** Students with a visual style of learning will remember information best when presented with pictures or graphics. Visual learners will often recognize numbers and letters better than peers with another type of learning style.
- **Auditory:** Auditory learners are best able to understand when they hear information. In early education, auditory learners are more likely to prefer listening to stories and music.
- **Kinesthetic:** Students with a kinesthetic learning style learn best by manipulating objects and engaging in physical activities to learn the material.

LEARNING STYLES – HOW DO YOU LEARN BEST

https://youtu.be/KeAiznoj_xc



WHAT'S
YOUR
STYLE?



HOW CAN I HELP MY CHILD LEARN?

Knowing how your child learns and processes information is a valuable tool you can use to help him do better in school and develop a love of learning.

WHAT CAN I DO TO HELP MY VISUAL CHILD EXCEL IN PRESCHOOL AND BEYOND?

- The best way to support your visual child is to indulge his interests and provide him with the materials he needs to learn.
- Pay attention to what your child likes and try to approach learning from that point. If your child likes games, for example, card games can hone his memory and concentration skills.
- Have a lot of books available, so he or she can look at the pictures or make an attempt to read the words. One of the best predictors for school success is the number of books children have access to at home and how much time is spent reading with them.
- Even though we must be mindful of screen time with children, visual learners may benefit from educational television because watching helps them learn.



WHAT CAN I DO TO HELP MY AUDITORY CHILD EXCEL IN PRESCHOOL AND BEYOND?

- Have lots of audio materials, such as books-on-tape and music, readily available at home.
- If she or he is working on a project or playing a game, go over the directions orally.
- Ask your child lots of questions and encourage them to do the same if help is needed to understand something.
- Talking about subjects as much as needed will help your child grasp new concepts.

What can I do to help my kinesthetic child excel in preschool and beyond?

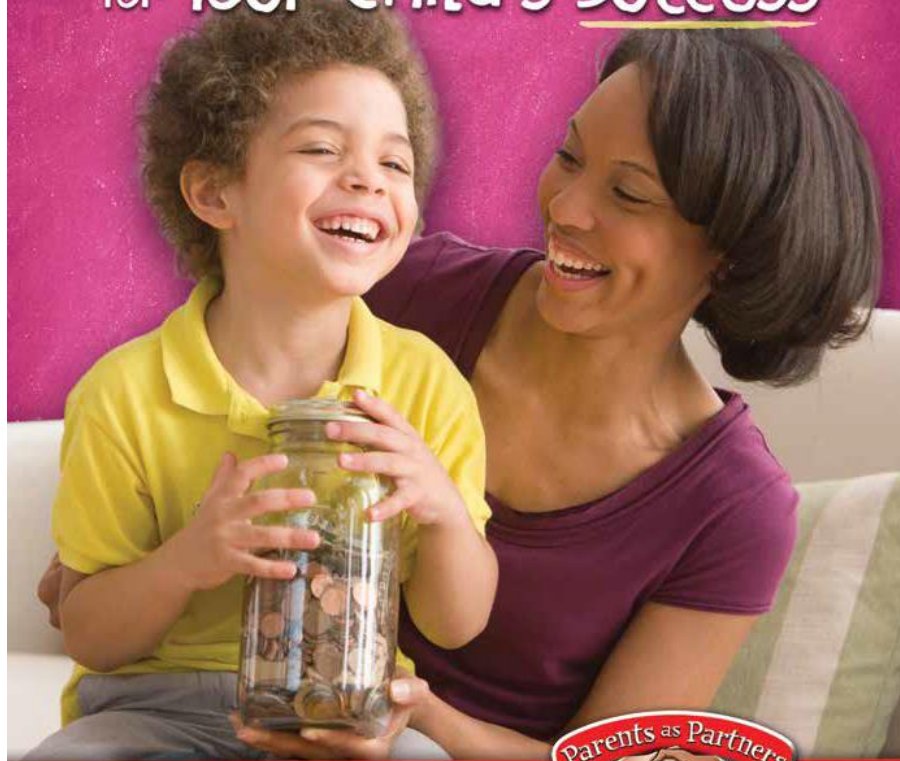
- The best way to support your physical child is to indulge their need for activities that allow them to use their hands and body to explore. Pay attention to activities your child enjoys and try to approach learning from that point.
- If your child prefers to use art supplies or play with LEGOs to learn about shapes and colors, go with the flow.
- If your child tends to count using his fingers, let them.
- If your child enjoys stories when you act them out with him/her, encourage this dramatic side.



