Amite County School District

December 2019 Breakfast

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Dec - 2  Apple Frudel  OR  Powdered Donuts  OR  Banana Bread  OR  Cereal bar & Yogurt  Chilled Fruit  Fruit Juice  Milk | Dec - 3  Biscuit & Sausage Patty  Jelly  OR  Large Cereal  Chilled Fruit  Fruit Juice  Milk | Dec - 4  Sausage & Pancake Stick, Syrup & Yogurt  OR  Small Cereal & Yogurt  OR  Cereal bars & Yogurt  Chilled Fruit  Fruit Juice  Milk | Dec - 5  Croissant, Egg Patty,  Bacon & Jelly  OR  Large Cereal  Fresh Fruit  Fruit Juice  Milk | Dec - 6  Breakfast Pizza  OR  Banana Muffin & Yogurt  OR  Small Cereal & Yogurt  Fresh OR Chilled Fruit  Fruit Juice  Milk |
| Dec - 9  French Toast Sticks & syrup  OR  Cinnamon Rolls  OR  Cereal bar & Yogurt  Chilled Fruit  Fruit Juice  Milk | Dec - 10  Biscuit & Sausage Patty  Jelly  OR  Large Cereal  Chilled Fruit  Fruit Juice  Milk | Dec - 11  Sausage & Pancake Stick, Syrup & Yogurt  OR  Small Cereal & Yogurt  OR  Cereal bars & Yogurt  Chilled Fruit  Fruit Juice  Milk | Dec - 12  Grits  Toast  Sausage Patty  OR  Large Cereal  Fresh Fruit  Fruit Juice  Milk | Dec - 13  Breakfast Pizza  OR  Banana Muffin & Yogurt  OR  Small Cereal & Yogurt  Fresh OR Chilled Fruit  Fruit Juice  Milk |
| Dec - 16  Apple Frudel  OR  Powdered Donuts  OR  Banana Bread  OR  Cereal bar & Yogurt  Chilled Fruit  Fruit Juice  Milk | Dec - 17  Biscuit & Sausage Patty  Jelly  OR  Large Cereal  Chilled Fruit  Fruit Juice  Milk | Dec - 18  Sausage & Pancake Stick, Syrup & Yogurt  OR  Small Cereal & Yogurt  OR  Cereal bars & Yogurt  Chilled Fruit  Fruit Juice  Milk | Dec – 19  Croissant, Egg Patty,  Bacon & Jelly  OR  Large Cereal  Fresh Fruit  Fruit Juice  Milk | Dec - 20  Breakfast Pizza  OR  Banana Muffin & Yogurt  OR  Small Cereal & Yogurt  Fresh OR Chilled Fruit  Fruit Juice  Milk |
| Dec – 23  No School | Dec – 24  No School | Dec – 25  No School | Dec – 26  No School | Dec – 27  No School |
| Dec – 30  No School | Dec – 31  No School | Jan -1  No School | Jan -2  No School | Jan -3  No School |

Every breakfast needs a fruit plus at least two other food items! Grain, Meat, or Milk

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1%milk and skim milk.

\*\*Menu subject to change due to unforeseen circumstances.\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer\*\*\*