

July 2019

Bamberg School District One

LUNCH



Menus are subject to change.

This institution is an equal opportunity provider.



Bamberg One is a participant of the Seamless Summer Feeding Program beginning June 11, 2019-August 1, 2019 Monday-Thursday. **FREE** summer meals available at Richard Carroll Elem., Bamberg-Ehrhardt Middle and BEHS cafeterias to kids ages 18 years and under from 11am-12pm. Meals must be eaten in the cafeteria.

Monday

1

Summer Feeding Break

Tuesday

2

Summer Feeding Break

Wednesday

3

Summer Feeding Break

Thursday

4

Summer Feeding Break
Happy Independence Day!

Friday

5

District Closed

RCES Lunch Only

8

Turkey Corndog
or
Rib Patty Sandwich
Sweet Peas, Mix. Vegetables
Pineapple Tidbits, Fresh Fruit
Assorted Milk

RCES Lunch Only

9

Chicken Wings or
Glazed Beef Meatballs
Steamed Broccoli w/ Cheese,
Pinto Beans, Peaches, Baked
Cookie, Fresh Fruit
Assorted Milk

RCES Lunch Only

10

Taco Seas. Beef & Cheese
Or Taco Seas. Chicken & Cheese
w/Scoops, Shr. Lettuce w/Diced
Tomato, Steamed Corn,
Pears, Mandarin Oranges
Assorted Milk

RCES Lunch Only

11

Cheeseburger
or
Hot dog on Bun w/Chili
Seas. Fries, Shr. Lettuce w/Pickle
Spears, Tropical Fruit Mix, Fresh
Fruit, Assorted Milk

12

District Closed

(RCES, BEMS, & BEHS)

15

Turkey Corndog
or
Rib Patty Sandwich
Green Beans, Glazed Carrots
Pineapple Tidbits, Fresh Fruit
Assorted Milk

(RCES, BEMS, & BEHS)

16

Chicken Rings or Beef Meatballs
Steamed Broccoli w/ Cheese
Salad Mix w/Dressing, Peaches,
Baked Cookie, Fresh Fruit
Assorted Milk

(RCES, BEMS, & BEHS)

17

Taco Seas. Beef & Cheese
Or Taco Seas. Chicken & Cheese
w/Scoops, Shr. Lettuce w/Diced
Tomato, Steamed Corn,
Pears, Mandarin Oranges
Assorted Milk

(RCES, BEMS, & BEHS)

18

Peanut Butter & Jelly Sandwich
Or
Deli Ham Sandwich
Pickle Spears, Slushy Cup, Apple
Juice, Fresh Fruit, Asst. Milk

19

District Closed

(RCES, BEMS, & BEHS)

22

Beef-a-Roni Or
Glazed Chopped BBQ Sandwich
Sweet Peas, Salad Mix w/Dressing
Peaches, Tropical Fruit
Assorted Milk

(RCES, BEMS, & BEHS)

23

Turkey Corndog or
Rib Patty Sandwich
Collard Greens, Glazed Carrots
Pineapple Tidbits, Fresh Fruit
Assorted Milk

(RCES, BEMS, & BEHS)

24

Taco Seas. Beef & Cheese
Or Taco Seas. Chicken & Cheese
w/Scoops, Shr. Lettuce w/Diced
Tomato, Steamed Corn
Pears, Mandarin Oranges
Assorted Milk

(RCES, BEMS, & BEHS)

25

Peanut Butter & Jelly Sandwich
Or
Deli Ham Sandwich
Pickle Spears, Slushy Cup, Apple
Juice, Fresh Fruit, Asst. Milk

26

District Closed

(RCES, BEMS, & BEHS)

29

Taco Seas. Beef & Cheese
Or Taco Seas. Chicken & Cheese
w/Scoops, Shr. Lettuce w/Diced
Tomato, Steamed Corn,
Pears, Mandarin Oranges
Assorted Milk

(RCES, BEMS, & BEHS)

30

Turkey Corndog or
Rib Patty Sandwich
Collard Greens, Glazed Carrots
Pineapple Tidbits, Fresh Fruit
Assorted Milk

(RCES, BEMS, & BEHS)

31

Beef-a-Roni Or
Glazed Chopped BBQ Sandwich
Sweet Peas, Salad Mix w/Dressing
Peaches, Tropical Fruit
Assorted Milk

