

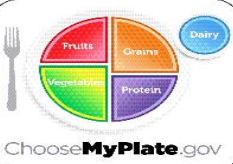


October 2019

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
<p>For help or more information on the Vidalia City Schools School Lunch Program, Call E. Denise Parson, SNP Director or Vickie Messex, SNP Bookkeeper at 912-537-9738 OR call your School Foodservice Manager:</p> <p>J. R. Trippe Juanita Monroe 912-537-2170</p> <p>Vidalia High Tina Wheeler 912-537-0861</p> <p>Milk selection served daily!</p>					<p>Teenager Post # 4324 In life, you're going to be left out, talked about, lied to, and used, but you have to decide who's worth your tears and who's not. <small>/lecrisgerposts.tumblr.com</small></p>	<p>Join us every week for Finger Lickin' Chicken Tender Tuesday!</p> 
	<p>Vidalia City Schools uses Georgia Grown Farm Goods whenever possible!!</p> 	<p>1</p> <p>Chicken Tenders Yeast Roll Mashed Potatoes & Gravy Steamed Broccoli w/ Cheese Fruit</p>	<p>2</p> <p>Beef & Cheese Nachos Hot Ham & Cheese Croissant Steamed Carrots Refried Beans w/k Corn Fruit & Cookie</p>	<p>3</p> <p>Popcorn Chicken Bites Cheese Quesadilla Garlic Breadstick Asian Coleslaw Sweet Potatoes Fruit</p>	<p>4</p> <p>Pizza Managers Choice Black Beans Green Peas Celery & Tomatoes Fruit</p>	
	<p>7</p> <p>Chicken Fajita Wraps Tuna with crackers Sweet Potatoes W/K Corn Pinto Beans Fruit</p>	<p>8</p> <p>Chicken Tenders Yeast Roll Mashed Potatoes & Gravy Mustard Greens Blackeyed Peas Fruit</p>	<p>9</p> <p>Sloppy Joe on Hamburger Bun Turkey & Ham Wrap French Fries Green Beans Steamed Carrots Fruit</p>	<p>10</p> <p>PARENT CONFERENCE DAY STUDENT HOLIDAY</p>	<p>11</p> <p>STAFF/STUDENT HOLIDAY</p>	<p>Daily Additional Meals May include: Large Grab and Go salad OR Grab and Go bags. All meals are USDA Compliant!</p>
	<p>14</p> <p>STAFF/STUDENT HOLIDAY</p>	<p>15</p> <p>STAFF PROFESSIONAL LEARNING DAY STUDENT HOLIDAY</p>	<p>16</p> <p>Chicken Tenders Yeast Rolls Mashed Potatoes & Gravy Butter Beans Steamed Broccoli Fruit</p>	<p>17</p> <p>Spaghetti w/ Meat Sauce Cheesestick Hot Ham & Cheese Croissant Sweet Potatoes Green Beans Fruit</p>	<p>18</p> <p>Pizza Managers Choice Blackeyed Peas Romaine Side Salad Carrot & Raisin Salad Fruit</p>	<p>You can now pay for meals & keep up with your student's available lunch balance at www.k12paymentcenter.com You will need your child's student ID #.</p> 
<p>JRT is a CEP School!! All student meals are Free at JR TRIPPE! VHS Meal Prices</p> <p>Student Breakfast \$1.00 Lunch \$2.10</p> <p>Reduced Breakfast \$.30 Lunch \$.40</p> <p>Adult Breakfast \$1.80 Lunch \$3.50</p>	<p>21</p> <p>Salisbury Steak & Gravy w/ Roll Bar-B-Q Chicken Sandwich Mashed Potatoes Black-eyed Peas Fruit</p>	<p>22</p> <p>Chicken Tenders Yeast Roll Rice & Gravy Steamed Broccoli Sweet Potatoes Fruit</p>	<p>23</p> <p>Chili Cheese Fries w/ Texas Toast Chicken Salad w/ Crackers Green Peas Steamed Carrots Fruit</p>	<p>24</p> <p>Chicken Teriyaki on rice w/ Roll Buffalo Chicken Wrap Stir-fried Cabbage Butter Beans Fruit Pudding</p>	<p>25</p> <p>Pizza Managers Choice Green Beans Creamed Corn Romaine Side Salad</p>	<p>NUTRITION MISSION!</p> 
	<p>28</p> <p>Bacon Cheeseburger Chicken Caesar Wrap French Fries Baked Beans Green Beans Fruit</p>	<p>29</p> <p>Chicken Tenders Yeast Roll Mashed Potatoes & Gravy Steamed Broccoli w/ Cheese Fruit</p>	<p>30</p> <p>Beef & Cheese Nachos Hot Ham & Cheese Croissant Steamed Carrots Refried Beans w/k Corn Fruit & Cookie</p>	<p>31</p> <p>Popcorn Chicken Bites Cheese Quesadilla Bgarlic Breadstick Asian Coleslaw Sweet Potatoes Fruit</p>	<p>All paid students owing \$10.50 or more will be served an alternative meal for Breakfast (Cheese Toast) & Lunch (Peanut Butter Sandwich) with choice of fruits, vegetables and milk.</p>	