



Calhoun R-VIII Newsletter

January-February 2021



Important Dates:

**Feb 5 – End of 3rd
Mid-Quarter**

**Feb 8 – Basketball at
Knob Noster**

**Feb 12 – Basketball at
home with
Chilhowee
– Homecoming**

**Feb 20-26 – Basketball
District
Tournament**

Tyler Hilbert

Tyler Hilbert is the one of two seniors this year. In his spare time, he likes to ride his bike and go outside when at home. His biggest challenge over the last four years has been working toward graduation and starting the next chapter of his life.

After high school, Tyler plans on mowing lawns while working toward a career as a machinist. in 10 years, he sees himself in a full time

position as a machinist or mower. His advice for the underclassmen is to “get out of Calhoun[, and see what else the world has to offer.]”

Calhoun Eagles
Proudly Present...



Homecoming

Homecoming will be played against Chilhowee on February 12, 6:00 pm. Following the game will be the Homecoming Coronation and Dance. Please come out and show our students how much school spirit this town still has!

Pep Band

This year's Homecoming game will be filled with more than just cheering fans. The Pep Band will be there to help the boys rock the game as best they can. The band students have been practicing for weeks on their selections, and they are excited to cheer the boys on in such a unique way.

Head Start



Calhoun Early Childhood Center
Calhoun R-VIII School District
206 West 7th Street
Calhoun, MO 65323
660-694-3344

The Calhoun Early Childhood Center is now accepting applications for the Head Start Program.

To apply online you can go to our Facebook page, Calhoun Early Childhood Center and follow the link pinned to the top of the page or scan the QR code below to be directed to the online application.



SCAN ME

Or you can call Head Start Advocate Heather Hollinger at 660-694-3344 ext. 2 to make an appointment to apply in person.

A Positive Digital Footprint



What is a digital footprint? If your teenager uses the Internet, then he has one! His footprint is the trail he leaves online, including comments, photos, and chats. And his footprint is seen not only by friends and relatives, but also by potential employers and college admissions staff. Here are ways to help your teen project a positive image—and stay safe—when he's online.

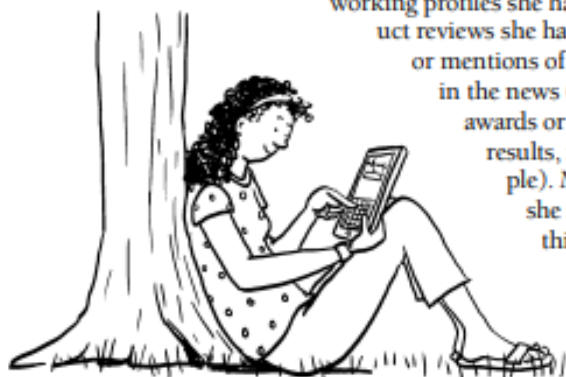
List rules

Talk to your high schooler about how you expect him to behave online. For example, he shouldn't post inappropriate photos of himself or anyone else, and he shouldn't post personal information like his phone number or address. Together, make a list of rules and hang it by the computer or on the refrigerator to remind him about responsible and safe behavior. *Idea:* Consider having him sign a "usage contract" so you're both on the same page. Make your own, or find one at fosi.org/good-digital-parenting/family-online-safety-contract.

Google yourself

To see what the world sees when searching her name online, encourage your teenager to type her name into Google or another search engine. She'll find links to any social net-

working profiles she has, product reviews she has posted, or mentions of her name in the news (for awards or sports results, for example). *Note:* If she sees anything she



doesn't like, she could ask the site administrator or the person who posted it to remove it. (She can click on "About" or "Contact" to find the site owner.)

Project a good image

What kind of impression does your high schooler want to make on people who view his accounts? Suggest that he cast himself in a positive light by posting polite reviews, retweeting good news, or congratulating a school sports team, for instance. On the other hand, he should avoid using bad language or making nasty comments. Let him know that bad grammar can hurt his digital footprint, too!



Choose passwords wisely

Tell your teen to pick passwords that are difficult for others to guess. Keeping them secret can prevent people from accessing her devices and accounts and potentially sending or posting negative messages or charging purchases in her name. A combination of numbers and upper- and lower-case letters is much safer than her pet's name or her favorite color—things that others would know about her. She should also vary passwords across accounts, change them at least every three months, and keep any record of them in a safe spot (say, her desk drawer). Explain that she shouldn't share them with anyone besides you, not even her closest friends. If someone does learn a password, she'll need to change it right away.

continued



Online is forever

In this age of social networking, texting, and hacking, anything your high schooler posts or sends electronically may never go away—even if she deletes it. Point out that once she posts a comment or a photo, she should assume it's out there forever. Remind her that someone could have taken a screenshot of her post before she deleted it, an older version of the website may be available, or a hacker might steal information and repost it.

