

# Rocky Hill Public Schools

## **ATTENTION 5<sup>th</sup>, 7<sup>t</sup>, 8<sup>th</sup>, and 9<sup>th</sup> GRADE PARENTS**

Dear Parents/Guardian:

As mandated by state law, female students in Grades 5 and 7 and male students in Grade 8 or 9 are being offered a free examination to detect possible spinal problems. (Students who have documentation on record of a physical examination performed since this past summer will not be reexamined unless you request that we do so.) In the course of conducting screening programs, spinal variations have been detected in about four percent of the adolescent population and two percent have required active treatment or continued observation. The purpose of this program is to recognize this problem at it's earliest stages so that the need for treatment can be determined.

The procedure for screening is a simple one. School personnel, usually the school nurse and a physical education teacher, who have been trained, inspect the child's spine as he or she stands and bends forward. This examination is performed in privacy. If a spinal problem is suspected, the child will be rechecked at a second screening, and if further consultation is recommended, you will be notified and asked to seek a medical evaluation.

This simple procedure is of lifetime importance to your child. However, if you do not wish your child examined in school, please sign the attached form and return it to your child's school by \_\_\_\_\_. All students who have not returned the attached form by the date specified will be screened.

Sincerely yours,

Amy Stevenson  
Director of Special Education and Pupil Services

-----  
Student's Name: \_\_\_\_\_ Grade \_\_\_\_\_

\_\_\_\_\_ I DO NOT give my permission for my child to be screened for possible spinal problems.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_