In the end, what matters most is that you nurture and support your child's learning, no matter what the style. Follow their lead and focus not on how great they are becoming at certain subjects, but on how great your child is in general!



Pre-K
Parent Guide
for Your Child's Success



Teacher Created Materials



A GREAT START

Try these ideas to help your child be organized and responsible

- **In- and Out-Boxes**

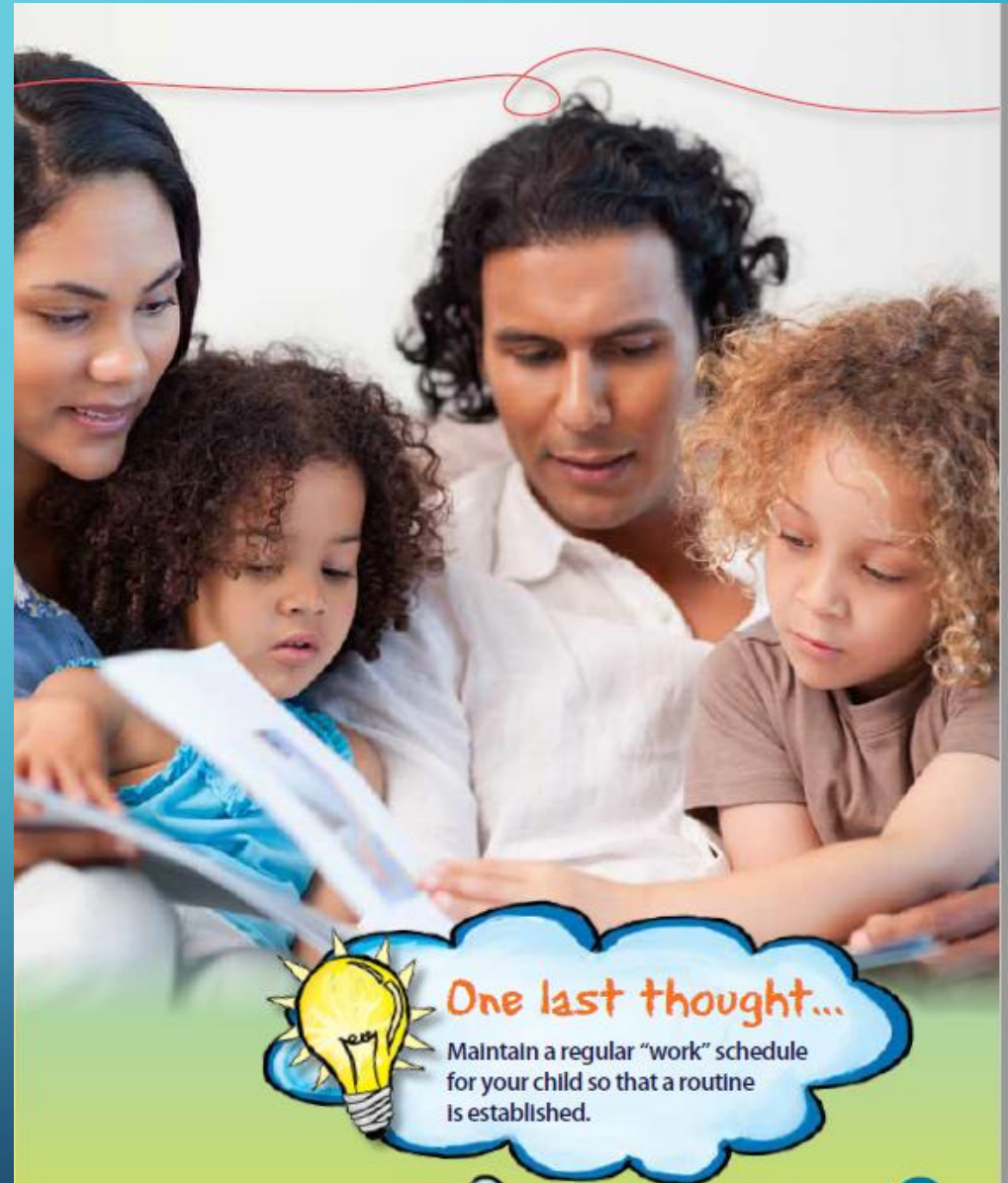
- Establish a time to go through the papers your child brings home. If you arrive home after your prekindergartner does, have an in-box for your child. Review the materials, and those that go back to the school can be put in an out-box.

