## Instruction

#### Interscholastic/Intramural Athletics

The Board of Education believes that students benefit physically, intellectually, socially, and emotionally when given opportunities to participate in competitive athletic activities. Further, the Board recognizes that a well-organized, high quality athletic program is a potent factor in the morale of the student body and an important element in positive community relations.

It is the Board's intent to provide students with extracurricular athletic activities in a variety of sports. Interscholastic and intramural athletics are offered by the school district as a privilege and as an enrichment activity, not an entitlement. With budgetary availability, there shall be interscholastic athletic programs at the high and middle/junior high school levels which shall be conducted in accordance with CIAC (Connecticut Interscholastic Athletic Conference) rules and regulations. Coaches of intramural and interscholastic athletics shall have the qualifications required by law. The District's athletic program shall provide equal opportunities for members of both sexes in accordance with law.

Eligibility for participation in athletic activities will be subject to parental permission, CIAC rules, academic standing, physical condition, and any other guidelines established by the Superintendent of Schools or designee. Each student who chooses to participate in an interscholastic athletic program is required to have on file, in the offices of the building administrator and the Athletic Director, a certificate of consent which is signed by the parent or legal guardian. No student may start practice for any athletic team until he or she has submitted certification that he/she has been examined and approved by a medical doctor. This certificate of consent will be in effect for each student for each sports season.

# **Concussion Education and Sudden Cardiac Arrest Prevention Programs**

Effective for the 2015-2016 school year, students who wish to participate in intramural or interscholastic sports and their parents or guardians shall be required to do the following:

- 1. Read written materials, view online training or videos or attend in-person training regarding the school district's concussion education plan;
- 2. Acknowledge receipt of materials regarding the school district's sudden cardiac arrest awareness education program and applicable policies on sudden cardiac arrest; and
- 3. Provide informed consent by signing a form attesting to the receipt of information and/or training on the school district's concussion education and sudden cardiac arrest education programs.

## Instruction

#### Interscholastic/Intramural Athletics

# **Concussion Education and Sudden Cardiac Arrest Prevention Programs** (continued)

The Superintendent of Schools is authorized to develop administrative regulations regarding the district's concussion education and sudden cardiac arrest prevention programs.

The athletic program should encourage participation by as many students as possible and should be carried on with the best interests of the participants as the primary consideration. Participation should not cause unreasonable interference with other obligations in the school, community, and home.

### Legal Reference:

Connecticut General Statutes: 10-149 Qualifications for coaches of intramural and interscholastic athletics.

Regulations of Conn. State Agencies

10-145d-423. Coaching permits

10-145d-424. Temporary emergency coaching permit requirements

20 U.S.C. 1681 Title IX of the Education Amendments of 1972

Public Act 14-66, "An Act Concerning Youth Athletics and Concussions" Public Act 14-93, "An Act Concerning Sudden Cardiac Arrest Prevention"

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New Milford, Connecticut