Monitor app updates

Have your teenager disable “automatic updates” on phone or tablet apps. Each time an app is updated, privacy settings might change, making his personal information and photos suddenly public. Instead, he can wait for a notification that an update is available. Then, he should read its latest sharing policy and change settings so he controls what others see about him.

Click carefully

Encourage your teen to be choosy about what she clicks on. The wrong link or attachment can put unwanted software on her device. Some of these programs steal personal information or even send messages on a user's behalf. Mention that she'd feel pretty embarrassed if an email she didn't write went to everyone in her inbox. To help guard against this, she should

keep protective software (anti-virus programs, adware removers) up to date and not click on pop-up or banner ads.

Steer clear of cyberbullying

Remind your high schooler that his real-life values (responsibility, kindness, respect) apply online and that you expect him not to participate in cyberbullying. That means thinking carefully about the text messages he sends and the comments he posts on social networks. Also, let him know what to do if he is bullied—he should tell you right away and block the sender. Depending on the post, you may need to contact the school or even the police.

Say no to online dating

More and more teenagers are using websites to find dates. Explain to your child that there's no way to know if people are really who they say they are. Besides, as she learns to form relationships, there's no substitute for getting to know someone face-to-face before deciding to date. When you set dating rules for her, include a rule against meeting someone in person whom she first met online.

Watch out for identity theft

Since teens are starting with a clean credit history, identity theft can go unnoticed for a long time—maybe even until your child applies for his first loan or credit card. Suggest that he check his bank account frequently for any unusual activity. Also, he could get a free credit report yearly from each of the three major credit bureaus (see *annualcreditreport.com*). *Note:* If someone has used his personal information to apply for or open an account, have him contact the bank or firm.



Spend time “IRL”

Limiting the amount of time your child spends using her phone or surfing the Internet will give her more time to interact with people in real life. Experts recommend no more than two hours of screen time per day for teenagers (not including homework).



Encourage her to balance screen time with real-life activities like hanging out with friends, playing sports, participating in extracurricular activities, or doing community service.

High School Years

2021-2022 District Calendars

2021-2022 School Calendar

CALHOUN R-VIII SCHOOL DISTRICT

409 South College

Calhoun, MO 65323

ECC

Aug 17-19 Teacher PD Days

Aug 23 First Day of School

Sept 6 NO SCHOOL-LABOR DAY

Oct 15 P/T Conferences 1-4

Nov 22-26 NO SCHOOL-THANKSGIVING

Dec 20-Jan 3 NO SCHOOL-WINTER BREAK





Jan 3 Teacher PD Day

Apr 17 P/T Conferences 4-6

Apr 11-15 NO SCHOOL-EASTER BREAK

May 26 LAST DAY OF SCHOOL FOR YEAR

May 27 WORK DAY/CLEAN UP

 School Closed
 Early Release-12:30pm/PT Conferences
 Professional Development (NO STUDENTS)
 First & Last Day of School

July 2021						
M	T	W	T	F	S	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2021						
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September 2021						
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October 2021						
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November 2021						
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December 2021						
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January 2022						
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February 2022						
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March 2022						
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April 2022						
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May 2022						
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June 2022						
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2021-2022 School Calendar

CALHOUN R-VIII SCHOOL DISTRICT
409 South College
Calhoun, MO 65323
K-12 ONLY

Aug 17-19	Teacher PD Days
Aug 24	First Day of School
Oct 25	P/T Conferences 1-6
Nov 22-26	NO SCHOOL-THANKSGIVING
Dec 17	Early Release -Winter Break
Dec 20-Jan 3	NO SCHOOL-WINTER BREAK
Apr 14-15	NO SCHOOL-EASTER/GOOD FRIDAY
May 13	Early Release-Graduation 6PM
May 27	Early Release-Last Day
May 27	Teacher Work Day 12:30-3:30

	School Closed
	Early Release-12:30pm
	Professional Development (NO STUDENTS)
	First & Last Day of School

July 2021						
M	T	W	T	F	S	S
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29	30					

