

HEALTH BULLETIN

We urgently request that you, as parents or guardians, take a few minutes at home each morning to carefully check on your child's health before he/she leaves for school. Please be sure your child is completely well before returning to school after an illness. If your child saw the doctor for the illness, please provide a copy of the note. If your child was seen in the ER or had a hospital stay, we must have documentation they are cleared to return to school.

The following are a few suggestions which may help to guide you:

REASONS FOR KEEPING AT CHILD AT HOME

1. Illness during the night.
2. Fever of 100 degrees or more (keep child at home 24 hours after temperature returns to normal).
3. Complaints of nausea, headache or abdominal distress.
4. Symptoms of communicable disease are noted: e.g., sore throat, "red" eyes, swollen glands, rash, cough.

ABSENCES

If your child will be absent, it is critical you call school and let us know your child will be absent. We need to know that we have accounted for every student that did not come off their bus.

ILLNESS & INJURIES

If your child is experiencing any change in their medical status or has been newly diagnosed with asthma, food allergy or any other acute or chronic condition, please alert the school nurse.

Injuries such as fractures, stitches, etc. must also be reported so that accommodations can be made if necessary.

MEDICATIONS

Medications may not be given in school without written permission from the student's doctor and parents/guardians. This applies to both prescription and over the counter medicine. Diagnosis of asthma, food allergy and epilepsy require and action plan.

PLEASE NOTIFY SCHOOL

1. When the telephone number has changed.
2. When you change your place of employment (this information is essential if emergency contact becomes necessary).
3. If a child is to take a prescribed medication at school.

SCREENINGS

In accordance with the New Jersey Department of Education Health Service Guidelines, health screenings are periodically conducted on our students at various times throughout the school year. These screenings include height, weight, blood pressure, vision and hearing. Scoliosis screening to look for curvature of the spine is done every two years between the ages 10-18. If any problems are found during these screenings, you will be notified to follow up with your family doctor or eye doctor. If you have noticed a possible problem with your child's hearing or vision, or if you have any other health concerns, please call the school and ask to speak with the school nurse.

PHYSICALS

YCS-Sawtelle Learning Center requires an updated physical exam upon admission and every three years. Your doctor may use his/her own form, or you may request a form from the school. Parents/guardians are reminded that dental examinations and cleanings are also important.