- **Chores**

- Take time to establish age-appropriate chores and responsibilities with your child.

- **School at Home**

- Keep a regular time of 15 to 20 minutes for reading or looking at picture books

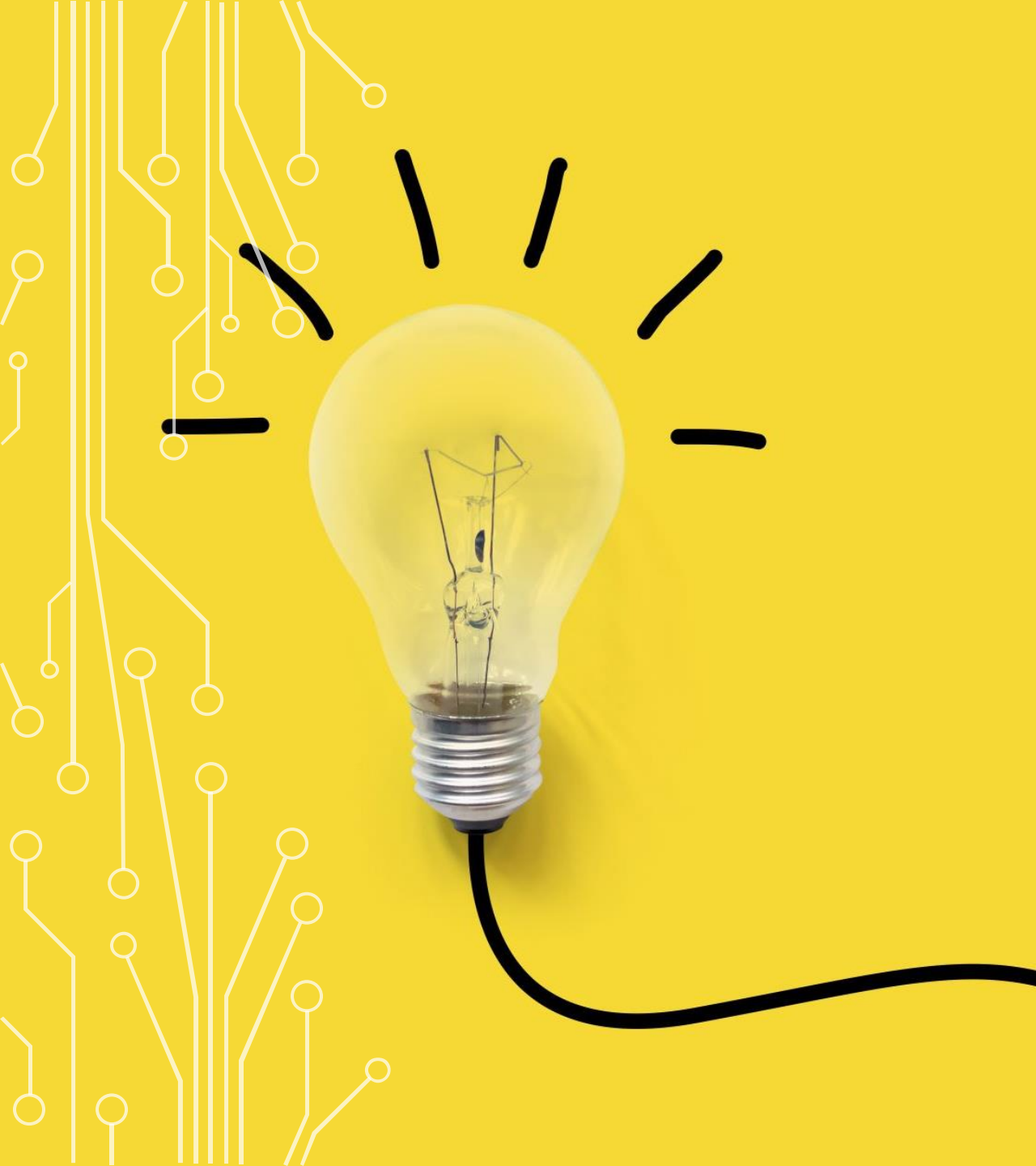


LISTEN UP!

- Your prekindergartner is learning to listen attentively. Create daily routines that will help your child focus and develop his or her attention span.

One last thought...

Use simple games when you are in the car, such as saying, "I'm going to say three words. You tell me which one starts with a different sound: *cat*, *cow*, *ball*."



TALK IT UP!

Try some of these ideas to help build vocabulary:

- **Guess Where**

- Give your child a small object, such as a button or ball, to hide while you leave the room. When you return, your child should give one clue at a time to help you find the object. Then, trade roles.

- **Guess My Picture**

- Place pictures in a box or bag. Have your child choose a picture at random and describe it without saying its name, such as, "This has stripes." The other players try to guess what the picture is. After three guesses, another clue is added, such as, "It purrs."



Sleep, Is Good for You!

These tips will help your prekindergartner get enough sleep:

Routine

Create a routine with the same bedtime, lighting, and temperature each night.

Be Prepared

Make setting out the next day's clothes part of your child's nightly routine.

Quiet Time

Make it a relaxing time without TV or videos.

Read Aloud

Read aloud a favorite picture book.