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24	25	26	27	28	29	30
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February 2022						
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	1	2	3	4	5	6
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March 2022						
M	T	W	T	F	S	S
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April 2022						
M	T	W	T	F	S	S
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11	12	13	14	15	16	17
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May 2022						
M	T	W	T	F	S	S
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23	24	25	26	27	28	29
30	31					

June 2022						
M	T	W	T	F	S	S
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20	21	22	23	24	25	26
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Financial Statement

Calhoun R-VIII School District
409 South College
Calhoun, MO 65223-1309

Dated : 1/29/2021 2020-2021
Time : 14:32 Page 1

Bank & Cash Reconciliation

December 2020

Fund Cash Balance by Fund

Fund Number and Description	Cash Balance	Comments
001 - GENERAL FUND	701,722.15	
002 - TEACHERS FUND	-214,510.12	
003 - DEBT SERVICE FUND	.00	
004 - CAPITAL PROJECTS FUND	26,866.02	
Adjustment 1 :	.00	
Adjustment 2 :	.00	
Adjustment 3 :	.00	
Adjustment 4 :	.00	
TOTAL :	514,078.05	

Bank Cash and Reconciled Balances:

Account Code & Bank	Cash Balance	Reconciled Balance	Comments
xxxx1805 - Main Checking - HAWTHORN	-30,720.20	8,422.38	
xxxx5628 - Savings - HAWTHORN	526,513.66	526,513.66	
xxxx2890 - CD - HAWTHORN	18,084.59	18,084.59	
xxxx1132 - Petty Cash - HAWTHORN	200.00	200.00	
Outstanding Amount: xxxx1805 - Main Checking - HAWTHORN	.00	-39,142.58	
Adjustment 1 :	.00	.00	
Adjustment 2 :	.00	.00	
Adjustment 3 :	.00	.00	
Adjustment 4 :	.00	.00	
TOTAL :	514,078.05	514,078.05	

Bank Cash and Fund Cash are in Balance

Menu

February 2021 Menu

“This institution is an equal opportunity provider.”

Breakfast and Lunch Menus are subject to change.

Milk options are Fat-Free Chocolate Milk or 1% White Milk. Juices are all 100%.

Breakfast

2/2, Egg and cheese croissant, fruit, juice, milk

2/3, Pancake sausage bites, fruit, juice, milk

2/4, Cereal, toast, fruit, juice, milk

2/5, Biscuit and gravy, fruit, juice, milk

2/9, Pizza bagel, fruit, juice, milk

2/10, French toast sticks, fruit, juice, milk

2/11, Cereal, toast, fruit, juice, milk

2/12, Biscuit and gravy, fruit, juice, milk

2/16, Pancake sausage bites, fruit, juice, milk

2/17, Egg and cheese croissant, fruit, juice, milk

2/18, Cereal, toast, fruit, juice, milk

2/19, Biscuit and gravy, fruit, juice, milk

2/23, Pizza bagel, fruit, juice, milk

2/24, French toast sticks, fruit, juice, milk

2/25, Cereal, toast, fruit, juice, milk

2/26, Biscuit and gravy, fruit, juice, milk

Lunch

2/2, Chicken patty, mashed potatoes, gravy, green beans, peaches, milk (bread 6-12)

2/3, BBQ rib on a bun, baked beans, fries, fruit, milk

2/4, Chicken Alfredo, carrots, salad, garlic toast, pears, milk

2/5, Grilled ham and cheese sandwich, tomato soup, broccoli, fruit, milk

2/9, Pulled pork sandwich, broccoli and cheese, tots, fruit, milk

2/10, Salisbury steak, mashed potatoes, gravy, green beans, peaches, roll, milk

2/11, Creamy chicken noodle soup, steamed carrots, salad, fruit, milk

2/12, Chicken nachos, refried beans, fruit, milk

2/16, Meatball sub, broccoli, baby carrots, fruit, milk

2/17, Chicken patty, mashed potatoes, gravy, green beans, peaches, milk (bread 6-12)

2/18, Chicken tomato bake, carrots, salad, breadsticks, fruit, milk

2/19, Cheeseburger on bun, baked beans, fries, fruit, milk

2/23, Baked ham, tots, broccoli and cheese, fruit, milk

2/24, Salisbury steak, mashed potatoes, gravy, green beans, peaches, roll, milk

2/25, Chicken wrap, black beans, lettuce, salsa, fruit, milk

2/26, Pizza, corn, salad mix, fruit, milk

All Lunch Meals will include Juice for 9th-12th grade