# PAULSBORO PUBLIC SCHOOLS

Paulsboro, NJ 08066

Billingsport School

Loudenslager School

Paulsboro High School

#### Dear Parent/Guardian:

New Jersey state law requires a medical history and physical examination as follows:

### □ Who must have the physical completed?

All children entering school for the first time. (Pre-K, K or first grade) All students transferring into the district.

Any child applying for working papers.

Any child who is a candidate for a school athletic team.

### □ When must the physical examination be done?

The examination date must be no earlier than 365 days from the first day of school for new or transfer students. There is a 30 day grace period after the first day of school to complete the examination.

Sports physicals must have been performed no earlier than 365 days prior to the first practice session.

#### Additional medical examinations:

The state of New Jersey advises parents on the importance of having their children examined periodically by the child's physician. The recommendations are minimally three additional times during the child's developmental stages:

Early childhood: preschool through grade 3

Meredith Wought, PN

Pre-adolescence: grades 4 through 6 Adolescence: grades 7 through 12

Please note: the documentation of the physical examination must be on the school form. If your child has no physician, or if you have any concerns or questions, please contact your child's school nurse.

Sincerely,

Janice Esters RN Billingsport School

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### **PHYSICAL EXAMINATION**

This form should be completed by the child's doctor and returned to the school within 30 days of your child's first day of school. If not returned within that time, your child will be excluded from school.

Child's Name	Date of Birth
Grade	Age
Height Weight Blood Pressure Vision Acuity:  OD OS Hearing: Right Left Ears (otoscopic) Eyes Lymph Glands Thyroid Nose Throat Teeth-Mouth	Lungs Abdomen Hernia Genito-Urinary Orthopedic: Structural Posture Feet Skin (Non Comm.) Nutrition Nervous System Speech Other Gen. Appearance
Please explain below any deficiencies/recon	nmendations:
Physician Name	
Address	
Telephone	
Physician Signature	Date