

March
2018

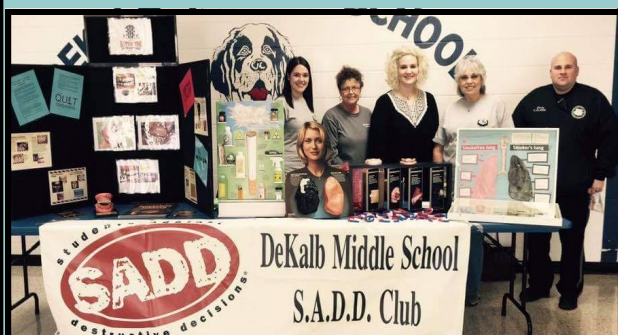
Coordinated School Health Newsletter



Prevention: Be Smart, Don't Start

CSH has been partnering with the DeKalb Prevention Coalition and DeKalb County Health Department to implement alcohol, tobacco, and drug prevention efforts into our school system with the help of our fantastic clubs and sponsors!

Shout out to the DMS SADD club, sponsors are Mrs. Angela Johnson and Officer Chris McMillen, for doing such great prevention work with students!



POISON PERIL

Poisonings are more common—and more deadly—than you realize

POISON
Help
1-800-222-1222

National Poison Prevention Week is March 18-24, 2018.

Poisonings are preventable and treatable and there is a resource to help: **The Poison Help hotline, 1-800-222-1222**, connects to the Tennessee Poison Center. The nurses, pharmacists, and doctors are poison experts that staff the line 24 hours a day, 365 days a year.

For more information, visit
www.tnpoisoncenter.org



CSH RECEIVES SPOT VISION SCREENER

The Community Health & Benefit Committee of St. Thomas Health has donated enough funds to CSH to purchase a Spot Vision Screener. St. Thomas DeKalb Hospital is providing this donation as part of their Community Benefit activities, addressing the priority health need of wellness to improve public health in the areas served by St. Thomas DeKalb Hospital.

The Spot Vision Screener is a handheld, portable device designed to be quicker, easier, and more accurate than the current Suresight machine used by CSH. The Spot Screener also helps users screen for more vision conditions throughout each development stage.

The Dental Sealant Program

NES hosted the Dental Sealant Program this school year, by welcoming Ms. Leslie Susan Taylor, RDH, from the Warren County Health Department.

Tennessee Department of Health's School Based Dental Prevention Program offers dental preventive services including screenings and education, sealants, and fluoride varnish to all students at NES for FREE.



Junior Chef

JOIN US FOR A BEGINNERS COOKING COURSE FOR STUDENTS IN GRADES 6TH-8TH.

THIS FUN AND FREE COURSE CONSISTS OF SIX, TWO-HOUR SESSIONS. LEARN THE BASICS OF NUTRITION, FOOD SAFETY, PROPER COOKING METHODS, AND SO MUCH MORE!

THERE WILL BE AN IRON CHEF CHALLENGE AT THE END OF THE COURSE WITH THE CHANCE TO WIN AWESOME PRIZES!

Classes will be held the following Tuesdays:
April 3, 10, 17, & 24

May 1 & 8

DeKalb Middle School Cafeteria
3:00pm-5:00pm

*Participants must attend all classes.
Sign up by calling the CSH office at
615-215-2118 or email
elisedriver@dekalbschools.net.