If your prekindergartner has not been around lots of other children, prepare yourself for exposure to a few more rounds of sniffles this year. Having an early bedtime so your child gets enough sleep is crucial to your child's health.

The chart below shows how much sleep children need.

Age	Sleep Needed
1-3 years	12-14 hours
3-5 years	11-13 hours
5-12 years	10-11 hours



A PRINT RICH ENVIRONMENT

Your prekindergartner probably already reads many words. Some words may have been learned at school and others from the world around them. Many children can recognize their favorite store names and other common signs.

- *Capitalize on learning new words with these ideas when you are out in the community.*
 - Traffic Signs
 - Bilingual Signs
 - Food Labels
 - Maps



THE SOCIAL WORLD

- Prekindergartners have learned that their social network is more than their immediate family. They are fascinated with the people, such as community workers, whom they observe or encounter.



One last thought...

Your child may have one or two special friends at school. Take time to learn about them and about the adults in your prekindergartner's life.

LEARNING TO GO

Use these activities to build your child's knowledge:

- **Counting**

- Have your child count as you drive: animals, white vans, people on bikes, squares, stop signs.

- **Favorites**

- Play the Favorites game. Begin by asking each person in the car to identify his or her favorite color. Pass the turn to another to ask for a favorite video game, board game, ice cream flavor, book, movie, etc.

KEEP PLAYING!

Try some of these group games with family and friends to keep the fun going:

➤ Hug Tag

- For Hug Tag, you can stay “safe” by hugging someone else for a count of five seconds.

