



# May Independent School District

*Where everybody is somebody.*

---

**Steve Howard**  
*Superintendent*

We will begin our summer strength, conditioning, and skill workouts on June 8. We will follow the rules and requirements set forth by the UIL regarding the Covid-19 protocol. We will be having small group instruction in strength and conditioning, as well as, skill development for football and basketball. All incoming 7th-12th grade athletes are welcome to attend.

Nick Heupel  
*High School  
Principal*

Allison Williams  
*Elementary  
Principal*

There will be no 1-on-1 drills, and our facilities will be at a maximum of 25% capacity at all times. Proper distancing will be followed. We will disinfect equipment before and after each use. Hand sanitizer will be readily available.

## **School Board Members**

All athletes must bring their own water, the school will not be furnishing water. Locker rooms will also not be available. Athletes must dress and shower at their homes.

Jeff Phillips  
*President*

Parents and students should familiarize themselves with symptoms of Covid-19. We are asking parents to pre-screen their children at the beginning of every week for Covid-19 symptoms. If at any time a student exhibits Covid-19 symptoms (or tests positive), the athlete should remain home (self-isolate) and school administrators must be notified immediately. All athletes, or those who have had close contact with that child, will be notified and they will need to self-isolate, as well. At least three days (72 hours) must have passed symptom free before that individual may return and at least ten days passed since symptoms first appeared. This is directly from the UIL guidelines.

Mark Hanson  
*Vice President*

Bo E. Allen  
*Secretary*

Charles "Chuck"  
Woods  
*Board Member*

Ben McInnis  
*Board Member*

Current May ISD students participating in UIL activities are the only ones allowed inside May ISD facilities during this time. All athletes inside May ISD facilities must have a coach present to maintain social distancing rules and rules on disinfecting. This policy comes directly from TEA guidelines.

Teri Murphree  
*Board Member*

Vickie Ratliff  
*Board Member*



# May Independent School District

*Where everybody is somebody.*

---

**Steve Howard**  
*Superintendent*

## **2020 Summer Strength and Conditioning**

Nick Heupel  
*High School  
Principal*

Summer strength and conditioning is open to all incoming 7th-12th graders.

Allison Williams  
*Elementary  
Principal*

### **Dates:**

June 8-11

June 15-18

June 22-25

July 6&10 (July 7&8 are UIL periods of no activity dates)

July 13-17

July 23&24 (July 21 & 22 are UIL periods of no activity dates)

### **School Board Members**

Jeff Phillips  
*President*

### **Times:**

Session 1

9:00 A.M.-10:00 A.M. (7-12 Girls)

10:00 A.M.- 11:00 A.M. (7-12 Boys)

Mark Hanson  
*Vice President*

Session 2

5:00 P.M.- 6:00 P.M. (7-12 Girls)

6:00 P.M.- 7:00 P.M. (7-12 Boys)

Bo E. Allen  
*Secretary*

Open Gym

5:00 P.M.- 7:00 P.M.

Charles "Chuck"  
Woods  
*Board Member*

### **All Athletes and Coaches will follow the UIL guidelines**

Ben McInnis  
*Board Member*

1. All parents must take time to screen the individual for any Covid-19 related symptoms before they leave their home.
2. Coaches will screen athletes as they arrive for any Covid-10 related symptoms.
3. Athletes must social distance from other athletes at all times (6 feet).
4. Students have the option to wear a mask.
5. Athletes must bring their own water
  - a. There will be no shared water or food.
6. Athletes must provide their own workout attire.
  - a. Students will not be given access to locker rooms or shower facilities.
  - b. Students should report to workouts in proper gear and immediately return home to shower at the end of the workout.
7. Athletes will be required to leave at the conclusion of the workouts. Athletes will not be allowed to congregate.

Teri Murphree  
*Board Member*

Vickie Ratliff  
*Board Member*



# May Independent School District

*Where everybody is somebody.*

---