

## Medication Policy for Outdoor School

1. **All medications must be transported to the school by the parent and checked in with the nurse.** Medications turned in by students will not be accepted and will be locked in the nurse's medication cabinet at the school for parent pick up.
2. **All medications must be in their original containers with complete labels including the student's name. All prescriptions must be current and the dosing instructions accurate.** Unlabeled medications, expired medications, pills in baggies will not be accepted.
3. **Any medication that is not approved by the FDA must have a letter from your physician** stating why the medication is necessary, the name of your student, medication name, dose, method of administration, frequency, special instructions and the prescriber signature. This includes melatonin and other dietary supplements.
4. **If your student has allergies, asthma, seizures, diabetes or any other condition that requires a rescue medication, you must provide a current treatment/action plan from your physician.** (These should be turned in at the beginning of each school year.)
5. **Please only send the number of pills needed for outdoor school.** We are there for four nights and four mornings. All pills must be counted and this will speed up the check in process. Also, please don't send Costco sized bottles of anything. Space is limited for transport.
6. **Medication Authorization forms must be filled out for each medication.** Please only put one medication per form. Additional forms are on the district website or we can send more home with your student.

## Self-Medication for High School Counselors

1. **All rules listed above apply. Please read them carefully.**
2. **Self-medication forms must be filled out for each medication your high school student will be handling themselves.**
3. **A physician signature is required for all prescription medications that will be self-medicated.**
4. **A health treatment/action plan is required for asthma, allergies, seizures, diabetes and any other diagnosis that requires a rescue medication.**

**All district medication policies apply for outdoor school. The complete policy is located on the district website or we can send home a copy upon request.**

**Please plan ahead for all medication needs. Call the school with any questions. We are happy to help.**