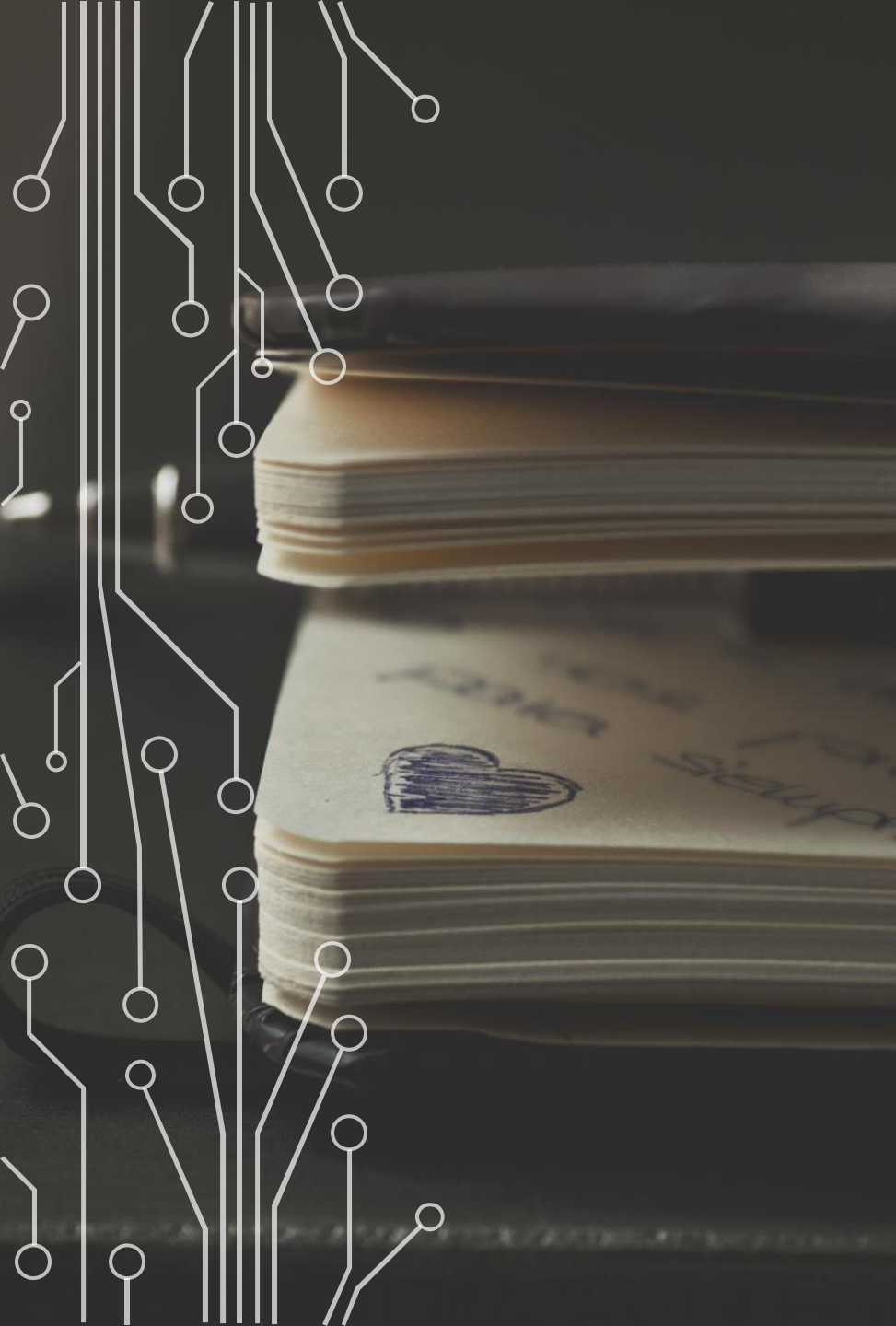
➤ Fruit Basket Upset

- To play Fruit Basket Upset, choose three or more fruit names. Assign fruit names to players by counting off, such as apple, pear, banana, apple, pear, etc. Have a circle of chairs for all but one of the players. “It” calls out the name of a fruit, and the players assigned to that fruit change spots. When “It” calls “fruit basket upset,” everyone races to a chair, including the leader. The person who is without a seat becomes “It.”



One last thought...

Keep the focus on having fun, not on winning or losing.



FINAL THOUGHT

Your prekindergartner has been learning so much, and you have been learning, too. Remember to stay in touch with your child's teacher and other adults that interact with him or her each day. Everyone wants the same thing—to ensure that your child is ready for that next big milestone—kindergarten!

Believe it or not, it's right around the corner!



QUESTIONS/COMMENTS

SIGN-IN IN THE CHAT BOX TO RECEIVE CREDIT

Include the following:

Student's First and Last Name

Teacher's Name

Attending Parent's First and Last Name