

Revised

# BENTON COUNTY SCHOOLS

## Lunch Menu

Oct 29, 2020

November 2 - November 30

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Pepperoni Pizza Wedge Whole Kernel Corn Applesauce Chocolate Milk Fat Free Milk	Nov - 3 NO SCHOOL	Nov - 4 Ham and Turkey on Bun Chips Celery Sticks with Dip Sliced Apples and Grapes Sugar Cookie Chocolate Milk Fat Free Milk	Nov - 5 BBQ Pulled Pork Burger Confetti Coleslaw Baked Beans Fresh Orange Smiles Chocolate Milk Fat Free Milk	Nov - 6 Chicken Tenders Black-Eyed Peas Fresh Pineapple Cubes Yeast Roll Chocolate Milk Fat Free Milk
Nov - 9 Chicken Nuggets Pinto Beans Yeast Roll Fresh Fruit Bowl Fat Free Milk Chocolate Milk	Nov - 10 Beef Taco with Crispy Shell Mexicali Corn Fresh Fruit Cup Chocolate Milk Fat Free Milk	Nov - 11 Turkey & Cheese Hoagie Chips Baby Carrots Fresh Fruit Cup Assorted Fruit Juices Sugar Cookie Chocolate Milk Fat Free Milk	Nov - 12 Mexican Pizza Spanish Rice Applesauce Chocolate Milk Fat Free Milk	Nov - 13 Cheeseburger Crinkle Cut Fries Chilled Peach Slices Chocolate Milk Fat Free Milk
Nov - 16 Spicy Chicken Sandwich Trimmings Whole Kernel Corn Fresh Oranges Chocolate Milk Fat Free Milk	Nov - 17 Manager's Choice	Nov - 18 Ham and Cheese on Bun Chips Baby Carrots Fresh Fruit Cup Assorted Fruit Juices Oatmeal Raisin Cookie Chocolate Milk Fat Free Milk	Nov - 19 Turkey and Dressing Baked Ham Southern Turnip Greens Sweet Potato Casserole Yeast Roll Chilled Peach Slices Cranberry Sauce Ice Cream Cup Variety Chocolate Milk Fat Free Milk	Nov - 20 Manager's Choice
Nov - 23 HOLIDAY NO SCHOOL	Nov - 24 HOLIDAY NO SCHOOL	Nov - 25 HOLIDAY NO SCHOOL	Nov - 26 HOLIDAY NO SCHOOL	Nov - 27 HOLIDAY NO SCHOOL
Nov - 30 Chicken Fajitas Glazed Carrots Fresh Fruit Bowl Fat Free Milk Chocolate Milk				

In accordance with Federal Law and U.S. Department of Agriculture policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin.  
All menus are subject to change according to product availability.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.